

Pass It On...

Albuquerque Central Office Newsletter

Website: www.albuquerqueaa.org

Intergroup Committee Meeting Minutes

3/11/07

Submitted By Brian H. – Secretary

Martha G – Member At Large (for Chair) Martha opened the meeting with a moment of silence followed by the Serenity prayer.

Brian – Secretary –

Review of February 2007 Minutes as published in March's *Pass It On*. Minutes accepted by acclamation.

Treasurer's Report

Michael W. (Coordinator) offered Treasurer's Report in Steve H.'s absence. Income statement: dropped a little in the red for February, still in black for year. A pretty significant inventory order depleted the checking account more than usual; inventory is an asset, like money in the bank. Assets in good shape. Several group contributions came in at the end of the month; contributions solid. Thanks so much. A handful of substantial outlays upcoming (copier, phone, coffee machine). Treasurer's Report accepted by acclamation.

Michael W – Coordinator's Report

Thanks to Kathy for developing the figures for February. Fairly heavy traffic month on phone; lighter on walk-in. Substitute desk workers are always needed. Several day shifts are open; several Night phone shifts NEED regular coverage. Call Central Office for details if you are interested in signing up to for a desk/phone shift. Michael and Kathy did 84 hours on the phone, lots of night phone. Office phone

units are in worse and worse shape.

Two new replacement phones have been identified (approximately \$400) and will be acquired shortly. The phone service expense will not go up; contracting of high-speed internet service is yet to be determined.

Kathy – Alternate Coordinator's Report

Glad that Michael's back from his much-deserved vacation. Thanks for the opportunity to serve.

Melissa – Activities Coordinator

A special meeting after last month's InterGroup meeting unanimously determined that there will be an holiday season Alkathon next year. Melissa's presently looking for an appropriate, sensible venue for the Alkathon that doesn't conflict or compete with other area Alkathons. Suggestions are welcome. Melissa also seeks support in this endeavor. February's InterGroup Speaker Meeting brought excellent attendance and almost \$400 to donate to the Area Convention committee. Planning for the picnic will begin shortly. Volunteers to help with the picnic are needed. Thank you for letting me be of service.

Martha G. – Member at Large

Pleased to be filling in for Dave C. today. Nothing else to report.

Sally – Pass It On editor

A 4-part series (derived from conference report on "Sponsorship, Service & Self-Support In a Changing World") begins in the March *Pass It* *cont. on page 3*

Volume 69, Issue 4

April 2007

Help Wanted:

Melissa C., the Activities Chair, is looking for people to help her with the upcoming Central Office Picnic in the Park. If you are interested, call Melissa at 553-3039

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<h2 style="text-align: center;">Corrections Corner</h2>	<p>Central Office Steering Committee E-mail addresses:</p>
<p><i>This space is dedicated to the corrections community — and to be used as a message board to anyone interested in this type of service work.</i></p> <p>Thanks to all who attended the Corrections Committee meeting at the March 3-4 Assembly in Taos. It was a great meeting and there are exciting plans ahead for Corrections in New Mexico.</p> <p>I attended the Friday night A.A. meeting at the Western NM Correctional Facility in Grants on February 23rd. It was a cold and snowy night but it was warm inside sharing in the fellowship with other alcoholics. We need men volunteers to help carry the message into the Grants prison. And, we always need women to help with meetings at the NM Women’s Correctional Facility a few miles away from the Grants men’s prison. Contact me or Carol M. (505-615-9494) for more information.</p> <p>New women’s meetings at Camino Nuevo and the Bernalillo County Metro Detention Center (MDC) are going strong. There are also opportunities for men to volunteer at MDC.</p> <p>It’s springtime and seeds you planted last year are growing. But in corrections service work, there is fertile ground all year round. Plant some seeds today. Get involved ... do it now.</p> <p>Yours in service, Ralph Trigg</p>	<p>Michael W. - CO Coordinator Coordinator@albuquerqueaa.org</p> <p>Dave C. - Chair@albuquerqueaa.org</p> <p>Al J. - Schedule@albuquerqueaa.org</p> <p>Brian H. Secretary@albuquerqueaa.org</p> <p>Melissa C. Activities@albuquerqueaa.org</p> <p>Martha G. Memberatlarge@albuquerqueaa.org</p> <p>Sally - PassItOn@albuquerqueaa.org</p> <p>Peggy- Specialneeds@albuquerqueaa.org</p> <p>Tom C. - Website Chair anonymous@albuquerqueaa.org</p> <p>Grace L. - Media Librarian media@albuquerqueaa.org</p> <p>John - publicinfo@albuquerqueaa.org</p>

Unity – Get the Word Out!

submitted by Tammy R.

Lately I have had the opportunity to reach out for a lot of help, having injured my leg and not being able to do even the most ordinary tasks. I was reminded of our First Tradition - our common welfare should come first; personal recovery depends on AA Unity.

We all need to come together in unity and support our big event this summer, the State AA Convention. This June 1,2,3 at the Hilton. This is *OUR* State AA Convention. The convention committee has been working long and hard hours to make our convention a success. So, let’s all join in unity and **get the word out!** It is up to each of us, to make sure it is well attended. Send out emails with the convention website to all your out of town friends. Send snail mail with convention flyers to all the friends that used to live here – it’s a great excuse for them to come visit you!

The convention committee is bringing in a nationally recognized comedian who is in recovery to perform during the banquet on Saturday June 2. The banquet room is being set up for 300 people but has capacity of 900! Wouldn’t it be great if we sold it out?

We **ALL** need to do our part and make the convention a big success. Make your registration for the dinner, send in your free registration form, and make a room registration at the Hilton. Announce it at every meeting you go to. There are a lot of people (in town) who still don’t know about it. Everyone in AA in ABQ needs to know about it and come! Get the word out.

The State Convention comes only once in a great awhile to ABQ, so let’s all do our part together in unity to make it really fabulous!

Tammy R.

Central Office Meeting Minutes *cont.*

On. PIO always welcomes submissions (articles, birthdays, etc)!

Al J. – Schedule Editor

Remember to submit schedule changes/additions as soon as possible. Good news! At Area assembly, it was determined that Area 46 will rebuild their website and the by-laws were amended to allow for down-linking between websites. Thanks for all the support. It seems like a great new era of cooperation between Area and InterGroup and Districts has begun.

John – Community Outreach

Not present.

Peggy –Special Needs

Not present.

Grace – Media Librarian

Help yourself to discard Speaker Tapes! Volunteers are needed to screen Speaker Tapes for digital transfer. Please contact Grace or Central Office for further information. A box of “to be listened to” tapes for easy pick-up can be found at Central Office.

Tom C. – Web Guardian

PIO online. The schedule is up to date, so far as has been reported to Schedule Editor. The ABQ searchable schedule is accessible via

the website. Business meetings now on on-line schedule as well. Folks are encouraged to test the new searchable database and alert the Web Guardian of errors/inaccuracies. Steering Committee page (detailing office holders and current activities) currently being developed. Lots of new events are posted online everyday. Look for it! The Area 46 website will soon be directly linked to the ABQ site. Very good news.

Old Business –

No new business.

New Business –

Next month, the second Sunday of the month is Easter Sunday. Motion to move April’s InterGroup meeting to Sunday, April 15, 2 pm. Steering Committee meeting will occur the Monday prior to the InterGroup meeting (Monday, April 9, 7 pm). All InterGroup and Steering Committee meetings are held at the Desert Club. Next InterGroup Speaker meeting will be held in late April; will benefit Area 46 convention. Treasurer position will be vacated at the end of this term (end of 2007). Be on the lookout for someone eligible and with the necessary experience for the position.

Special Announcements –

Closed with the 3rd step prayer.

ATTENDEES:

- Tom C (Basement Steps/Web Guardian)
- Michael W (Coordinator)
- Kathy H (Alternate Coordinator)
- Al J. (Schedule Editor/District 13)
- Paul M (Foothills)
- Susie F (visitor)
- Grace L. (Media Librarian)
- Janis B. (Seeking Serenity)
- Arlynn C (Happy Hour)
- Jim O (Live and Let Live)
- Nance C (Any Lengths)
- Melissa C. (CO Activities/Early Birds)
- Peg H. (Seniors Seeking Serenity)
- Beverly D. (Cosmopolitan)
- Sally G. (*Pass It On* editor/How It Works)
- Martha G. (Cosmopolitan/Member-At-Large)
- Dondo (Spark of Light/Last Call/Old66)
- Bill B. (GoodFellas)
- Brian H. (CO Secretary/Dawn Patrol)

Please send a representative from your home group to the next InterGroup meeting. We meet the second Sunday of every month, at 2:00 pm, at the Desert Club.

See you there!

Each group is as unique as a thumbprint, and approaches to carrying the message of sobriety vary not just from group to group but from region to region. Acting autonomously, each group charts its own course. The better informed the members, the stronger and more cohesive the group -- and the greater the assurance that when a newcomer reaches out for help, the hand of A.A. always will be there.

from The AA Group page 12

New Mexico: Area 46 has approximately 350 active groups, 16 districts and one Spanish-speaking district. The area assemblies are hosted by districts through a bid process and are held in March, September, and December with an area convention held in June. Through sponsorship, we encourage newcomers and G.S.R 's to pick two of the 12 committee meetings to attend regularly. This provides for a better informed group conscience at the area committee level, it fosters an environment of sharing ideas, and it plants the seeds for new standing committees chairs.

The Saturday evening session is customarily hosted by the delegate and the alternate to discuss the upcoming Conference or report on the past Conference -- Lori P. *Area Service Highlights from the 56th Annual Meeting of the General Service Conference*


The following contributed to Central Office.....

This data is from January 26 to February 28 and is not inclusive for the entire calendar month!

<p>Groups: Came To Believe Corrales Group Dawn Patrol Dawning Promises Foothills Group Group 164 Isleta Group Ladies Room Lone Rangers One Day at a Time Promises Group Queer Ideas Of Fun Rio Amigos Serendipity Group S.O.S. Monday Night South Broadway Group Sunlight of the Spirit Sunrise Group Triangle Group Women in Progress</p> <p>Individuals: Aaron C. Al J. Anonymous Emma D. Iris B.</p>	<p>Jack W. Jim F. Joe Julia C. C. Karen F. Michael F.</p> <p>Faithful Fivers:</p> <p>Al. J. Beverly D. Catherine A. Dan O'. Dave N. Don C. Geraldine C. Ilse G. Jim F. Karen R. Mike D. Partha B. Phil & Barbara C. Ralph T. Sarah F. Trudy H.</p> <p><i>Thank you all for supporting your Central Office!!!!</i></p>
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Become a Faithful Fiver

Just pledge
\$ 5.00 a month
 to the support of
 helping alcoholics
 who still suffer.
 It's tax deductible and
 you'll get the Pass It On
 newsletter delivered to your door.



Checks payable to Albuquerque Central Office. *Thanks for your support!*

February Desk Activity

	Feb '07 This month	Jan '07 Last month	Feb '06 Last yr.
Phone calls	1152	1136	1060
Information	890	1008	882
12 step request	30	23	26
Al-Anon Info	20	3	29
Message	52	48	58
Other	160	54	65
Walk Ins	254	274	274
Information	12	20	29
12 step	0	2	3
Al-Anon	3	2	8
Schedules	4	6	13
Purchases	166	159	163
Tapes	4	3	10
Message	4	3	1
Casual	36	45	25
Other	25	34	22
Desk Workers*	80	86	
Regulars	70	49	
Substitutes	10	37	
Desk Shifts*	160	178	
Weekdays	120	138	
Weekends	40	40	
Weekday Shifts*	120	138	
Regulars	82.5 %	99 %	87 % 120
Substitutes	17.5 %	21	13 % 18
Weekend Shifts*	40	40	
Regulars	85 %	34	95 % 38
Substitutes	15 %	6	5 % 2
Shifts by Michael*	86/38 hrs	6/25 hrs	
Shifts by Kathy*	4/36 hrs	2/14 hrs	

Thanks to all who participated this month.

* includes night phone

Sponsorship, Service, and Self-Support in a Changing World

from the 2006 Final Report of the 56th Annual Meeting of the General Service Conference of A.A.

The Second Part of a Four Part Series: Part 2

Bill W. originally called the Traditions "Twelve Points to Assure Our Future." How are the Traditions fulfilling that purpose 60 years later?

If A.A. has the same face 60 years later, it is because of the Twelve Traditions. The Traditions represent the spiritual part of our program; they keep us focused and united and they assure us that A.A. will be there for the still-suffering alcoholic in the future. They teach us to stand together through recovery, unity, our requirement for membership, common welfare, group conscience, primary purpose, anonymity, and self-support. They teach us how to be a "We". They protect us from ourselves as well as outside issues.

Sixty years ago the Traditions were rejected or largely ignored by the groups. Today we make the Traditions our own. At a personal level; we lead by example and attraction. Some groups use the Traditions Checklist at meetings, and share about the Traditions in groups, recovery talks, and as meeting topics. We learn about the Traditions in workshops, in 18-week Tradition commitment groups, weekend campouts and by inviting past delegates to share their experiences. A.A. members

can also learn about the Traditions by reading *A.A. Comes of Age*. Tapes of talks of the Traditions can also be useful. Some sponsors stress the Traditions before taking their sponsees through the Steps, or during, or after.

Concepts and Traditions meetings commonly have low attendance. Groups who stray too far from Traditions often get sick, split up, or die off. Not observing our "Vow of Poverty" invites disaster. We should not take the Traditions out of context, or bend them to fit our needs. The Traditions are getting watered down and Tradition violators seem to be those with time in sobriety--not newcomers. G.S.O. in the U.S. and Canada, as well as in Japan, often get questions from groups asking if this or that are violations of Traditions.

It is good to keep in mind that outside referral rates are declining in the treatment field but rising steadily in the corrections field. Don't permit Al-Anon members to chair meetings. The Spirit of Sacrifice is being lost because of fear. Some quotes about the importance of the Traditions are "Steps keep us from Suicide and Traditions keep us from Homicide" and "Steps get us Sober and Traditions keep us Sober".

It's important to understand how we, as individuals, fit in A.A., what our role is, and that we are a small part of a big whole -- then

the Steps make even more sense. We learn from our mistakes just as we did in the beginning. In *A.A. Comes of Age*, Bill says, "For as long as He may needs us." Traditions counter anger, ego, and power-driving. We were asked to use all Traditions as tools and not use one Tradition as a club.

Our literature tells us that we are all guardians of the Traditions. Groups that talk about the Traditions focus on our Singleness of Purpose and our program so other can recover. The message of the Traditions has to be carried to newcomers.

Next Issue: Part 3 How does your group convey that the responsibility for self-support includes giving of effort and time in addition to money?

Co-founder Dr. Bob said, "I spend a great deal of time passing on what I learned to others who want and need it badly. I do it for four reasons:

1. Sense of duty.
2. It is a pleasure.
3. Because in doing so I am paying my debt to the man who took time to pass it on to me.
4. Because every time I do it I take out a little more insurance for myself against a possible slip."

From Questions & Answers on Sponsorship (P-15) page 29

Announcements, reminders, Birthdays, etc.....

Seniors Seeking Serenity Group

Marion D.	4/7/79	28 years
Roni P.	4/15/86	21 years
Eunice C.	4/13/96	11 years
Al. J.	4/24/00	7 years

El Centro Group

Lilla T.	6 years
Eric O.	1 month
Michael	6 years
Helen I.	17 years
Paul P.	17 years
Rick O.	21 years
Mark	12 years
Helen	14 years

Cosmopolitan

Beverly D.	4/1/78	29 years
Terri R.	4/2/05	2 years
Mary R.	4/18/90	17 years

Seeking Serenity Group

Pam P.	14 years
Michael C.	15 years



Albuquerque Area Business Meetings

Intergroup Rep Meeting

2:00 pm, 2nd Sunday
Desert Club

District 3

2:00 pm, 2nd Saturday
call the DCM for location

District 11

9:00 am, 2nd Saturday
Harwood Methodist Church
420 San Lorenzo NW (at 4th)

District 12

9:30 am, 2nd Saturday
Heights Club

District 13

10:00 am, 2nd Sunday
Desert Club

Free Spirits Group
which meets on Thursdays
from 6 - 7 pm
has moved!!!!
New Location:
Monte Vista Church
effective March 1, 2007

2007 Area 46 State Convention

contributions can be mailed to:

2007 Area 46 State Convention
c/o Dave Tod
216 Richmond SE
Albuquerque, NM 87106

Workshop

Isleta Club
1829 Isleta Blvd. SW
Albuquerque, NM
505-877-9973

What Do Committees Do?"

Presentations by:
Public Information Committee
Cooperation with the Professional
Community Committee, and
Bridge the Gap

Sunday April 22, 2007
2-4 pm

Potluck - Please Bring your Favorite Dish!
Proceeds to Support 2007 State Convention

Grace L.,
the *Central Office Media Librarian* could use your help!

She needs help with listening to the hundreds of old Speaker tapes to determine which tapes ought to be burned onto a CD for the media library. You would listen for the quality of the sound as well as the message.

Call Grace at 315-0333 if you might be interested.

Having had a spiritual awakening...

Spiritual Fiesta

AREA 46 STATE CONVENTION

2007



June 1-3

Come one and all! Celebrate in our spiritual fiesta June 1st-3rd at the Albuquerque Hilton. We want *all* alcoholics to be able to attend, so this will be a *FREE* registration convention!

Speakers

- Bob D. (Las Vegas, NV)
- Karen G. (Los Angeles, CA)
- Barbara C. (Rockville, MD)
- Al Anon Betty Ann Z. (CA)
- NM Locals Molly S., Bret B. and Ramiro M.
- Spanish speaker Daniel (Mexico City)

Agenda Includes

- Friday Night Happy Hour, Live With The 3 Daves
- National Speakers
- Workshops
- Banquet With Sue F., Nationally Known Comedian
- Dance
- Marathon meetings (English and Spanish)
- Al Anon and Alateen Meetings and Workshops

Accommodations

Hilton \$79 per night
 1-800-274-6835
 884-2500 extension 3401 or 3402

Fairfield Marriott \$69 per night
 889-4000 / 1-800-228-2800

State you're with the **June 2007 Area 46 Convention** to get these rate discounts.

For more/updated information send email to:

2007convention@newmexicoaa.org

Please help us defray the costs by staying at the Hilton/Fairfield and/or participating in the banquet.

Area 46 2007 New Mexico State Convention Registration Form

Register by April 1st for chance to win \$20 in raffle tickets, FREE Registration!

*Save yourself some time and help us out too! Please register **before** the conference so we can have your registration packet ready.*

Full Name _____

Badge Name _____

Address _____

City _____ St. ____ Zip _____

Make checks out to: **2007 Area 46 Convention**

Send to: P.O. Box 6671

Albuquerque, NM 87197-6671

\$30 Banquet (specify quantity):

Meal Selection ____ Chicken ____ Steak ____ Vegetarian

T-shirt and mug \$20 (specify quantity):

____ Small ____ Medium ____ Large ____ XL ____ XXL

Check if you have special needs (wheelchair, interpreter, signer, etc.)

Check for Spanish translation

To receive updates on the convention, please provide your email address: _____

Albuquerque Central Office Newsletter

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The Central Office is
located two blocks
north of
Constitution and four
blocks east of San
Mateo.