

# Pass It On

May 2017 Vol 43 Issue 5

albuquerqueaa.org

Albuquerque AA Intergroup Central Office Newsletter

505-266-1900

# **Our Three Legacies:** Recovery—Unity—Service

# Recovery

Step Five: Admitted to God, to ourselves, and to another human being, the exact nature of our wrongs. The Big Book of Alcoholics Anonymous –pp. 59-60

# Unity

Tradition 4(Short Form): Each group has but one primary purpose—to carry its message to the alcoholic who still suffers. (Long Form): Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose-that of carrying its message to the alcoholic who still suffers.

Twelve Steps and Twelve Traditions, pg. 129 and pg. 189.

### Service

**Concept 5(Short Form)**: Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration. (Long Form): Throughout our world service structure, a traditional "Right of Appeal" ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered.

**T**he A.A. Service Manual/Twelve Concepts for World Service pp. IV-V

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# **Tradition Five:** Sharing the Key to Sobriety

The unique ability of each A.A. to identify himself, and bring recovery to, the newcomer in no way depends upon his learning, eloquence, or on any special individual skills. The only thing that matters is that he is an alcoholic who has found a key to sobriety. These legacies of suffering and of recovery are easily passed among alcoholics, one to the other. This is our gift from God, and its bestowal upon others like us is the one aim that today animates A.A.'s all around the globe.

There is another reason for this singleness of purpose. It is the great paradox of A.A. that we know we can seldom keep the precious gift of sobriety unless we give it away. If a group of doctors possessed a cancer cure, they might be conscience-stricken if they failed their mission through self-seeking. Yet such a failure wouldn't jeopardize their personal survival. For us, if we neglect those who are still sick, there is an unremitting danger to our own lives and sanity. Under these compulsions of self-preservation, duty, and love, it is not strange that our society has concluded that it has one high mission-to carry the A.A. message to those who don't know there's a way out.

> Twelve Steps and Twelve Traditions" p. 151, reprinted with permission of AAWS, Inc.

# Step Five: On the road to Straight Thinking, Solid Honesty, and Genuine Humility.

Our first practical move toward humility must consist of recognizing our deficiencies. No defect can be removed unless we see clearly what it is. But we shall have to do more than see. The objective look at ourselves we achieved in Step Four was, after all, only a look. All of us saw, for an example, that we lacked honesty and tolerance, that we were beset at times by attacks of self-pity or delusions of personal grandeur. But while this was a humiliating experience, it didn't necessarily mean that we had acquired much humility. Though now recognized, our defects were still there. Something had to be done about them. And we soon found that we could not wish or will them away by ourselves.

More realism and therefore more honesty about ourselves are the great gains we make under the influence of Step Five. As we took inventory, we began to suspect how much trouble self-delusion had been causing us. This had brought us a disturbing reflection. If all our lives we had more or less fooled ourselves, how could we now be so sure that we weren't still self-deceived? How could we be certain that we had made a true catalog of our defects and had really admitted them, even to ourselves? Because we were still bothered by fear, self-pity, and hurt feelings, it was probable we couldn't appraise ourselves fairly at all. Too much guilt and remorse might cause us to dramatize and exaggerate our shortcomings. Or anger and pride might be the smoke screen under which we blamed others for them. Possibly still we were still handicapped by many liabilities, great and small we never knew we had.

Hence it was most evident that a solitary self-appraisal, and the admission of our defects based upon that alone, wouldn't be nearly enough. We'd have to have outside help if we were to surely know and admit the truth about ourselvesthe help of God and another human being. Only by discussing ourselves, holding back nothing, only by being willing to take advice and accept direction could we set foot on the road to straight thinking, solid honesty, and genuine humility.

> "Twelve Steps and Twelve Traditions" pp. 58-59, reprinted with permission of AAWS, Inc.





# Sunday, May 7, 2017—3:00PM **Planning Committee Meeting for:**

30th Annual NM A.A. Women's Sobriety Fest With Al-Anon participation "Freedom from Bondage—30 years Strong"

Meeting will be held at: **Nativity Church** 9502 4th St. NW Albuquerque, NM

For More Information: info@nmaawsf.com Website: NMAAWSF.com

The Sobriety Fest will be held On September 23, 2017 at Nativity Church

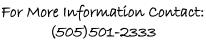
> Mark your Calendars and Come Help us plan!

May 13, 2017, 7:00PM-11:00PM

It's Prom Night 2017! Hosted by the Blackout Group

Recovery Theater

Potluck starts at 7:00PM Dance &D) starts @8:30PM-11:00PM Heights Club Tickets are \$5.00 at the door or may be purchased in advance.







# Saturday, May 13, 2017 2:00PM

WHAT IS THE GENERAL SER-**AICE CONFERENCESSS** Why should I get involved? How is it important?



Please join us as our Area 46 Delegate, Jim H., tells us about the 2017 Conference and how it supports our primary purpose of carrying the message to the alcoholic who still suffers.

Where: Nativity Church, 9502 4th St. NW, ABQ NM 87114

What: This is a Dessert and Beverage potluck, so please bring something to share. Coffee will be provided.

Hosted By Districts 11 & 18 For additional information contact: Debra W. at district11@nm-aa.org or Sarah F.at district18@nm-aa.ora

# Saturday, May 13th, 2017, 3:00pm-6:00pm May Meditation Workshop

Hosted by The 4th Dimension Meditation group and the Children of Chaos young people's group. Join us as we create a welcoming place for this 11th Step Workshop.

There will be time to share your meditation experiences and personal techniques.

We will also complete a guided journey meditation designed to elevate your Meditation Practice

Location: St. Thomas Aguinas Church Educational Building 1502 Sara Rd SE, Rio Rancho, NM 87124)

For more information about Albuquerque Area and New Mexico AA events go to: http://albuquerqueaa.org and http://www.nm-aa.org

# May 20, 2017, 5:00PM

**Intergroup Speaker Meeting** Hosted by District 18

Potluck Dinner starts at 5:00PM Ramona B. will share at 6:00PM

St Thomas Aquinas Gym 1502 Sara Rd., Rio Rancho Raffle following Speaker

All Proceeds to Benefit Central Office

LIVING THE DREAM June 2, 3, 4, 2017 2017 Area 46 Convention **MCM Elegante Hotel and Ruidoso Convention Center** Call 575-258-5500 for Hotel Reservations— **REGISTRATION \$35.00** 

A.A. Speakers:

Dave B Billy N Debbie G.

Atlanta, GA Vista, CA Yvonne S. Los Angeles, CA Colo. Springs, CO Don C.

Torrance, CA

Albuquerque, NM

Al Anon Speaker:

Caroline R. Las Cruces, NM

Young People Speaker:

Teddy Y. Spanish Speaker:

Frank C.

El Paso, Texas

Register online at: www.2017area46convention.com Email: 2017area46convention@gmail.com

PICNIC The 3rd Annual **AA-Athalon!** 

June 24th 12:00PM-3:00PM

Area 46 YPAA presents

**GAMES** 

SPEAKER STARTS AT 2:00PM

North Domingo Baca Park 7521 Carmel Ave NE, Albuquerque Burgers, hotdogs and beverages provided Please bring side dishes and desserts

Contact: ypaa@nm-aa.org

SATURDAY, JUNE 17, 2017<sup>TH</sup> 6:00PM-8:30PM

LIVE & LET LIVE 31" ANNIVERSARY CELEBRATION

CENTRAL OFFICE FUNDRAISER **SPAGHETTI DINNER 6:00PM SPEAKER MEETING 7:00PM** 50/50 Raffle



Suggested Dinner Donation - \$6.00 1103 Texas St. NE (MCCA Church)

# Jul 28, 2017 -7:00pm- Jul 30,2017- 12:00 pm NMCYPAA 2017 B'AA'K TO THE FUTURE!

Please join us for a fun weekend celebrating sobriety at NMCYPAA 2017!

A weekend packed with insightful Panels, Speakers, and Meetings Don't forget about the BBQ, Pool Party, and Dance planned for this awesome weekend as well! All are welcome and you only have to be young at heart. \$20.00 - Pre/Online Registration \$20.00 - Scholarship Donation \$??.?? - General Registration the Day of Event! Howard Johnson Rio Rancho/Albuquerque North (505) 892-1700

Must Reference NMCYPAA or Account # 384-012442 by July 14th for the discounted rates: Howard Johnson Rio Rancho/Albuquerque North 1465 Rio Rancho Blvd SE Rio Rancho, NM 87124

# July 15, 2017—Save the Date!

Area 46 New Mexico AA Service Forum "Growing in understanding **about service** Makes us better able to be of service."

Explore service in AA Panels Workshops, Speakers Look for more information to come! Nativity Church, 9502 Fourth Street NW

# Albuquerque Area Business Meetings

### Intergroup Rep. Meeting

2 pm, 2nd Sunday, Brownbaggers

District 3

2 pm, 2nd Saturday Call the DCM for location

District 11

9 am, 2nd Saturday Shepherd of the Valley Church 1801 Montano Rd, Albuquerque

District 12

10:15 am, 2nd Saturday Heights Club, 8520 Marble NE in Rm #3

District 13

10 am, 2nd Saturday St Thomas of Canterbury (2nd floor) 425 University Blvd NE (1 blk N of MLK Blvd)

District 18

10:30am, 2nd Saturday United Methodist Church 136 Calle Alameda, Bernalillo

### DISCLAIMER

The opinions expressed in Pass It On are solely those of the individual author and do not necessarily represent those of the Editor, Central Office, Area 46, any specific group or AA entity, or of AA itself and in no way does publication imply endorsement of such opinions.

# "Dealing With Sobriety—Every Day"

Alcoholics can stop drinking in many places and many ways—but Alcoholics Anonymous offers us a way to stay sober.

God willing, we members of A.A. may never again have to deal with drinking, but we have to deal with sobriety every day. How do we do it? By learning - through practicing the Twelve Steps and through sharing at meetings - how to cope with the problems that we looked to booze to solve, back in our drinking days.

For example, we are told in A.A. that we cannot afford resentments and selfpity, so we learn to avoid these festering mental attitudes. Similarly, we rid ourselves of guilt and remorse as we "clean out the garbage" from our minds through the Fourth and Fifth Steps of our recovery program. We learn how to level out the emotional swings that got us into trouble both when we were up and when we were down.

We are taught to differentiate between our wants (which are never satisfied) and our needs (which are always provided for). We cast off the burdens of the past and the anxieties of the future as we begin to live in the present, one day at a time. We are granted "the serenity to accept the things we cannot change" – and thus lose our quickness to anger and our sensitivity to criticism. Above all, we reject fantasizing and accept reality. The more I drank, the more I fantasized everything. I imagined getting even for hurts and rejections. In my mind's eye, I played and replayed scenes in which I was plucked magically from the bar where I stood nursing a drink and was exalted to some position of power and prestige. I lived in a dream world. A.A. led me gently from this fantasizing to embrace reality with open arms. And I found it beautiful. For, at last, I was at peace with myself. And with others. And with God.

"Alcoholics Anonymous", pp. 558-559, reprinted with permission of AAWS, Inc.

# "An Attitude of Gratitude"

Years ago a rival team had tee-shirts that were lettered on the back in large, easy-to-read lettering, "Attitude is Everything!" At the time I recall thinking that this was simply another trite saying it might have a little merit but, was it not really true. That was then—this is now!

I don't believe that we are meant to wear rose-colored-glasses and view everything as peachy-keen, when it is not! Rather, I think that since our attitude is one of the things we can change, we are meant to keep it positive and keep on trying to make things better, regardless of other people, places or things. A positive attitude helps me to keep doing the things I know work—even on those occasions when I don't really feel like doing anything, or I am depressed. A Gratitude List helped me stop and think; my situation in life is a lot better than I deserve. As an alcoholic, for me to drink is to die; oh, I might survive another spree, but, spirituality would not be high on my list of priorities, so for all practical intents... The sad fact is that some of us don't die right off and we go on to create and share the havoc and chaos that is our existence with everyone around us for years.

I saw a man on the street yesterday who was obviously high as well as (I suspect) being mentally unbalanced. This man was shouting obscenities as he waltzed down the sidewalk and

caused a great many people to notice him and get out of his way. I thought to myself at the time, there but, for the Grace of God, goes me. When I came into AA I thought I was losing my mind and that really scared me! I did not want to be consigned to some mental institution, or worse be left to my own devices and end up as a blathering, crazy-drunk somewhere and I did not want to cause anymore injury to others. But, what was I to do? AA was my answer!

I have been given a second chance at recovery. I know that I am only a drink away from throwing all of the help and concern I have received away and becoming that which I most fear. Today, I choose not to do this; but, how do I help ensure continuation of this life I have chosen?

For me the answer is clear; I will keep on doing the things that I know work, the same things that I have heard others express countless times in AA Meetings. There is a lot of recovery wisdom in meetings; if I don't find it in one, then I shall investigate another. Above all I choose to do the things that I know are effective; why I do these things is simple: "I want to be sober a lot more than I want to be a drunk". So, for me today, attitude really is everything!

R. Lee D., Foot Hills Group

# Celebrating Sobries Birthdays & Birthdays &

### Join our Brand New "Buck A Year" Program-

Celebrate your AA birthday by donating \$1.00 for every year of your sobriety to Intergroup Central Office. Send a check, donate on our website support page or come by the Central Office. Send your first name, last initial, years of sobriety and home group. We will print it in the Pass It On and on our website. You can also donate anonymously. For more information, call Central Office at 266-1900, or visit www.albuquerqueaa.org. It's a great way to show you gratitude and help "Pass It On!"

# March, 2017 Buck-A-Year: "Buck-A-Roos"

111011-011/1-0-27 - 20-011/11/10-01			
	Home Group	# of Years	B.day Mo/Yr
Bruce	Lone Rangers	9	5/2007
Joann R	Women in Progress	1	3/2016
GailT	Serenity	22	3/1995
Jerry D	Acceptance	23	11/1993
Rick W.	Still Seeking Serenity	25	3/1992
Gene K	El Centro	28	3/1989
Brian M		32	6/1984
Pat B.	Lone Rangers	45	3/1972

# **Sobriety Birthdays**

Any Lengths		Scott	6 months	
Bridget	5 Years:	Dolores1	8 months	
Cosmopolit	an Group	Alex H.	23 years	
March, 2017		Susan D.	27 years	
Alicia C.	18 mos.	Lone Ra	ngers	
Marcus Y.	2 yr	Pat B.	45 years	
Thomas C. 6 yr		Promises		
Jim M. 11 yr		January 2017:		
Laura S.	12 yr	Henry M.	28 years	
Martha F.	15 yr	Kevin B.	31 years	
Danny S.	22 yr	Boleslo R.	32 years	
Debra W. 3 years		February 2017:		
El Centro		John L.	7 years	
Gene K.	28 years	Steve C.	33 years	
Isleta Group		March 2017:		
February 2017		Wende H.	33 years	
Dorothy	6 months	Lorenzo L.	18	
Matt	1 year	months		
Todd	3 years	Serenity		
Singh	27 years	Gail T.	22 years	
Ralph T	9 years	Still Seeking Serenity		
Roselle H	6 years	Rick W.	25 years	
Florencio L 43 years		Women In	Progress	
March, 2017		Joann R.	1 year	
Zac	30 days			

Christina

30 days

# 2017 First Quarter Group Contributions to Central Office

GROUP NAME	1ST QUARTER	GROUP NAME	1ST QUARTER
ABC GROUP	\$30.00	NORTH VALLEY GP.	\$48.40
ACCEPTANCE IS THE ANSWEF	\$20.00	ONE DAY @ A TIME	\$20.00
ACCEPTANCE GP.	\$150.00	ONE STEP @ A TIME	\$33.75
AREA 46	\$100.00	OUT TO LUNCH BUNCH	\$117.00
BACK TO BASICS	\$166.66	QUEER IDEAS OF FUN	\$300.00
BOZOS ON THE BUS	\$80.00	REBELLION DOGS	\$115.05
BROWNBAGGERS GP	\$100.00	RIO AMIGOS	\$30.00
CANDLELIGHT GP	\$68.71		
CHILDREN OF CHAOS	\$36.00	RIO RANCHO BEGINNERS	\$16.56
CONSCIOUS CONTACT	\$80.00	ROUNDUP GROUP	\$130.00
CORRALES GP	\$90.66	SEEKING SERENITY GP	\$793.00
CORRALES MEN'S STAG	\$77.00	SERENDIPITY GP	\$147.20
COTTONMOUTH GP.	\$340.22	SERENITY GP	\$118.55
DAWN PATROL	\$579.33	SINGLENESS OF PURPOSE	\$100.00
DISTRICT 1 1	\$266.85	SOBRIETY CHECKPOINT	\$66.68
DOG ON THE ROOF GP	\$40.00	SOS MONDAY NIGHT	\$100.00
DOWNTOWN LUNCH BUNCH	\$36.60	SPIRITUALITY WITHOUT BORE	\$63.00
EAST MOUNTAIN GP	\$100.00	STAYING SOBER AT SUNRISE	\$119.75
FOOTHILLS GP	\$757.45	STEP ALONG WITH AA	\$60.00
FREE THINKERS	\$60.00	STEP SISTERS	\$4.00
FREEDOM FIRST	\$50.50	STEP UP GP	\$10.00
FREEDOM FROM BONDAGE	\$150.00	STILL SEEKING SERENITY	\$100.00
GIRLS NIGHT OUT	\$100.00	STRAIGHT PEPPER DIET	\$102.63
GOODFELLAHS	\$60.00	Strange Mental	\$496.92
HAPPY VALLEY GP	\$24.00	SUNDAY NIGHT STEP SUDY	\$482.47
HIGH COUNTRY GP	\$20.00	SUNRISE CATCHERS GP	\$30.00
HOW IT WORKS	\$65.00	THERE IS A SOLUTION	\$26.00
IN THE BOOK	\$96.00		_
ISLETA GP	\$49.08	THREE LEGACIES GP	\$41.00
JEMEZ SPRINGS GP	\$25.00	TIRED OF THE BUS STOP	\$.1.75
JEMEZ VALLEY GP	\$50.00	WAKE UP CALL	\$496.23
KEY OF WILLINGNESS	\$66.66	WESTSIDE GP	\$226.40
LIVE AND LET LIVE GP	\$15.00	WESTSIDE NOON	\$150.00
LONE RANGERS	\$75.00	WHO HAS THE KEYS	\$50.50
LUNCH BOX, THE	\$500.00	WOMEN'S GROUP	\$63.46
MORNING SERENITY	\$75.00	WOMEN'SNOON GRATITUDE	\$57.00
SUBTOTAL	\$4,600.72	SUBTOTAL	\$4,716.30

# Fifth Step Promises

We pocket our pride and go to it, illuminating every twist of character, every dark cranny of the past. Once we have taken this step, withholding nothing, we are delighted. We can look the world in the eye. We can be alone at perfect peace and ease. Our fears fall from us. We begin to feel the nearness of our Creator. We may have had certain spiritual beliefs, but now we begin to have a spiritual experience. The feeling that the drink problem has disappeared will often come strongly. We feel we are on the Broad Highway, walking hand in hand with

the Spirit of the Universe. Alcoholics Anonymous", pg. 75, reprinted with permission of AAWS, Inc.

# **Intergroup Meeting Minutes, April 8, 2017**

Meeting was opened with the Serenity Prayer at 2:06 p.m. Introductions around the room.

# New Business:

Doug C. acted as Chair because of Lindsay C.'s need to resign as Chair for personal reasons. Doug read the section of the By-Laws that addresses this kind of situation. The Secretary would move up, unless that person declined. Ginger Beaty prefers to complete her term as Secretary; therefore, the position of Chair is open.

Doug requested nominations from the floor. Ginger Beaty nominated Doug to the position. There being no other nominations, a motion to accept the nomination of Doug to the position of Chair was made by Tom M., 2<sup>nd</sup> by Debra K. A unanimous vote followed. Doug was wished well in the position of Chair.

Alaina G. had a question about voting procedure. Michael W. read on this from the By-laws. Alaina G. was satisfied with his response.

### Reports

### Secretary:

Doug C. Asked for a motion to accept the March Intergroup Minutes. Motion was made by Henry L., 2<sup>nd</sup> by Rick W. Unanimously accepted.

### Treasurer:

Tom M. provided the March 2017 Income Statement and Balance Sheet for review. Net Income was \$2,747.34 for the month. Tom also provided the First Quarter Budget vs. Actual report. Every income category was above budget for the quarter except for Contributions from Sales although it is in line with the norm, and that was below budget by about \$250.

District 12 made a contribution of \$600 in March.

Henry L. motioned to accept the Treasurer's Report, 2<sup>nd</sup> by Rick W. Motion carried unanimously.

# Coordinator:

Michael advised all is well in the office. He expressed his sincere thanks to the groups for the continued financial support.

It is not the norm to hear the outcome of most 12-Step calls, although we have been privileged to hear of some success stories recently. It's always good to hear this kind of news.

Will be ordering chips and literature soon.

The IRS sent the office another notice regarding the non-submittal of last year's income tax forms. Our accountant DID submit the forms, although late, and the accountant took financial responsibility for sending in the forms late. Our accountant will take care of the notice, and has sent out tax forms in on time this year.

## **Alternate Coordinator:**

Debra K. provided the March Activities Report. She was excited to report that all night shifts were covered in March.

SUBSTITUTE DESK WORKERS ARE SORELY NEEDED! Please contact Debra at 226-1900 if you are interested in serving in this way.

Desk workers are needed for the following shifts:

# **Every Week**

Tuesday from 4PM to 7PM

Thursday from 7PM to 10PM

### **Every other week**

Saturday from 9AM to Noon

Orientation will gladly be provided if an individual can work every other week of one of the every week slots above.

Orientation consists of training with another desk worker during a shift, or if you've been sober a for many years, a 45-minute overview and walk-through of the tasks involved.

### Member at Large:

Vacant. Doug asked if there were any nominations from the floor, and there were none.

### Pass-It-On Editor:

Please provide Susan with your articles, birthdays, etc. by the 15th of the month – no later than the  $18^{\rm th}$  - at <u>passitonedi-</u>

tor@albuquerqueaa.org.

At this time, the basket was passed in accordance with the Seventh Tradition.

May's Intergroup meeting would be held on May 14<sup>th</sup> next month, which is Mother's Day. **Debra K. asked for a vote to hold the meeting on the following Sunday, May 21<sup>st</sup>. Vote unanimously approved moving the meeting to May 21<sup>st</sup>, the THIRD Sunday in May.** 

# **Schedule Editor:**

Lydia reported that the new schedule is out, and unfortunately the last two lines in the copy were dropped. A full listing of meetings can be found at albuquerque-aa.org. New schedule will be printed mid-May.

# **Community Outreach:**

Jeff C. had nothing new to report.

# **Special Needs:**

Alaina G. asked that if anyone would like to drive special needs members to meetings, or if you'd like to coordinate bringing a meeting to someone's home, please let her know. There are a few people who would appreciate your service.

### **Media Librarian:**

Ric R. was unable to attend today.

## **Website Coordinator:**

Please allow 24-hours to post to the site when sending in flyers, etc.

### Intergroup Liaison:

Vacant. Doug C. asked if there were nominations from the floor for this position, and there were none.

Please bring the Member-At-Large and Intergroup Liaison vacancy notices back to your groups for possible nominations. Position requirements and duties may be found on the Website albuquerque-aa.org.

Old Business – none.

New Business – see page 1.

<u>Announcements</u> – no announcements.

The meeting ending at 2:45 pm with the Third Step Prayer.

Respectfully submitted,

Ginger B.

Secretary

# Central Office Intergroup Steering Committee

Chair Doug C - Chair@albuquerqueaa.org

**Secretary** Ginger B. - Secretary@ albuquerqueaa.org

Treasurer:Tom M. treasurer@albuquerqueaa.org

**Schedule Editor:** Lydia R. - Schedule@ albuquerqueaa.org

Member-at-Large: Vacant-MemberAtLarge@ albuquerqueaa.org

Pass It On Editor: Susan W PassItOn@

albuquerqueaa.org

Special Needs Coordinator: Alaina -

SpecialNeeds@

albuquerqueaa.org **Web Site Chair:** Rick W -Web@albuquerqueaa.org

**Media Librarian:** Ric R. - *Media@albuquerqueaa.org* 

Community Outreach:

Jeff C. -CommunityOutReach@ albuquerqueaa.org

Intergroup Liaison: Vacant Contact Central Office 266-1900

CO Coordinator: Michael W.

Coordinator@ albuquerqueaa.org

Alternate CO Coordinator:

Debra -AltCoordinator@ albuquerqueaa.org

# Donating to Albuquerque Area Intergroup Central Office:

If you are an A.A. member you can:

- Make a monetary contribution via check or money order, payable to Central Office of Albuquerque. Mail or drop off in person at 1921 Alvarado Drive, NE Albuquerque, NM 87110.
- Become a "Faithful Fiver" contribute \$5 monthly or
- "Trusted Tenner" contribute \$10 monthly.
- Set up monthly donations using Auto Pay or Bill Pay with your bank to automatically send us a monthly contribution in any amount you choose. What could be easier?
- Contribute with a secure credit card transaction, either at Central Office or by clicking the Contribute button on our website Support page.

# Call the Central Office at 505-266-1900 for more information on ways to donate time and services as well.

Central Office Financial Snapshot				
	March, 2017	YTD 2017		
Total Revenues	\$12,184.91	\$28,385.74		
Total Cost of Sales	\$2,884.71	\$7,695.30		
Gross Income	\$9,300.20	\$20,690.44		
Total Expenses	\$6,552.86	\$17450.64		
Net Income/(Loss)	\$2,747.34	\$3,239.80		

Central Office Monthly Service Activities Report  March, 2017			
Phone Calls:			
Information	363	286	354
12 -Step	14	15	12
Al-Anon	7	5	4
Message	25	26	33
Other	64	63	85
Total:	473	395	488
Walk-ins:			
Information	16	24	13
12-Step	1	1	1
Al-Anon	3	1	3
Schedule	11	10	1
Purchase	166	145	190
Media	3	2	4
Message	0	3	8
Casual	26	35	43
Other	36	17	38
Total:	262	238	301
Web Visits:	5065	4491	
	0000	1102	
Deskworkers:*			
Regulars	43	41	43
Substitutes	11	14	20
Total:	54	55	63
Deskshifts:*			
Weekdays	138	120	138
Weekends	40	40	40
Total:	178	160	178
Weekday Shifts:*			
Worked by regulars:	118 (85.5%)	103(85.5%)	108(78.3%)
Worked by Subs:	20(14.5%)	16(13.3%)	29(21%)
Total:	138(100%)	119(99.1%)	137(99.3%)
Weekend Shifts:*	, ,	<u> </u>	, ,
Worked by Regulars	33(82.5%)	31(77.5%)	29(72.5%)
Worked by Subs:	7(17.5%)	7(17.5%)	10(25%)
Total:	, ,		, ,
*Night shifts not covered	BFZ!!!(0)	1 weeknight 2weekend	1 weeknight 1 weekend
Shifts not worked by a volunteer:	13	18	17.5

"LET us never fear needed change. Certainly, we have to discriminate between changes for the worse and changes for the better. But once a need becomes clearly apparent in an individual, a group, or in A.A., as a whole, it has long since been found out that we cannot stand still and look the other way. The essence of all growth is a willingness to change for the better and then an unremitting willingness to shoulder the responsibility."

4-2 hr. shift

35 hrs.

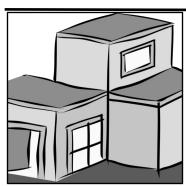
Total:

1-2 hr. shift

51 hrs.

52.5 hrs.

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# Three Precious Graces

"As you move onward toward your destiny may you always remember that God, in His wisdom, has granted you three precious graces:

- Freedom from a deadly affliction;
- \* A life experience that enables you to carry that priceless freedom to others;
- And a vision, ever widening, of God's reality and of his love".

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