

Our Three Legacies: Recovery—Unity—Service

Recovery

Step 6: Were entirely ready to have God remove all these defects of character.

Unity

Tradition 6(Short Form): An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

(Long Form): 6. Problems of money, property, and authority may easily divert us from our primary spiritual aim. We think, therefore, that any considerable property of genuine use to A.A. should be separately incorporated and managed, thus dividing the material from the spiritual. An A.A. group, as such, should never go into business. Secondary aids to A.A., such as clubs or hospitals which require much property or administration, ought to be incorporated and so set apart that, if necessary, they can be freely discarded by the groups. Hence such facilities ought not to use the A.A. name. Their management should be the sole responsibility of those people who financially support them. For clubs, A.A. managers are usually preferred. But hospitals, as well as other places of recuperation, ought to be well outside A.A.- and medi-

cally supervised. While an A.A. group may cooperate with anyone, such cooperation ought never go so far as affiliation or endorsement, actual or implied. An A.A. group can bind itself to no one.

Twelve Steps and Twelve Traditions, pg. 129 and pg. 189.

Service

Concept 6(Short Form): The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

(Long Form): On behalf of A.A. as a whole, our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the Trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics Anonymous.

The A.A. Service Manual/Twelve Concepts for World Service pp. IV-V Reprinted with the permission of AAWS, Inc.

July 15, 2017 8 AM – 5 PM REGISTRATION, FOOD AND FELLOWSHIP 8 – 9 AM Area 46 New Mexico AA Service Forum "Growing in understanding about service

"Growing in understanding about service Makes us better able to be of service." 2 Speakers, 12 Workshops and 2"Open Mic" Q & A sessions July 15,2017, 8:00AM CASH ONLY!! Lunch on your own

\$5 registration at the Door

- Experiencing the Traditions in our groups: Safety, addicts, and court papers. •
- What are the Concepts...and why should I care?
- What is the General Service Conference...and how does it relate to me?
- Leadership in A.A.: Ever a Vital Need." What did Bill mean by that?
- What is a Central Office...and how can I help?
- What does my dollar do...and what if I put in two?
- Remote communities and A.A. Service

Nativity Church, 9502 Fourth Street NW Albuquerque NM 87114

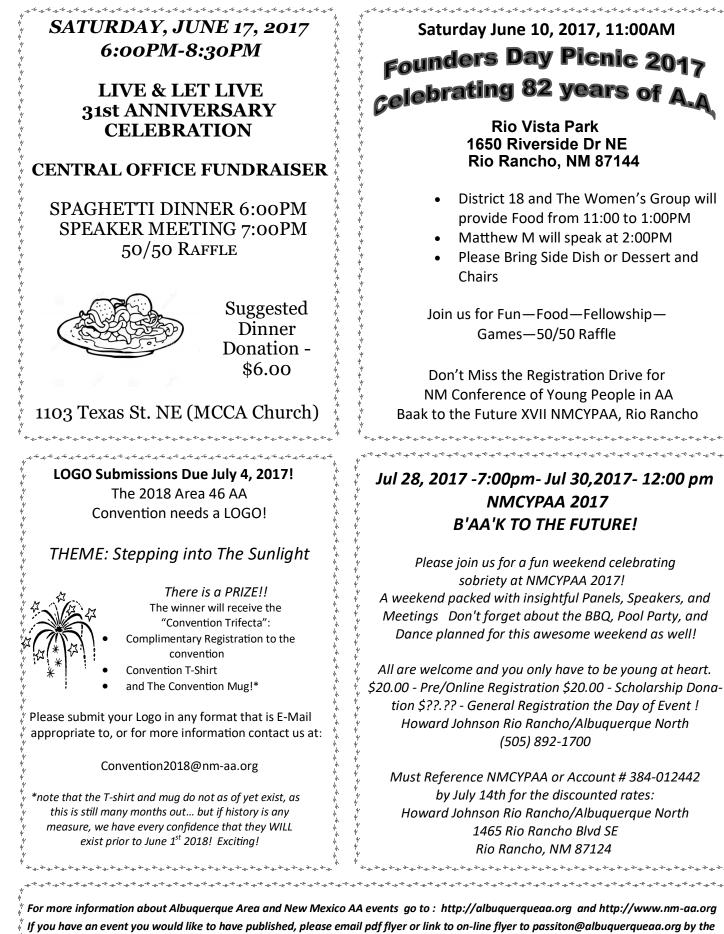
Contact: Jaclyn at dandfr@nm-aa.org

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Breaking down barriers between English and Spanish speaking A.A. communities.

- The upside-down triangle Service at all levels.
- All about the home group. What is it? Should I have only one? Group inventories?
- Better A.A. business meetings?
- IWant to Know More: Finding A.A. Literature about Service





15th of the month prior to publication – Thank You!

Sunday, June 11, 2017—3:00PM Planning Committee Meeting for: 30th Annual NM A.A. Women's Sobriety Fest With Al-Anon participation "Freedom from Bondage — 30 years Strong" Future Planning Dates: July 9, 2017 Aug 13, 2017 Sept 10, 2017 Meetings will be held at: Nativity Church 9502 4th St. NW Albuquerque, NM For More Information: info@nmaawsf.com Website: NMAAWSF.com The Sobriety Fest will be held On September 23, 2017 at Nativity Church Mark your Calendars and Come Help us plan! Upcoming Events August 4, 2017-August 6, 2017 District 14 and 15 Hosts "Let Go and Let God for the Weekend in Pilar !" Summer Fellowship Campout-Rio Bravo Group Shelter & Campground located in the Rio Grande Del Norte National Monument, Lower Gorge Pot Luck Saturday evening at 6:00pm Campfire AA meeting—7:30pm Friday & Saturday night AA meetings, workshops and events . R.S.V.P. strongly suggested: district15@nm-aa.org Please be responsible and review the website for information, rules and regulations! https://www.blm.gov/nm/ st/en/prog/recreation/taos/orilla_verde.html September 15, 2017- September 17, 2017 34rd Annual Taos Mountain Fiesta Sagebrush Conference Center Sagebrush Inn & Suites 1508 Paseo Del Pueblo Sur Taos, NM 87571 Inspiring speakers including Spanish and Young Peo-Alcathon - marathon meetings, Young People's meetings and events, Al-Anon meetings and events Saturday Night Banquet and Dance, Skits, Art Raffle, Fellowship, Hospitality Suite, Ice Cream Social Email us at: info@taosmountainfiesta.org

or call: (575) 224-2183

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YOU ARE INVITED To the NEW MEXICO AREA 46 AA SERVICE FORUM

Have you ever wondered or been asked "Just what is general service and does it differ from service in my home group?", or "If I am focused on my recovery, why should I worry about service?", or "Why do we need districts in AA?", or "What does a Delegate do?" The Area 46 AA Service Forum, which will take place at Nativity Church in Albuquerque on July 15, 2017, will be the place to get answers to these and many other questions about service in Alcoholics Anonymous.

The organizers of this service event, the Area 46 Assembly Development Committee, chose to call the event a "forum" because a "forum" is a place where people congregate to discuss ideas of mutual interest. We liked the idea of approaching service topics through conversations between presenters and attendees, rather than via lectures. We also wanted to distinguish this event from an "assembly" where attendees generally meet in committees, motions are voted on, and business is conducted.

Our Forum will open for registration, refreshments and fellowship at 8:00am. So that we can be self-supporting, a modest \$5.00 registration fee will be requested and a donation basket will be available. Lunch will be "on your own" at one of the many nearby restaurants.

There will be a total of twelve workshops offered during four

breakout sessions. "What is the General Service Conference and how does it relate to me?", "What does my dollar do and what if I put in two?", "What is a Central Office and how can I help?", "Breaking down Barriers between the English and Spanish-speaking A.A. Communities" and "All about the Home Group" are just a few of the thought-provoking topics that will be discussed. Workshop leaders and facilitators from all over New Mexico have accepted invitations to participate. These individuals are experienced in service and they include past and present Central Office workers, GSRs, DCMs, Area Trusted Servants, and Delegates.

The program will also feature two speakers: Teresa J., our current Area 46 Chairperson, in the morning and Harold C., a past Delegate from Oklahoma who has a rich history in service, in the afternoon. Two "open mic" sessions are on the schedule so participants can ask additional questions or comment on the workshops they have attended. See the event flyer for more details.

Please spread the word about this event and plan to attend with a newcomer, sponsee or guest. You do NOT need to have had any previous experience in general service to attend! Bring your questions. Come prepared to learn how, through service, we can carry the message to the suffering alcoholic in New Mexico, and to share how service can enrich and solidify our personal sobriety. I look forward to seeing you there!

In grateful service,

Jaclyn S., Chair, Area 46 Ad Hoc Committee on Assembly Development Questions? Contact: dandfr@nm-aa.org

Just for Today...

Alcoholism is progressive. Oh, of course, many of us had periods when, for some months or even years, we sometimes thought the drinking had sort of straightened itself out. We seemed able to maintain a pretty heavy alcohol intake fairly safely. Or we would stay sober except for occasional drunk nights, and the drinking was not getting noticeably worse, as far as we could see. Nothing horrible or dramatic happened.

However, we can now see that, in the long or short haul, our drinking problem inevitably got more serious.

Some physicians, expert on alcoholism, tell us there is no doubt that alcoholism steadily grows worse as one grows older. (Know anyone who isn't growing older?)

We are also convinced, after the countless attempts we made to prove otherwise, that alcoholism is incurable-just like some other illnesses. It cannot be cured in this sense. We cannot change our body chemistry and go back to being the normal, moderate social drinkers lots of us seemed to be in our youth.

As some of us put it, we can no more make that change than a pickle can change itself back into a cucumber. No medication or psychological treatment any of us ever had "cured" our alcoholism. Further, having seen thousands and thousands of alcoholics who did not stop drinking, we are strongly persuaded that alcoholism is a fatal disease. Not only have we seen many alcoholics drink themselves to death-dying during the "withdrawal" symptoms of delirium tremens (D.T.'s) or convulsions, or dying of cirrhosis of the liver directly related to drinking-we also know that many deaths not officially attributed to alcoholism are in reality caused by it. Often, when an automobile accident, drowning, suicide, homicide, heart attack, fire, pneumonia, or stroke is listed as the immediate cause of death, it was heavy alcoholic drinking that led to the fatal condition or event. Certainly, most of us in A.A. felt safely far away from a fate when we were drinking. And, probably the majority of us never came near the horrible last stages of chronic alcoholism.

But we saw that we could, if we just kept on drinking. If you get on a bus bound for a town a thousand miles away, that's where you'll wind up, unless you get off and move in a different direction. Okay. What do you do if you learn that you have an incurable, progressive, fatal disease-whether it's alcoholism or some other, such

as a heart condition or cancer? Many people just deny that it is true, ignore the condition, accept no treatment for it, suffer, and die.

But there is another way.

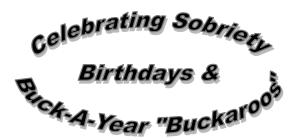
You can accept the "diagnosis"-persuaded by your doctor, your friends, or yourself. Then you find out what can be done, if anything, to keep the condition "under control", so you can still live many happy, productive, healthy years *as long as you take proper care of yourself*. You recognize fully the seriousness of your condition, and you do the sensible things necessary to carry on a healthy life.

This, it turns out, is surprisingly easy in regard to alcoholism, if you really want to stay well. And since we A.A.'s have learned to enjoy life so much, we really want to stay well.

We try never to lose sight of the unchangeable fact of our alcoholism, but we learn not to brood or feel sorry for ourselves or talk about it all the time. We accept it as a characteristic of our body-like our height or our need for glasses, or like any allergies we may have.

Then we can figure out how to live comfortably-not bitterly-with that knowledge as long as we start out by simply avoiding that first drink (remember?) just for today.

> "Living Sober" pp.8-9 Reprinted with permission, A.A.W.S Inc.



Join our Brand New "Buck A Year" Program-

Celebrate your AA birthday by donating \$1.00 for every year of your sobriety to Intergroup Central Office. Send a check, donate on our website support page or come by the Central Office. Send your first name, last initial, years of sobriety and home group. We will print it in the Pass It On and on our website. You can also donate anonymously. For more information, call Central Office at 266-1900, or visit www.albuquerqueaa.org. It's a great way to show you gratitude and help "Pass It On!"

April 2017 Buck-A-Year :"Buck-A-Roos"

	Home Group	# of Years	Birthday Mo/ Yr
Martha T.	Seeking Serenity	36	12/1981
Linda N	Seeking Serenity	35	2/1982
Karen R.	Still Seeking Serenity	33	4/1984
Betty P.	In the Book	32	4/1985
Dan D.	Thinking Straight	29	2/1988
Jay P.	Free Spirits	26	4/1991
Anon.	GoodFellas	17	4/2000
Janis M.	In The Book	12	4/2005
Oris S.	Live and Let Live	10	1/2007

Sobriety Birthdays

Cosmopolitan Group		Isleta Group	
Melissa C.		Jason	1 Year
Patrick P.	2 years	Rudy	7 Years
Kris H.	9 years	Tony	8 Years
Patty B-T.	35 years	Carol	22 Years
Vincent T.	35 years	Alf	30 Years
Free Spirits		Steve H.	34 Years
Jay P.	26 years	Live and	Let Live
<u>In The Book</u>		Oris S.	10 years
Betty P.	32 years	Seeking	<u>Serenity</u>
<u>Isleta Group</u>		Martha T.	36 years
Linda	30 Day	Linda N.	35 years
Alex B.	60 Days	Still Seekir	ng Serenity
Angel	60 Days	Karen R.	33 year s
Delilah	60 Days	Thinking	<u>Straight</u>
Chris M.	90 Days	Dan D.	29 years

How do you know when you're ready to take the Third Step?

What was it like for me when I first did it? The notion of "turning my life and will over to the care of God?"

Sure. This the same God who snatched my father out of my life, and sent my mother to an early grave after some years of irresponsibility and promiscuity? The same one that gives babies terminal leukemia? The same one that "answers" some people's prayers at random, but "moves in mysterious ways, His wonders to perform" with others that seem equally deserving? (Does this give you some idea of how angry I was when I came in this last time?)

I think that coming into AA for some of us (me for example) is absolutely a matter of being backed into a corner, of finding oneself between the biggest rock and the biggest hard spot we've ever encountered. When I got here, it appeared to me that the race was run, I was at the jumping off place. AA seemed to be the last house on the block. And these guy s wouldn't quit on the "god thing."

So fine. I get it. I'm an alky. Everyone knows that. Yes, my life is eff-ed up. And yes, in Step Two I can "come to believe" that I have some form of insanity from which I need to be restored. And that I don't seem to have the power to do the restoring - if I did I would-a.

My sponsor says, he says, "Will you take the Third Step with me?" I says, I say, "What do I have to do?" He says, "Open this book." I do. He says, "Get on your knees." I says, "Here, in your kitchen? He says, "Yup." He adds, "I'll get down first if that helps." I says, "Ok." And I do. Then he says, "Ok, now read that part there, right after where it says 'We were now at Step Three." I says, "Out loud?" He says, "Yup." So I do.

Then he says, "Here, here's a yellow pad and a sharpened pencil. Write down the name of somebody whose guts you hate. That should be easy." I says, "You got that right."

And then, two-three times a week for a while, he asks me how I'm coming with my Fourth Step.

It's kind of like being marinated. Like making meatballs. At first the meat is raw and red and smells kinda wild. Slowly, slowly, it becomes flavored, sweeter, spicier, and finally mellows. It's a process.

For someone like me, just the willingness to finally do something, anything, somebody else's way was the key. I didn't have to do it well. Hell, I didn't even have to mean it. Didn't have to understand it. Just had to open my eyes, look at this gentle, generous man who was willing to get down first on a kitchen floor with seemingly no particular agenda. He didn't want a damn thing from me - weirdest thing that had ever happened to me.

Just do it. And move on into the other steps.

Tim T., Albuquerque, NM

Responsibility Declaration I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible.

The Keys of the Kingdom

A.A. is not a plan for recovery that can be finished and done with. It is a way of life, and the challenge contained in its principles is great enough to keep any human being striving for as long as he lives. We do not, cannot, outgrow this plan. As arrested alcoholics, we must have a program for living that allows for limitless expansion. Keeping one foot in front of the other is essential for maintaining our arrestment. Others may idle in a retrogressive groove without too much danger, but retrogression can spell death for us. However, this isn't as rough as it sounds, as we do become grateful for the necessity that makes us toe the line, and we find that we are compensated for a consistent effort by the countless dividends we receive.

A complete change takes place in our approach to life. Where we used to run from responsibility, we find ourselves accepting it with gratitude that we can successfully shoulder it. Instead of wanting to escape some perplexing problem, we experience the thrill of challenge in the opportunity it affords for another application of A.A. techniques and we find ourselves tackling it with surprising vigor.

The last fifteen years of my life have been rich and meaningful. I have had my share of problems, heartaches, and disappointments because that is life, but also I have known a great deal of joy and a peace that is the handmaiden of an inner freedom. I have a wealth of friends, an unusual quality of fellowship. For to these people, I am truly related. First, through mutual pain and despair, and later through mutual objectives and newfound faith and hope. And, as the years go by, working together, sharing our experiences with one another, and also sharing a mutual trust, understanding, and love-without strings, without obligation-we acquire relationships that are unique and priceless.

There is no more aloneness, with that awful ache, so deep in the heart of every alcoholic that nothing before, could ever reach it. That ache is gone and never need return again.

Now there is a sense of belonging, of being wanted and needed and loved. On return for a bottle and a hangover, we have been given the Keys of the Kingdom

> "Alcoholics Anonymous" Big Book, pp. 274-75 Reprinted with permission, A.A.W.S., Inc.

Step Six: From "Alcoholics Anonymous" - the Big Book, pp. 75-76	Albuquerque Area Business Meetings Intergroup Rep. Meeting 2 pm, 2nd Sunday, Brownbaggers
Returning home we find a place where we can be quiet for an hour, carefully reviewing what we have done. We thank God from the bottom of our heart that we know Him better. Taking this book down from our shelf we turn to the page which contains the twelve steps. Carefully reading the first five proposals we ask if we have omit- ted anything, for we are building an arch through which we shall walk a free man at last. Is our work solid so far? Are the stones properly in place? Have we skimped o the cement put into the foundation? Have we tried to make mortar without sand? If we can answer to our satisfaction, we then we look at Step Six. We have emphasized willingness as being indispensable. Are we now ready to let God remove from us all the things which we have admitted are objectionable? Can He now take them all – every one? If we still cling to something we will not let go, we ask God to help us be willing. <i>"Alcoholics Anonymous" Big Book, pp75-76 Reprinted with permission, A.A.W.S Inc</i>	District 32 pm, 2nd Saturday Call the DCM for locationDistrict 119 am, 2nd Saturday Shepherd of the Valley Church 1801 Montano RdDistrict 1210:15 am, 2nd Saturday Heights Club, 8520 Marble NE in Rm #3District 1310 am, 2nd Saturday St Thomas of Canterbury (2nd floor) 425 University Blvd NE (1 blk N of MLK Blvd)District 1810:30am, 2nd Saturday United Methodist Church 136 Calle Alameda, Bernalillo

"Beaten into complete defeat by alcohol, confronted by the living proof of release, and surrounded by those who can speak to us from the heart, we have finally surrendered. And then, paradoxically, we have found ourselves in a new dimension, the real world of spirit and of faith. Enough willingness, enough open-mindedness - and there it is!"

"Language of the Heart", p. 246 – Bill W. July, 1960., copyright 1988 by The A.A. Grapevine, Inc.

Central Office Intergroup Steering Committee		Central Office Monthly Service Activities Report April, 2017			
-			April 2017	March 2017	April 2
Chair Doug C - Chair@albuquerqueaa.org	albuquerqueaa.org	Phone Calls:			
0 1 1 0	Web Site Chair: Rick W - Web@albuquerqueaa.org	Information	324	363	333
Secretary Ginger B Secretary@		12 -Step	21	14	11
albuquerqueaa.org	Media Librarian: Ric R	Al-Anon	3	7	10
Treasurer: Tom M	Media@albuquerqueaa.org	Message	31	25	31
treasurer@albuquerqueaa.org	Community Outreach: Jeff C	Other	<u>81</u>	64	<u>79</u>
Schedule Editor: Lydia R	CommunityOutReach@	Total:	459	473	464
Schedule@ albuquerqueaa.org	albuquerqueaa.org	Walk-ins:			
Member-at-Large: Vacant- MemberAtLarge@ albuquerqueaa.org	Intergroup Liaison: Vacant Contact Central Office	Information	25	16	14
	266-1900	12-Step	3	1	0
	CO Coordinator: Michael W.	Al-Anon	0	3	1
Pass It On Editor: Susan W PassItOn@ albuquerqueaa.org	Coordinator@	Schedule	7	11	7
	albuquerqueãa.org	Purchase	129	166	139
	Alternate CO Coordinator:	Media	0	3	3
Special Needs Coordinator: Alaina -	Debra - AltCoordinator@	Message	3	0	2
SpecialNeeds@	albuquerqueaa.org	Casual	21	26	18
		Other	27	36	28

Donating to Albuquerque Area Intergroup Central Office:

If you are an A.A. member you can:

- Make a monetary contribution via check or money order, payable to Central Office of Albuquerque. Mail or drop off in person at 1921 Alvarado Drive, NE Albuquerque, NM 87110.
- Become a "Faithful Fiver" contribute \$5 monthly or
- "Trusted Tenner" contribute \$10 monthly.
- Set up monthly donations using Auto Pay or Bill Pay with your bank to automatically send us a monthly contribution in any amount you choose. What could be easier?
- Contribute with a secure credit card transaction, either at Central Office or by clicking the Contribute button on our website Support page.

Call the Central Office at 505-266-1900 for more information on ways to donate time and services as well.

Central Office Financial Snapshot			
	April, 2017	YTD 2017	
Total Revenues	\$7,704.20	\$36,084.14	
Total Cost of Sales	\$2,759.72	\$10,455.02	
Gross Income	\$4,944.48	\$25,629.12	
Total Expenses	\$6,125.96	\$23,576.60	
Net Income/(Loss)	(\$1,181.48)	\$2,052.52	

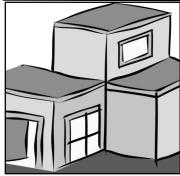
Central Office Monthly Service Activities Report April, 2017				
	April 2017	March 2017	April 2016	
Phone Calls:				
Information	324	363	333	
12 -Step	21	14	11	
Al-Anon	3	7	10	
Message	31	25	31	
Other	<u>81</u>	<u>64</u>	<u>79</u>	
Total:	459	473	464	
<u>Walk-ins:</u>				
Information	25	16	14	
12-Step	3	1	0	
Al-Anon	0	3	1	
Schedule	7	11	7	
Purchase	129	166	139	
Media	0	3	3	
Message	3	0	2	
Casual	21	26	18	
Other	<u>27</u>	<u>36</u>	<u>28</u>	
Total:	215	262	212	
Web Visits:	5376	5065		
Deskworkers:*				
Regulars	46	43	43	
Substitutes	<u>13</u>	<u>11</u>	<u>25</u>	
Total:	59	54	68	
<u>Deskshifts:*</u>				
Weekdays	120	138	126	
Weekends	<u>50</u>	<u>40</u>	<u>45</u>	
Total:	170	178	171	
Weekday Shifts:*				
Worked by regulars:	96 (80%)	118 (85.5%)	110 (87.3%)	
Worked by Subs:	<u>23 (19%)</u>	<u>20 (14.5%)</u>	<u>14 (11.1%)</u>	
Total:	119 (99%)	138 (100%)	124 (98.4%)	
Weekend Shifts:*				
Worked by Regulars	40 (80%)	33 (82.5%)	34 (75.5%)	
Worked by Subs:	<u>9 (18%)</u>	<u>7 (17.5%)</u>	<u>10 (22.2%)</u>	
Total:	49 (18%)	40 (100%)	44 (97.7%)	
*Night shifts not	1 week night		2 weeknight	
covered	1 week end	BFZ!!! (0)	1 weekend	
Shifts not worked	12		_	
<u>by a volunteer:</u>	13	13	7	
		4 – 2 hr. shifts		
Total:	39 hrs.	35 hrs.	21 hours	

Sixth Step Prayer:

"We thank God from the bottom of our heart that we know Him better... If we still cling to something we will not let go, we ask God to help us be willing.

> "Alcoholics Anonymous" Big Book, pg. 75-Reprinted with permission, A.A.W.S Inc

Albuquerque Central Office 1921 Alvarado NE Albuquerque, NM 87110 ADDRESS CORRECTION REQUESTED



www.AlbuquerqueAA.org

Albuquerque Intergroup Central Office (505) 266-1900

1921 Alvarado NE Albuquerque, NM

2 blocks north of Constitution and 4 blocks east of San Mateo

Hours: Monday-Friday 8:00AM-10:00PM

Saturday-Sunday 9:00AM-9:00PM Pass It On Subscriptions Available \$7.00 Annually Become a "Faithful Fiver" or a "Trusted Tenner" and receive a free subscription (for more information see page 7) Share your Gratitude: Join the "Buck-A-Year Program" (see page 5) For more Information, contact Central Office at 505-266-1900

