

PASS IT ON

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Albuquerque AA Intergroup Central Office Newsletter

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Step Five - Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Step Five--As Real as I Can Be

I once heard at a meeting that Step Five was about integrity. By that time in my sobriety, I had realized that I didn't always understand the correct meaning of words, so I looked it up. Here are some definitions that helped me understand the word *integrity* in regard to the Fifth Step:

Integrity: honesty, sincerity

Honest: being free from deceit; genuine

Genuine: being what I really am

Sincere: being the same on the inside as I am in outward appearance

So for me, *integrity*, as it applies to the Fifth Step, is the state of being "real"--being the same on the outside as I am on the inside.

My Fifth Step was the closest I'd ever gotten to being that real to another person. More than just a confession of my faults, it was also a way of showing someone my feelings and fears. I still find today that I need to strive to be as real as I can be. Perfect integrity all the time is something that I may never achieve, but it's an ideal that I must be willing to work toward.

The program tells me that in order to recover I must be willing to develop a manner of living that demands rigorous honesty. So when I retire at night, I ask myself: Is there something that I should discuss with another person at once? What do I not want to share? Do I feel any guilt? Am I worried about something? Fearful? What was my thought-life like today? These questions spur me to talk to someone. The more I share, the more I live "in integrity"; and the more I live in integrity, the more at peace I am with myself, and the more useful I can be to God and my fellows.

-- Lisa N.

Enumclaw, Washington

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Concept 5 (Short & Long Form) Throughout our world services structure, a traditional "Right of Appeal" ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered.

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Abuquerque Area Business Meetings

Intergroup Rep. Meeting
2 pm, 2nd Sunday, Brownbaggers

District 3 - 2 pm, 2nd Saturday Call the DCM for location

District 11 - 9 am, 2nd Saturday Grace United Methodist Church
420 San Lorenzo NW (at 4th)

District 12 - 10:15 am, 2nd Saturday, Heights Club,
8520 Marble NE in Rm #3

District 13 - 10 am, 2nd Saturday, St Thomas of Canterbury (2nd floor)
425 University Blvd NE (1 blk N of MLK Blvd)

District 18 - 10:30am, 2nd Saturday, United Methodist Church,
136 Calle Alameda, Bernalillo

Atmosphere of Grace

Those of us who have come to make regular use of prayer would no more do without it than we would refuse air, food, or sunshine. And for the same reason. When we refuse air, light, or food, the body suffers. And when we turn away from meditation and prayer, we likewise deprive our minds, our emotions, and our intuitions of vitally needed support. As the body can fail its purpose for lack of nourishment, so can the soul. We all need the light of God's reality, the nourishment of His strength, and the atmosphere of His grace. To an amazing extent the facts of A.A. confirm this ageless truth.

Reprinted from Twelve Steps and Twelve Traditions pp 97-98 with permission of A.A. World Services, Inc.

DEADLINE: The deadline for the submission of articles, birthdays, and events to the Pass It On is now the 15th of the month.

Thank You!

DISCLAIMER

The opinions expressed in Pass It On are solely those of the individual author and do not necessarily represent those of the Editor, Central Office, Area 46, any specific group or AA entity, or of AA itself and in no way does publication imply endorsement of such opinions.

Central Office Financial Snapshot March 2016			
	March		YTD
Total Revenues	2954.84		10212.17
Total Cost of Sales	(3226.36)		(91662.28)
Gross Income	4813.45		1858.61
Total Expenses	(5600.86)		(17487.45)
Net Profit (Loss)	(787.41)		(2237.39)

As you may have noticed, this is the first "Pass It On" published since January of this year. We are in desperate need of your submissions, especially local area AA events, Birthdays, articles and letters.

If you have a favorite passage in one of our AA conference approved books—Let us know what it is and why it's your favorite and we will happily "Pass It On".

This issue looks a little different than previous issues, but we hope to have more local information and articles in upcoming issues as we start publishing on a monthly basis again.

We know that our AA community here in the greater Albuquerque area, as well as across the state, stays busy with lots of opportunities for fellowship and service work. Help us help you get the message to all of our fellow sobriety seekers, old and new!

Thanks—Susan W., temporary "Pass It On" volunteer

Responsibility Declaration

I am responsible.

When anyone, anywhere,
reaches out for help,

I want the hand of AA always
to be there. And for that:

I am responsible.

March 2015				
Monthly Services Activities Report				
		Mar16	Feb16	Mar15
Phone Calls:				
Information		354	365	463
12-Step		12	7	14
Al-Anon		4	3	4
Message		33	27	61
Other		<u>85</u>	<u>61</u>	116
	Total:	488	463	658
Walk-ins:				
Information		13	10	12
12-Step		1	0	3
Al-Anon		3	0	0
Schedule		1	7	3
Purchase		190	155	172
Media		4	1	2
Message		8	0	3
Casual		43	30	38
Other		<u>38</u>	<u>34</u>	<u>29</u>
	Total:	301	237	262
Web Visits:				
			4029	4021
Deskworkers:*				
Regulars		43	45	47
Substitutes		<u>20</u>	<u>21</u>	<u>33</u>
	Total:	63	66	80
Deskshifts:*				
Weekdays		138	126	132
Weekends		<u>40</u>	<u>40</u>	<u>45</u>
	Total:	178	166	177
Weekday Shifts:*				
Worked by regulars:		108 (78.3%)	116 (92%)	109 (82.5%)
Worked by Subs:		<u>29 (21%)</u>	<u>9 (7%)</u>	<u>21 (15.9%)</u>
	Total:	137 (99.3%)	125 (99%)	130 (98.4%)
Weekend Shifts:*				
Worked by Regulars		29 (72.5%)	33 (82.5%)	33 (73.3%)
Worked by Subs:		<u>10 (25%)</u>	<u>6 (15%)</u>	<u>12 (26.7%)</u>
	Total:	39 (99.5%)	39 (97.5%)	45 (100%)
*Night shifts not covered		1 weeknight 1 weekend	1 weekday 1 weekend	2 weekday
Shifts not worked by a volunteer:		17.5	6	14
				4 – 2 hr. shifts
	Total:	52.5 hrs.	18 hrs.	38 hrs.

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Albuquerque Area and New Mexico AA Events Calendar

23rd Annual

NM American Indian Red Road Convention

Friday—Sunday, May 6,7 and 8, 2016

Crowne Plaza Albuquerque.

1901 University Blvd NE, Albuquerque

Everyone is welcome! This event is sponsored by the Native American Group. AA and AI Anon registration is \$25. Please visit website www.NMredroad.org or download registration form.

South-East New Mexico Men's AA Conference

“Our Primary Purpose”

May 13, 14, & 15, 2016

Washington Ranch Carlsbad, NM f

See Flyer: [SE New Mexico Men's AA Conference Flyer 2016](#)

4th Annual New Mexico Roundup of AA -“A-Way Out”

Friday-Saturday, May 20 and 21, 2016

Nativity Church: 9502 4th Street NW, Albuquerque

Our vision is to continue to keep AA alive within the LGBTQ community. Please join us for fellowship, fun, and sobriety. Unite with old friends and make some new ones. We hope this new experience will benefit you in your journey working with "A Way Out.

Please visit website www.nmroundup.org or download registration form.

Area 46 2016 Convention

Pathways to Serenity

Friday - Sunday June 3-5, 2016

Ghost Ranch, Abiquiu, NM.

Details: <http://www.nm-aa.org/events/area-46-2016-convention-flyer-registration/>

**Planning Meetings scheduled for the
WOMENS SOBRIETY FEST in September , 2016**

May 15, 2016

June 19, 2016

July 17, 2016

August 21, 2016

September 18, 2016

All meetings at 3:30PM

Come Join us in planning this years event!

We meet at the Nativity Church

9502 4th St. NW, Albuquerque

Please visit website www.nmaawsf.com for more information. Sponsored by the Women's Sobriety Fest meeting.

**NMCYPAA 2016 Convention
"Experience Strength and Hope"
August 12, 13, and 14, 2016**

Hotel Encanto
705 South Telshor BLVD
Las Cruces, NM

For more information see website: <http://www.nmcypaa.com/>

**25th NATIONAL/ INTERNATIONAL
NATIVE AMERICAN INDIAN
ALCOHOLICS ANONYMOUS CONVENTION
October 27-30, 2016**

*Buffalo Thunder Resort
20 Buffalo Thunder Trail
Santa Fe, New Mexico 87506
Pueblo of Pojoaque*

NAI-AA CONTACT INFORMATION:
(702) 716-7033
Email: info@nai-aa.com

This year's 2016 NAI-AA Convention marks 25 years of carrying the message of AA to the Alcoholic who still suffers. The Convention will feature:

Speaker Meetings

Social Dance

AI-Anon Meetings

Talking Circles

Flag Ceremony

Banquet

Hospitality Area

AI-Anon Brunch

Sobriety PowWow

For more information or to Register On-line see website: <http://www.nai-aa.com>

First Quarter 2016 Group Contributions

Group or District	JAN.	FEB.	MAR.	1 st QTR	2015 EOY
AA WAY OF LIFE, THE			\$50.00	\$50.00	\$162.30
ABC GROUP	\$50.00			\$50.00	
ALAMEDA MEN'S STAG			\$190.00	\$190.00	
ANY LENGTHS WOMEN'S GROUP	\$400.00			\$400.00	\$760.00
BACK TO BASICS			\$50.00	\$50.00	\$150.00
BASEMENT STEPS			\$64.00	\$64.00	\$260.00
BROWNBAGGERS		\$292.87		\$292.87	\$1999.67
CONSCIOUS CONTACT	\$40.00			\$40.00	\$40.00
CORRALES GROUP	\$60.00			\$60.00	\$47.00
CORRALES MEN'S STAG	\$50.00		\$50.00	\$100.00	\$300.00
DAWN PATROL	\$122.55	\$134.67	\$180.28	\$437.50	\$2355.77
DISTRICT 12		\$3.00		\$3.00	\$100.00
DRY NOONERS	\$86.70		\$39.67	\$126.37	\$359.47
EI CENTRO		\$10.00		\$10.00	\$50.00
ESTANCIA VALLEY GROUP		\$34.00		\$34.00	
FOOTHILLS	\$242.53	\$128.61	\$125.44	\$496.58	\$1293.59
FREEDOM FIRST			\$50.00	\$50.00	\$154.69
GIRLS' NIGHT OUT	\$100.00			\$100.00	
GOODFELLAHS	\$100.00			\$100.00	\$301.75
GRATEFUL GIRLS	\$36.22			\$36.22	\$150.16
HAPPY HOUR GROUP		\$67.72		\$67.72	\$65.10
HOW IT WORKS	\$60.00			\$60.00	\$334.40
KEEP IT SIMPLE	\$17.00	\$20.00	\$20.00	\$57.00	\$84.00
LADIES ROOM	\$64.20			\$64.20	\$333.35
LIVE AND LET LIVE	\$27.00			\$27.00	\$181.00
LONE RANGERS		\$238.00		\$238.00	\$598.50
LOS LUNAS LADIES	\$12.90			\$12.90	\$24.58
METROPOLITAN GROUP	\$20.00			\$20.00	\$75.00
NORTH VALLEY GROUP	\$43.26			\$43.26	\$51.18
RIO RANCHO BEGINNERS	\$61.05			\$61.05	\$247.86
SEEKING SERENITY			\$300.00	\$300.00	\$292.46
SOS MONDAY NIGHT		\$150.00		\$150.00	\$100.00
SPONSORSHIP AND GROWTH		\$149.50		\$149.50	\$251.91
STILL SEEKING SERENITY	\$131.87			\$131.87	\$155.80
SUNDAY NIGHT SERENITY			\$103.00	\$103.00	\$320.00
SUNDAY NIGHT STEP STUDY			\$314.26	\$314.26	\$421.46
SUNRISE CATCHERS	\$30.00			\$30.00	\$159.54
THERE IS A SOLUTION	\$40.00			\$40.00	\$160.00
THREE LEGACIES GROUP	\$50.00			\$50.00	\$150.00
WAKE UP CALL	\$137.50	\$165.31	\$167.29	\$470.10	\$1377.57
WESTSIDE GROUP	\$47.39			\$47.39	\$863.14
WHO HAS THE KEYS?			\$50.00	\$50.00	\$154.70
WOMEN'S NOON GRATITUDE	\$10.52	\$24.00	\$27.00	\$61.52	\$177.85

1) Group Collections. A.A. groups participating in the financial support of the service office may choose to make their contributions by setting aside fixed sums from their regular collections. Many groups pledge a fixed amount, which is paid periodically. This assures the central office of a regular income, and certainly helps it to plan the best means of meeting its own obligations. Occasionally there are groups that do not support a central office. In these cases, the spirit of contributing voluntarily, that prevails throughout A.A., applies. If groups can't or choose not to pay their share of the costs, they shouldn't be denied the services of the office.

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Did You Know?

In the month of March Central Office carried the message through:

But our contributions are down—1st quarter last year we received \$6424.06 in group contributions but this year we only received \$5239.31!

You Can Help -

- * Become a Faithful Fiver!! Pledge \$5 a month to Central Office and you'll get Pass It on delivered to your front door!
- * Make a one time contribution – Any amount will help
- * Make a birthday contribution—\$1 or \$2 or even \$5 for every year you' ve been sober
- * Volunteer

Send or Bring contributions to:
Central Office
1921 Alvarado NE, Albuquerque, NM, 87110
266-1900

- 488 Phone Calls
- 190 purchases
- 354 information requests
- 301 Walk-Ins
- 4029 web hits
- 25 12 step responses
- AND MORE!

**63 Volunteers
Worked 176 Shifts!**

The Traditions Checklist

These questions were originally published in the AA Grapevine in conjunction with a series on the Twelve Traditions that began in November 1969 and ran through September 1971.

Tradition Five

Each group has but one primary purpose-to carry its message to the alcoholic who still suffers.

1. Do I ever cop out by saying, "I'm not a group, so this or that Tradition doesn't apply to me"?
2. Am I willing to explain firmly to a newcomer the limitations of AA help, even if he gets mad at me for not giving him a loan?
3. Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
4. Am I willing to twelfth-step the next newcomer without regard to who or what is in it for me?
5. Do I help my group in every way I can to fulfill our primary purpose?
Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?

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Albuquerque, NM 87110
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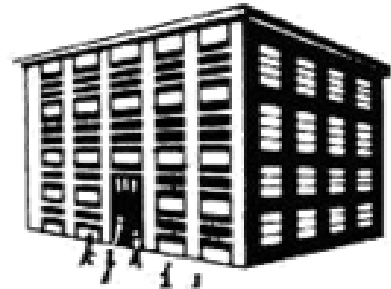
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**Albuquerque Intergroup
Central Office
(505) 266-1900**

1921 Alvarado NE
Albuquerque, NM, 87110

2 blocks north of Constitution and
4 blocks east of San Mateo

Hours:

Monday through Friday
8 am to 10 pm

Saturday and Sunday
9 am to 9 pm

www.AlbuquerqueAA.org

Please make checks payable to Central Office of Albuquerque. Mail your check or come by the office and drop it off.



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