

Pass It On...

Albuquerque Central Office Newsletter

Website: www.albuquerqueaa.org

Intergroup Committee Meeting Minutes

CO Intergroup Meeting Minutes
July 9, 2006

David C. opened the meeting with the Serenity Prayer.

Treasurer's Report – Steve H. – Current balances are good. Group contributions are good; 62 groups contributed in the first half of 2006. Literature sales are up slightly. Some expenses incurred in the move, but accounts are in the black for both the month and the year to date. July 1 marks the start of the monthly rent increase for Central Office (\$105 per month; \$1260 annually).

CO Coordinator – Michael W. – Thanks for all the support in moving the office from 1923 to 1921 Alvarado NE. Special thanks to the 30+ “enthusiastic volunteers” who came to help on June 24, and to Kathy who fed everyone well. Phones were transferred on Friday, June 23, and were up and running, with no interruption, before the move on the 24th. Call volume is strong, about 1100 calls. Summer months are typically the heaviest call months. Kathy has been covering a number of weekend shifts, and about 1 out of every 3 shifts was worked by a substitute. A number of Sunday shifts are open, along with several early morning and evening shifts during the week. Call Central Office for details. Money will have to be spent on new phones. A smaller copy machine is needed, and “the old monster” has been donated to “Clothes Helping Kids”. Archives moved as well, to a space 40% smaller than what they're used to; no rent increase is anticipated for Archives due to their loss of space. The landlord has installed a new security door, an on-demand water heater, and other amenities. Everyone's still adjusting to the smaller space. It's still a period of adjustment but we're out of the old offices completely and now Central Office is back to where it started 31 years ago, in 1975: 1921 Alvarado NE.

Alternate CO Coordinator – Kathy H. – Nothing else to report; still working on the transition from the move.

Member-At-Large/Secretary – Martha – Al-Anon Convention, August 25-27, 2006, at the Madonna Center on the west side. Several slots remain open for groups to take AA meetings to the Al-Anon convention: Friday, 6:15 - 7:30 pm; Saturday, 9:00-10:15 am; and Sunday, 8:45- 9:45 am. Call Martha at 804-2852 for further details. Martha will make some Convention flyers available at Central Office.

Pass It On – Sally G. – Carol from Isleta Club noted a correction to minutes in July issue: Speaker at October 21 meeting will be Richard M. (not Ralph M.). Carol also liked the idea of a “Corrections Corner” in Pass It On.

Public Information – Alix – Nothing to report.

Schedule Editor – Al J. – Schedules are published when they run out. Next anticipated publication in early August; try to get any changes/additions in no later than the 30th of July.

Non-AA Speakers – Don S. – Not present.

Special Needs – Trish – Trish will be attending the District 3 meeting on service (July 29, Isleta Club, 2-5pm) to present on the guide lines of special needs, and how that begins in the Home Group.

Media Librarian/Web Guardian – Tom C. – Website has been receiving many bulletin board suggestions/contributions. Pass It On is available through the site; schedule is up to date. Always looking for volunteers. Surplus spare tapes will be distributed as freebies to clubs. Hugh commented that some people visiting from out of town commented on the usefulness and design of the website (“the best they've ever seen”).

cont. on page 3

Volume 68, Issue 8

August 2006

A Declaration Of Unity

This we owe to
A.A.'s future:

To place our common
welfare first; To keep
our Fellowship united.

For on A.A. unity
depend our lives, And
the lives of those
to come.

Inside this issue:

| | |
|--|---|
| <i>Central Office Intergroup Committee Meeting Minutes</i> | 1 |
| <i>Group Contributions 1st Half Traditions Checklist</i> | 2 |
| <i>Meeting Minutes cont. Raffle Donation Request</i> | 3 |
| <i>Group Contributions Desk Activity</i> | 4 |
| <i>Birthdays Happy Valley Group History</i> | 5 |
| <i>Announcements, Reminders</i> | 6 |
| <i>Women's Sobriety Fest Registration Flier</i> | 7 |
| <i>PIO Subscription Form Office Hours and directions</i> | 8 |

| Albuquerque Central Office Contributors First Half 2006 | | | | Central Office Steering Committee E-mail addresses: |
|--|-----------------|-------------------------------|---------|---|
| Any Lengths Women's Group | \$ 274.80 | Metropolitan Group | \$25.00 | Michael W. - CO Coordinator Coordinator@albuquerqueaa.org Al J. - Schdedule@albuquerqueaa.org Keith - PublicInfo@albuquerqueaa.org Dave C. - Chair@albuquerqueaa.org Don S. NonAAspeaker@albuquerqueaa.org Martha G. Memberatlarge@albuquerqueaa.org Brian H. Secretary@albuquerqueaa.org Melissa C. Activities@albuquerqueaa.org Sally - PassItOn@albuquerqueaa.org Trish - SpecialNeeds@albuquerqueaa.org Tom C. - Website and Media Library - anonymous@albuquerqueaa.org |
| Bikers Non-Smoking | 100.00 | Native Noon Group | 20.00 | |
| Brownbaggers | 1,318.23 | New Dimensions Group | 31.00 | |
| Corrales Group | 125.00 | New Frontier Group | 170.00 | |
| Corrales Men's Stag | 75.00 | One Day At A Time | 150.00 | |
| Corrales Smokefree Group | 60.00 | Placitas Group | 75.00 | |
| Cosmopolitan Group | 61.94 | Promises Group | 800.00 | |
| Cottonmouth Club Group | 70.00 | Queer Ideas of Fun | 100.00 | |
| Dawn Patrol | 1,917.96 | Raymac Group | 25.00 | |
| Dawning Promises | 117.00 | Rio Rancho Women's Group | 95.00 | |
| Del Norte Breakfast Group | 137.00 | S.O.S. Monday Night | 100/00 | |
| Down Under Group | 100.00 | Saturday Nite in Los Lunas | 100.00 | |
| Downtown Lunch Bunch | 494.00 | Seeking Serenity | 545.00 | |
| Early Birds | 72.16 | Seniors Seeking Serenity | 270.00 | |
| El Centro | 140.31 | Serendipity Group | 24.25 | |
| Fellowship Group | 10.00 | Serenity Group of Albuquerque | 100.00 | |
| Free Spirits Group | 96.77 | Share the Legacy | 100.00 | |
| Freedom From Bondage Group 164 | 250.00 49.43 | Sober Valley Group | 50.00 | |
| Happy Hour Group | 62.88 | Sponsorship & Growth | 71.59 | |
| Happy Valley Group | 25.00 | Staying Sober at Sunrise | 63.00 | |
| High and Dry Smokefree | 40.00 | Step Along With AA | 7.50 | |
| High Country Group | 150.00 | Sunday Night Serenity | 150.00 | |
| High Noon Group | 200.00 | Sunrise Sobriety | 196.87 | |
| How It Works | 247.15 | Taylor Ranch Fellowship | 99.00 | |
| Isleta Group | 67.72 | The Ladies Room | 20.00 | |
| Jemez Springs Group | 30.00 | Triangle Group | 30.00 | |
| Jemez Valley Group | 40.00 | Vaya Con Dios - T or C, NM | 20.00 | |
| Kiva Group | 500.00 | Westside AA | 377.00 | |
| Live and Let Live | 209.47 | Women in Progress | 2.00 | |
| Lunch Box Group—Rio Rancho | 400.00 | Young People | 31.87 | |
| Individual Contributors | 5,508.40 | Zia Pueblo Group | 25.00 | |
| Faithful Fivers | 537.25 | District 11 Contributions | 800.00 | |
| Other AA Contributors | 197.36 | Red Road Convention | 61.25 | |
| Other Special AA Events | 298.94 | New Mexico Men's Retreat | 50.00 | |

Traditions Checklist

from the AA Grapevine

Tradition Eight: Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

1. Is my behavior accurately described by the Traditions? If not, what needs changing?
2. When I chafe about any particular Tradition, do I realize how it affects others?
3. Do I sometimes try to get *some* reward—even if not money—for my personal AA efforts?
4. Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on *humility*?
5. Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
6. In my own AA life, have I any experience which illustrates the wisdom of this Tradition?
7. Have I paid enough attention to the book *Twelve Steps and Twelve Traditions*? To the pamphlet *AA Tradition—How It Developed*?

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Intergroup Committee Meeting Minutes

cont. from page 1

OLD BUSINESS

By-Laws are being completed with new information, notarized and signed.

Elections for 3 open positions on the CO Steering Committee: Secretary; Activities Coordinator/Intergroup Events Chair; Public Information Chair. Michael W. circulated a handout detailing responsibilities and requirements of each position.

Dave C. nominated Brian H (Dawn Patrol) for Secretary; Brian elected by acclamation.

Alix stepped down from Public Information Chair and Keith (Lone Rangers) stepped up; Keith elected by acclamation. Dave C. spoke to the importance of filling the Intergroup Events Chair. Annual Central Office picnic has been cancelled due to the lack of someone in this position. Upcoming events include Old-Timers Meeting and Intergroup Speaker meeting, as well as the biggest event of the year (the Alkathon). Melissa C. (Early Birds) elected by acclamation as Intergroup Events Chair, after a vote to waive the

minimum sobriety requirement for the position and pending expression of interest from members who meet requirements.

Sally noted that two consecutive absences from Central Office Steering Committee and/or Intergroup Meetings (without contact) vacates the position.

NEW BUSINESS

No new business

GROUP ANNOUNCEMENTS

Dondo (Old 66/Spark Of Light/Last Call) announced the "Afterburner" all-you-can-eat breakfast at Heights Club following the midnight Last Call meeting on Saturday night (approximately 1:30 am until dawn). \$5, or help with clean-up, for breakfast. With the "Afterburner" breakfast now running from approximately 1:30-6:00am, the Heights Club is now open and attended all night Saturdays.

The Meeting was closed with the Lord's Prayer.

ATTENDEES:

Dave C. CO Chair/Dawn Patrol
Steve H. CO Treasurer/Tuesday Knights
Michael W. CO Coordinator

Kathy H. CO Alternate Coordinator
Larry M. High Noon
Lilla V. How It Works
Al J. CO Schedule Editor/District 13
Keith M. CO Public Information/Lone Rangers
Bill B. Good Fellows
Alix K. Sunrise Sobriety
Janis B. Seeking Serenity/Seeking Freedom Within
Dondo Old66/Spark of Light/Last Call
Tom C. CO Media Librarian/Web Guardian/New Frontier
Trish R. CO Special Needs
Karen F. Foothills
Brian H. CO Secretary/Dawn Patrol
Martha G. CO Member At Large/Cosmopolitan
Beverly D. Cosmopolitan
Melissa C. CO Intergroup Activities Chair/Early Bird/Humble Beginnings
Sally G. PIO Editor/How It Works
Hugh M. Live And Let Live
Rebecca S. AA

Please send a representative from your home group to the next Intergroup meeting. We meet the second Sunday of every month, at 2:00 pm, at the Desert Club.

See you there!

Donations for the September 24th Raffle

We are now collecting items for the New Mexico Alcoholics Anonymous Women's Sobriety Fest. The raffle helps keep the event funded. You can donate art, services, treasures or just cash.

Many groups donate gift baskets, eg: Chocolate, Linen, Coffee, AA or Movie Night Gift Baskets.



Donations do not have to be an "item." Donations of services and time are very popular. Here are some ideas:

- ❖ Massage/ Hair cuts/ Manicures/ Chiropractic/ Acupuncture, etc.
- ❖ Cater a small party/ Cook a special meal for someone in their home
- ❖ Clean someone's house/ Paint a room in their home/ Mow someone's lawn
- ❖ Shut down a swamp cooler/ Change someone's car oil

Contributions of gift certificates for restaurants, stores, spas, etc., are also favorites. And, if all else fails, **CASH** contributions ALWAYS go over big!

We request that donated items be "showroom quality" (even if it's previously owned)

We will not accept animals (pet-type or otherwise) as donations.

Once you have determined what you'd like to donate, please contact one of these Raffle Committee members and we will pick it up from you:

Kathi B. 250-4453 / Rosie F. 280-0489

Thank You!

The following contributed to Central Office.....

This data is from June 16 to July 17 and is not inclusive

Groups:

- Brownbaggers Group
- Corrales Group
- Corrales Smoke Free
- Corrales Men's Stag
- Dawn Patrol
- Dawning Promises
- Del Norte Breakfast Group
- Down Under Group
- El Centro
- Foothills Group
- Freedom From Bondage
- Friday Smokeless
- High and Dry Smokefree Group 164
- Jemez Springs Group
- Live and Let Live
- Promises Group
- Seniors Seeking Serenity
- Serendipity Group
- Sunday Night Serenity
- Vaya con Dios, T or C
- Westside Noon

Faithful Fivers:

- Al. J
- Beverly D.
- Catherine A.
- Cecelia D.
- Dan O'.
- Dave N.
- Edwina B.
- Emma D.
- Ilse G.
- Jim F.
- John K.
- Merle P.
- Partha B.
- Phil & Barbara C.
- Ralph T.
- Rojo R.
- Sarah F.
- Trudy H.

Individuals:

- | | |
|------------|----------|
| Anonymous | Grace L. |
| Charlie W. | Kathy H. |
| Dan | Scott |

June Desk Activity

| | June '06 This month | May '06 Last month | June '05 Last yr |
|---------------------------|------------------------|-----------------------|---------------------|
| Phone calls | 1186 | 1172 | 1354 |
| Information | 933 | 979 | 1026 |
| 12 step request | 23 | 22 | 42 |
| Al-Anon Info | 24 | 27 | 40 |
| Message | 58 | 47 | 46 |
| Other | 148 | 124 | 200 |
| Walk Ins | 293 | 289 | 289 |
| Information | 16 | 17 | 21 |
| 12 step | 1 | 4 | 1 |
| Al-Anon | 3 | 2 | 8 |
| Schedules | 23 | 27 | 23 |
| Purchases | 171 | 179 | 168 |
| Tapes | 0 | 4 | 1 |
| Message | 4 | 2 | 2 |
| Casual | 50 | 27 | 33 |
| Other | 25 | 27 | 32 |
| Desk Workers* | 81 | 81 | |
| Regulars | 51 | 52 | |
| Substitutes | 30 | 29 | |
| Desk Shifts* | 172 | 178 | |
| Weekdays | 132 | 138 | |
| Weekends | 40 | 40 | |
| Weekday Shifts* | 132 | 138 | |
| Regulars | 83% 109 | 83 % 115 | |
| Substitutes | 17 % 23 | 17 % 23 | |
| Weekend Shifts* | 40 | 40 | |
| Regulars | 62.5 % 25 | 67.5 % 27 | |
| Substitutes | 37.5 % 15 | 32.5% 13 | |
| Shifts by Michael* | 8/44 hrs | 5/27 hrs | |
| Shifts by Kathy* | 10/58 hrs | 13/81 hrs | |

Thanks to all who participated this month.

* includes night phone

Become a Faithful Fiver

Just pledge
\$ 5.00 a month
 to the support of
 helping alcoholics who
 still suffer.



It's tax deductible and you'll get the
 Pass It On newsletter delivered to
 your door.

**Checks payable to Albuquerque
 Central Office.**

Thanks for your support!

Birthdays

Isleta Group

Rudy S. 6 months
 Vanessa 1 year
 William L. 4 years
 James G. 10 years
 Eloy 11 years
 Henry P. 18 years
 Bill 20 years

Matt P. 4 years
 Henry M. 7 years
 Henny P. 18 years
 Tony A. 20 years
 Cecil M. 25 years

Seniors Seeking Serenity

Marie R. 8/24/74 32 years
 Marilyn J. 8/28/05 1 year

El Centro

Meghan 3 months
 Lance 6 months
 Tony B. 9 months
 Joe Q. 9 months
 Kent S. 1 year
 Michelle E. 3 years
 Mike M. 3 years

High Noon Group

Eric W. 5 years

Happy Valley Group History

In the fall of 1967 Ken B. went to Jimmy D's office and said, "I heard you were in AA and there is a lady on the west side of Bosque Loop that is AA and would you care to try and get a group started here in the valley. I said yes and we met on a Tuesday night in Marie V's home. There were 3 of us that started the group and Jimmy D. is the only one left. We started meeting in our homes, switching around from different homes and the last Tuesday night of the month was a pot luck at some ones home. I had a reel to reel tape deck and we would have an open meeting, and listen to a tape. After a while we met in Ken's place and still had the pot luck in a home. The fourth member was Cecil K. (deceased) and the 5th one was Ralph G. (deceased). We soon grew to where we had to find a bigger place. And we have met where we are for over 20 years. Some of the old ones that help get it started and are no longer with us was Cal C. and Marie C., Troy and Eloise K., Poula S, Ross B, Andy M, and Ethel H, Pete W, Charlie C. WE didn't register with GSO until January of 1968 as we wanted to see if we were going to be a group. Marie named it Happy Valley as she said we were a bunch of happy people meeting in the valley. There were some strong members when we got started and they done what was to be done, as we have been meeting this long. *Submitted by Jimmy D. Sober date 5/22/58*

Battle of the Districts

District 12 Fun-D-Raiser

Benefiting the

2007 Area 46 State Convention

Battle of the Districts Kick Ball Game

District 12 vs. District 11

District Challenge Chili Cook-Off

Schedule of Events

9:00 AM Registration
 10:00 AM Workshops
 Home Group
 Service Work
 Sponsorship
 Noon Potluck Picnic
 1:30 PM Kick Ball Game
 5:00 PM Chili Cook-Off
 7:30 PM Sobriety Countdown & Raffle
 Speaker: Wendell J.
 9:30 PM Dance (@ The Heights Club)

Saturday

September 23, 2006

9 AM — Midnight

Los Altos Park
 Corner of Lomas and Eubank

Contact Info:

Diane T: (505) 888-9786
 Becky D: (505) 489-4241

Announcements, reminders, etc.....

The 2007 Area 46 State Convention would like to thank the following contributors:

- Cosmopolitan
- Dawn Patrol
- Rio Rancho Beginners Group
- District 11
- El Centro
- Taylor Ranch Fellowship
- Sunday Night Serenity
- Corrales Men's Stag
- Freedom From Bondage
- Westside AA

We appreciate your help and support. Contributions can be mailed to:

2007 Area 46 State Convention
 c/o Dave Tod
 216 Richmond SE
 Albuquerque, NM 87108

For Information or questions on the convention you may send your e-mail to:

2007convention@newmexicoaa.org

Thank You!
 Jakki S.
 Convention Chairperson

Rio Amigos group of Alcoholics Anonymous in Belen has issued the following challenge:

We have contributed \$100 to the 2007 Area 46 State Convention, and we challenge every group in Districts 3, 11, 12, 13, and 17 to match it!

Bring it On!

Oldtimers Meeting!

When: September 9th, 2006 **Where:** Heights Club

What: Speakers with 20+ years of sobriety, potluck, 50/50 raffle **Time:** 1:30 to 5:00 pm

Call Melissa C. 553-3039, Central Office 266-1900, or Heights Club Mgr., Chris 266-8952 for more information!

JOIN US NOW!!!

The Area 46 2007 Convention Planning Committee needs VOLUNTEERS for assorted tasks before & during the convention. Please call to offer your support.

Chris A. 306-5343

Experience, Strength & Hope

New Time

7:45 pm—8:45 pm

New Place

215 Locust NE — First Presbyterian Church
 Martin Luther King Jr. & I-25
 Park behind Eye Associates

19th Annual ~NMAAWSF~

Women's Sobriety Fest 2006

Saturday, September 30th, 2006 ~ 8am to 10pm

UNM Continuing Ed Building * 1634 University Blvd. NE, Albuquerque, New Mexico
(Near I-25 on University, North of Lomas and South of Menaul. FREE parking at front and rear of building)

For More Information Click: www.nmaawsf.com

- ▲ Discussion Panels
- ▲ Yoga ▲ Meditation ▲ Raffle
- ▲ Evening Speaker from Las Vegas, Nevada (ASL Interpreted)
- ▲ Sobriety Count Down
- ▲ FREE On-Site Child Care
- ▲ AA and Alanon Meetings

\$15

FREE Gift with Early
Registration by 9/15/06!
Scholarships Available!

Service

" Our real purpose is to fit ourselves to be of maximum service to God and the people about us"

Lunch and Refreshments Included with Registration!

Name : _____ Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

E-Mail: _____ #ticket(s) _____ at \$15 each for a total of \$ _____

Gift of scholarship at \$15 each: _____ Total enclosed: \$ _____

Need a scholarship? _____ How many? _____ Need child care? _____ How many kids? _____

Mail Check and Registration Form to: NMAAWSF, PO Box 7195, Alb., NM 87194

Albuquerque Central Office Newsletter

1921 Alvarado NE
Albuquerque, NM 87110
(505) 266-1900

Address Correction Requested

Please make a note:
We've moved!

| | | | |
|--|-------|-----|--|
| Pass It On Subscription Only \$7.00 Annually | | | <p>The Central Office of Albuquerque is open:</p> <p><i>Monday through Friday</i></p> <p>8:00 am to 10:00 pm</p> <p><i>Saturday and Sunday</i></p> <p>9:00 am to 9:00 pm</p> <p>• • • • •</p> <p>The Central Office is located two blocks north of Constitution and four blocks east of San Mateo.</p> |
| Name | | | |
| Address | | | |
| City | State | Zip | |
| This is a gift, Please sign my name on the card | | | |
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| 1921 Alvarado NE, Albuquerque, NM 87110 | | | |