MAY 2012 -VOLUME 37 ISSUE 5

Pass It On...

Albuquerque Intergroup Central Office Newsletter

www.albuquerqueaa.org

Step 5 Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Tradition 5 (Short Form) Each group has but one primary purpose—to carry its message to the alcoholic who still suffers. (Long Form) Each Alcoholics Anonymous group ought to be a spiritual entity *having but one primary purpose* - that of carrying its message to the alcoholic who still suffers.

Concept 5 Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

On Tradition Five

"Each group has but one primary purpose -- to carry its message to the alcoholic who still suffers."

Editorial by Bill W. A.A. Grapevine, April, 1948

"Each Alcoholics Anonymous group ought to be a spiritual entity having but one primary purpose -- that of carrying its message to the alcoholic who still suffers."

Says the old proverb, "Shoemaker, stick to thy last." Trite, yes. But very true for us of A.A. How well we need to heed the principle that it is better to do one thing supremely well than many things badly.

Because it has now become plain enough that only a recovered alcoholic can do much for a sick alcoholic, a tremendous responsibility has descended upon us all, an obligation so great that it amounts to a sacred trust. For to our kind, those who suffer alcoholism, recovery is a matter of life or death. So the society of Alcoholics Anonymous cannot, it dare not ever be diverted from its primary purpose.

Temptation to do otherwise will come aplenty. Seeing fine works afoot in the field of alcohol, we shall be sorely tempted to loan out the name and credit of Alcoholics Anonymous to them; as a movement we shall be beset to finance and endorse other causes. Should our present success continue, people will commence to assert that A.A. is a brand new way of life, maybe a new religion, capable of saving the world. We shall be told it is our bounden duty to show modern society how it ought to live.

Oh, how very attractive these projects and ideas can be! How flattering to imagine that we might be chosen to demonstrate that olden mystic promise: "The first shall be last and the last shall be first." Fantastic, you say. Yet some of our well-wishers have begun to say such things.

Fortunately most of us are convinced that these are perilous speculations, alluring ingredients of that new heady wine we are now being offered, each bottle marked "Success"!

Of this subtle vintage may we never drink too deeply. May we never forget that we live by the Grace of God -- on borrowed time; that anonymity is better than acclaim; that for us as a movement poverty is better than wealth.

And may we reflect with ever deepening conviction, that we shall never be at our best except when we hew only to the primary spiritual aim of A.A. -- "That of carrying its message to the alcoholic who still suffers alcoholism."

orofound result of all was the change in our attitude toward Juring this process of learning more about humility, the most

Twelve and Twelve, pg. 75

- Bill W., The A.A. Grapevine, April, 1948

FROM THE EDITOR'S DESK

CORRECTION: My apologies on the confusion over the PIO masthead contest submission dates and prize. The deadline for submissions is July 31, 2012 (submit entries in jpeg format for best results - submit to PassItOn @ albuquerqueaa.org). The Central Office Steering committee wil select the best 3 entries at their August meeting and those 3 will be voted on at the August Intergroup Rep meeting. The winning masthead entry will be announced (and used) in the September 2012 issue. The prize is a 5 year subscription (delivered to the address of your choice) to Pass It On.

ARTICLE/STORY, SOBRIETY BIRTHDAY and EVENT/ANNOUNCEMENT SUBMIS-SIONS: I don't know about you, but I'd much rather read an article written by somebody local that I know or might run into at a meeting someday...rather than a reprint from the AA Grapevine. If I don't get submissions, I have no choice but to run reprints. C'mon, people, please write and submit...I'm willing to help. Same thing with Sobriety Birthday submissions - I know there are more than 2 or 3 groups in town and way more than the 15 or so s-b days that get submitted and published each month. If you're an intergroup rep or homegroup member, please take on the responsibility of taking down the sobriety birthdays that are celebrated at your group each month and email them to me. If you have a sobriety birthday, send it in. Sobriety birthday submissions must include the following information: (1) Name (2) Homegroup (3) Month of Birthday (4) Length of Continuous Sobriety celebrated. As far as events for the AA Events Calendar (see page 6), please submit the details of the event and a flyer if you have one. Events will always be included in the calendar and flyers will be published as space permits.

SUBMISSIONS for PIO publication (articles, stories, announcements, flyers, sobriety birth-days, etc.), letters to the editor, questions, comments, suggestions and criticism are always welcomed at PassItOn@albuquerqueaa.org and will receive a prompt reply and appropriate consideration for publication.

HIGH NOON GROUP TO CELEBRATE 35 YEARS

The planning committee has formed in preparation for a wonderful 35th birth-day celebration of the High Noon Group. The date is set for September 8, 2012. As the planning is in the early stages, we are seeking ideas and input from the AA community. We would like to hear from people who: I) Have input on High Noon history; 2) Have ideas on what the celebration should look like; 3) Would like to speak at the celebration; 4) Those who would like to be a part of the planning committee; 5) And would really like to hear from those whose sobriety has been impacted by High Noon. (i.e. what the existence of High Noon has meant to you.) To respond to any and/or all of the above, contact Diana O. via web@albuquerqueaa.org.

Central Office Intergroup Steering Committee

Jeremy H. - Chair Chair@albuquerqueaa.org

Morgan D. - Secretary Secretary@albuquerqueaa.org

Ashley F. - Treasurer Treasurer@albuquerqueaa.org

Michael Q. - Schedule Editor Schedule@albuquerqueaa.org

Peggy A. - Member-at-Large MemberAtLarge@albuquerqueaa.org

Steve R. - Pass It On Editor PassItOn@albuquerqueaa.org

Jerry R. - Special Needs Coordinator SpecialNeeds@albuquerqueaa.org

Alli V. - Web Site Chair Web@albuquerqueaa.org

Al J. - Media Librarian Media@albuquerqueaa.org

Don S. - Community Outreach PublicInfo@albuquerqueaa.org

Michael W. - CO Coordinator Coordinator@albuquerqueaa.org

Kathy H. - Alternate CO Coordinator AltCoordinator@albuquerqueaa.org

Albuquerque Area Business Meetings

Intergroup Rep. Meeting 2 pm, 2nd Sunday, Brownbaggers

District 3 2 pm, 2nd Saturday Call the DCM for location

District 11 9 am, 2nd Saturday Harwood Methodist Church 420 San Lorenzo NW (at 4th)

District 12 10 am, 2nd Saturday, Heights Club

District 13 10am,2ndSaturday,StThomasofCanterbury 425 University Blvd NE (1 blk N of MLK Blvd)

District 18 1:30 pm, 2nd Sunday RioWestChurch,6751PasillaRd,RioRancho

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"The Next Frontier: Emotional Sobriety"

by Bill Wilson

I think that many oldsters who have put our AA "booze cure" to severe but successful tests still find they often lack emotional sobriety. Perhaps they will be the spearhead for the next major development in AA -- the development of much more real maturity and balance (which is to say, humility) in our relations with ourselves, with our fellows, and with God.

Those adolescent urges that so many of us have for top approval, perfect security, and perfect romance -- urges quite appropriate to age seventeen -- prove to be an impossible way of life when we are at age forty-seven or fifty-seven.

Since AA began, I've taken immense wallops in all these areas because of my failure to grow up, emotionally and spiritually. My God, how painful it is to keep demanding the impossible, and how very painful to discover finally, that all along we have had the cart before the horse! Then comes the final agony of seeing how awfully wrong we have been, but still finding ourselves unable to get off the emotional merry-go-round.

How to translate a right mental conviction into a right emotional result, and so into easy, happy, and good living -- well, that's not only the neurotic's problem, it's the problem of life itself for all of us who have got to the point of real willingness to hew to right principles in all our affairs.

Even then, as we hew away, peace and joy may still elude us. That's the place so many of us AA oldsters have come to. And it's a hell of a spot, literally. How shall our unconscious -- from which so many of our fears, compulsions and phony aspirations still stream -- be brought into line with what we actually believe, know and want! How to convince our dumb, raging and hidden "Mr. Hyde" becomes our main task.

I've recently come to believe that this can be achieved. I believe so because I begin to see many benighted ones -- folks like you and me -- commencing to get results. Last autumn [several years back -- ed.] depression, having no really rational cause at all, almost took me to the cleaners. I began to be scared that I was in for another long chronic spell. Considering the grief I've had with depressions, it wasn't a bright prospect.

I kept asking myself, "Why can't the Twelve Steps work to release depression?" By the hour, I stared at the St. Francis Prayer..."It's better to comfort than to be the comforted." Here was the formula, all right. But why didn't it work?

Suddenly I realized what the matter was. My basic flaw had always been dependence -- almost absolute dependence - on people or circumstances to supply me with prestige, security, and the like. Failing to get these things according to my perfectionist dreams and specifications, I had fought for them. And when defeat came, so did my depression.

There wasn't a chance of making the outgoing love of St. Francis a workable and joyous way of life until these fatal and almost absolute dependencies were cut away.

Because I had over the years undergone a little spiritual development, the absolute quality of these frightful dependencies had never before been so starkly revealed. Reinforced by what Grace I could secure in prayer, I found I had to exert every ounce of will and action to cut off these faulty emotional dependencies upon people, upon AA, indeed, upon any set of circumstances whatsoever.

Then only could I be free to love as Francis had. Emotional and instinctual satisfactions, I saw, were really the extra dividends of having love, offering love, and expressing a love appropriate to each relation of life.

Plainly, I could not avail myself of God's love until I was able to offer it back to Him by loving others as He would have me. And I couldn't possibly do that so long as I was victimized by false dependencies.

For my dependency meant demand -- a demand for the possession and control of the people and the conditions surrounding me. While those words "absolute demand" may look like a gimmick, they were the ones that helped to trigger my release into my present degree of stability and quietness of mind, qualities which I am now trying to consolidate by offering love to others regardless of the return to me.

This seems to be the primary healing circuit: an outgoing love of God's creation and His people, by means of which we avail ourselves of His love for us. It is most clear that the current can't flow until our paralyzing dependencies are broken, and broken at depth. Only then can we possibly have a glimmer of what adult love really is.

Spiritual calculus, you say? Not a bit of it. Watch any AA of six months working with a new Twelfth Step case. If the case says "To the devil with you," the Twelfth Stepper only smiles and turns to another case. He doesn't feel frustrated or rejected. If his next case responds, and in turn starts to give love and attention to other alcoholics, yet gives none back to him, the sponsor is happy about it anyway. He still doesn't feel rejected; instead he rejoices that his one-time prospect is sober and happy. And if his next following case turns out in later time to be his best friend (or romance) then the sponsor is most joyful. But he well knows that his happiness is a by-product -- the extra dividend of giving without any demand for a return.

The really stabilizing thing for him was having and offering love to that strange drunk on his doorstep. That was Francis at work, powerful and practical, minus dependency and minus demand.

In the first six months of my own sobriety, I worked hard with many alcoholics. Not a one responded. Yet this work kept me sober. It wasn't a question of those alcoholics giving me anything. My stability came out of trying to give, not out of demanding that I receive.

Thus I think it can work out with emotional sobriety. If we examine every disturbance we have, great or small, we will find at the root of it some unhealthy dependency and its consequent unhealthy demand. Let us, with God's help, continually surrender these hobbling demands. Then we can be set free to live and love; we may then be able to Twelfth Step ourselves and others into emotional sobriety.

Of course I haven't offered you a really new idea -- only a gimmick that has started to unhook several of my own "hexes" at depth. Nowadays my brain no longer races compulsively in either elation, grandiosity or depression. I have been given a quiet place in bright sunshine.

Central Office encourages all groups to elect an Intergroup representative. Join us at the next Intergroup meeting the second Sunday of every month, at 2 pm, at the Brownbaggers.

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Intergroup Rep. Meeting Minutes April 15, 2012

Open/ Attendees

Michael W.- Too Much for Us, Morgan D.- Straight Pepper Diet, Michael Q.- Dawn Patrol, Don S.- Tuesday Knights, John R.- Serendipity, Jerry- Serendipity, Steve R.- Saturday Night Alive, George B.- Singleness of Purpose, Alan M.- Happy Hour, Becky L.- Isleta, Martha M.- Promises, Sharon H.- Any Lengths, Christina P.- Candlelight, Frank P.- Candlelight, Al J.- Still Seeking Serenity, Heather G.- QIOF, Jennifer B.- How it Works, Art L.- El Centro, Debra K.- Brown Bag Women/ Dist. 12, Joe K.- Live & Let Live, Tom R.- Seeking Serenity, Bill D.- Seeing Serenity, Dan K.- Early Birds, Kris O.- Serenity Group, Peggy A.- Free Spirits, Cindy B.- Dawn/Dusk Patrol, Skitch F.- Isleta, Greg A.- El Centro Dist. 11, Alison T.- Straight Pepper Diet

Treasurer's Report

Total Revenues \$9,539.76, Cost of Sales \$3,955.24, Gross Income \$5,584.52, Expenses \$5,746.59, Net Income \$(162.07) in the red; First loss of the year, but looking a lot better than this time last year; -Financial statements are now posted online, and won't be passed out for meeting to cut down on printing costs; Getting a better idea about what the central office financials look like.

Central Office Coordinator

Learning the day to day book keeping duties. Moving from peach tree to a new system by the end of year; Open desk shift: Every other Monday 10-1; Intergroup speaker meeting for district 11 brought in about \$655; Historically our New Years Alkathons have profited: 1.) 2000-2001: \$634.03, 2.) 2002-2003: \$741.77, 3.) 2004-2005: \$(79.00), 4.) 2007-2008: \$702.62; Good desk worker support this month; Got a call from the State of NM who thought we should be on Face book advertising. Told them we don't do that; Got a couple of calls that were passed on to Don; Financial statement is confusing because it shows we lost money from last Alkathon. Did we?

Alternate Central Office Coordinator

Phone calls: 860; Web Hits: 2951; Week Day shifts covered by regulars 90% of the time; Week end shifts covered by regulars 97% of the time.

Member at Large

Updating bylaws is still in progress. Members are currently looking over old ones to decide on what needs to be changed.

Pass it On Editor

Mast Head contest has begun. Web site has wrong prize- it is actually a 5 year subscription (not 2); August is when steering committee will decide on the winner and they will be in following issue; Please submit sobriety birthdays- but I will not publish dates that have not happened yet. This is policy. You can still submit it, but it will go into the following month; Please go back to your groups and ask what they like and what they don't. This is your news letter and it can be what you want; Need people to submit articles or stories that can be published in it (usually 300-600 words).

Media Librarian

Still working on making coppies of non returned disks.

Web Guardian

No report.

Alcoholics Anonymous (Big Book), pg. 83

Schedule Editor

Schedules are up to date and current online; There in no time limit a meeting needs to be up and running in order to get in the schedule; Need a new editor because I am moving- If you know anyone who is interested please talk to Michael.

Community Outreach

Event at La Queva High School "Living above the influence" fair. It was a success!; Some more events to come- if interested in helping with any events please contact Don; Email address has changed, please send all emails to: communityoutreach@albuquerqueaa.org

SOBRIETY BIRTHDAYS

EL CENTRO (March) Stella 90 Days, John A. 3 years, Jim M. 6 years, Mike C. 7 years, Gene 10 years, Martha G. 10 years, Gene K. 23 years

SINGLENESS OF PURPOSE (March) Dereld P. 3 years, Caroline P. 10 years, Paul P. 10 years

Please submit your sobriety birthday(s) (including homegroup, name, sobriety date & length of continuous sobriety) to PassItOn@albuquerqueaa.org. Failure to properly submit s-b days may result in non-publication.

Special Needs Coordinator

This position helps reach out to people who have special need who needs assistance getting to a meeting; Currently still providing a signer to help with people who are deaf or hard of hearing have a meeting.

OLD BUSINESS

Financial statements are on the web.

NEW BUSINESS

Skitch: Told Ilse that I would chair the Alkathon committee for next year's New Years event; We motioned last month to support any one willing to step up and chair it; Going to get a web address on the site if you need; Go back to your group and let people know we want/need support; We support this event now, but look to see if we want to continue with it in the future; Getting a place- Most important: parking and food.

GROUP ANNOUNCEMENTS

Isleta: 65th anniversary April 28th with potluck starting at 6pm and speaker at 7:30.

Close @ 1505.

Where Did The 12 Steps Come From?

A Fragment of History

by Bill W. - July 1953 A.A. Grapevine

AAs are always asking: "Where did the Twelve Steps come from?" In the last analysis, perhaps nobody knows. Yet some of the events which led to their formulation are as clear to me as though they took place yesterday.

So far as people were concerned, the main channels of inspiration for our Steps were three in number -- the Oxford Groups, Dr. William D. Silkworth of Towns Hospital and the famed psychologist, William James, called by some the father of modern psychology. The story of how these streams of influence were brought together and how they led to the writing of our Twelve Steps is exciting and in spots downright incredible.

Many of us will remember the Oxford Groups as a modern evangelical movement which flourished in the 1920's and early 30's, led by a one-time Lutheran minister, Dr. Frank Buchman. The Oxford Groups of that day threw heavy emphasis on personal work, one member with another. AA's Twelfth Step had its origin in that vital practice. The moral backbone of the "O.G." was absolute honesty, absolute purity, absolute unselfishness and absolute love. They also practiced a type of confession, which they called "sharing"; the making of amends for harms done they called "restitution." They believed deeply in their "quiet time," a meditation practiced by groups and individuals alike, in which the guidance of God was sought for every detail of living, great or small.

(to be continued next month)



Central Office Urgently Needs Desk Workers

Requirements for this service opportunity are six months of sobriety, a sponsor and a home group. A desk shift at Central Officecanenhanceyoursobriety. It can broaden your view of the service structure of your group, your district and your area. And it's fun!

Call Central Office today at 266-1900.

AA EVENTS CALENDAR

Saturday May 12, 2012

New Mexico Conference of Young People in AA (NMCYPAA) SPRING FLING 2012

Potluck BBQ, Games, Speaker Meeting; 1-5pm, Alvarado Park, Albuquerque, NM; more info: www.nymcypaa.com

Saturday May 12, 2012

District 14/How it Works Group AA History Day Workshop

10 am - 3pm; Archives display, AA History, Local AA history, Area 46 archives, videos; Kit Carson Electric Board Room, 118 Cruz Alta Rd., Taos, NM; more info: lapylela@yahoo.com

Saturday May 19, 2012

Area 46 Corrections Mini-Conference

Daniel Fernandez Community Center, Los Lunas, 1103 Highway 314, Los Lunas, NM, 87031, (505) 839-3845; more info: area46corrections@newmexicoaa. org

Saturday May 19, 2012

Singleness of Purpose Group 4th Anniversary

6pm Potluck, Open Meeting from 7:00 PM until 8:00 PM; (Cleanup until 8:30 PM); Rio Vista Church of the Nazarene, 8701 Golf Course Road NW, Albuquerque, NM 87114; Bring yourself, a dish, dessert or drinks to share if able to, and our illness and solution!

Friday June 1-3, 2012

New Mexico Area 46 State Convention

"Living In The Promises" - Marathon AA and Alanon meetings - Friday: Movie Night and Ice Cream Social - Saturday: Banquet and Dance - Translation services will be provided - Hosted by District 2 - Santa Fe University of Art & Design, 1600 St. Michael's Drive, Santa Fe, NM 87507 for more info go to: http://www.santafeaa.org/ (see registration flyer on next page)

Friday September 28-29, 2012

New Mexico Alcoholics Anonymous Women's Sobriety Fest 2012 25th Annual Celebration All AA and Al-Anon members welcome! Friday: 5:30 pm - 9:00 pm, Saturday: 8:00 am - 7:00 pm - Shepherd of the Valley Presbyterian Church , 1801 Montano Road NW, Albuquerque – for more info go to http://www.nmaawsf.com/

Friday October 19-21, 2012

Southwest Regional AA Service Assembly (SWRAASA)

New Mexico is hosting the Southwest Regional AA Service Assembly in Albuquerque this year. SWRAARA is a 3-day meeting of Alcoholics Anonymous that meets every two years to share with each other how they carry the AA message of recovery. Albuquerque Marriott, 2101 Louisiana Boulevard NE, Albuquerque – Go to http://swraasa.newmexicoaa.org/ for more details and registration info

For more and/or updated information on Albuquerque and New Mexico AA Events go to: http://albuquerqueaa.org and http://www.newmexicoaa.org/. For other AA events nationally and worldwide visit www.aa.org.

SUBMIT YOUR AA EVENT TODAY to: PassItOn@albuquerqueaa.org

March 2012 Monthly Service Activities Report

PHONE CALLS	MAR12	MAR11	FEB 12	
Information	692	732	546	
12-Step	16	1	14	
Al-Anon	7	15	17	
Message	35	26	19	
Other	110	27	78	
TOTAL	860	1041	694	
WALK INS				
Information	19	12	13	
12-Step	2	2	0	
Al-Anon	0	1	1	
Get Schedule	11	8	8	
Purchase	173	176	178	
Media	10	1	1	
Message	2	0	0	
Casual	21	20	23	
Other	25	27	32	
TOTAL	263	247	256	
ALBUQUERQUEAA.ORG	WFR STAT	S		
Unique Visitors	2951	2431	2135	
Number of Visits				
Pages				
DESK WORKERS*				
Regulars	48	50		
Substitutes	33	32		
TOTAL	81	82		
DESK SHIFTS*				
Weekdays	132	138		
Weekends	40	40		
TOTAL	172	178		
WEEKDAY SHIFTS*				
Worked by Regulars	120(90%)	117 (8	7%)	
Worked by Substitutes	12(10%)		21 (13%)	
TOTAL	132	138		
WEEKEND SHIFTS*				
Worked by Regulars	37(97%)	39 (97%)		
Worked by Substitutes	3(7%)	1 (3%)		
TOTAL	40	40	-	

SHIFTS WORKED BY MICHAEL n/a

SHIFTS WORKED BY KATHY

*INCLUDES NIGHT PHONE

That which does not kill us, makes us stronger.

- Friedrich W. Nietzsche





"Living In The Promises"

55th IN SANTA FE

Activities & Events:

- Meditation & Marathon Meetings
- Alanon Meetings
- Friday Night Movie Night and Ice Cream Social
- Saturday Evening Banquet & Dancing Under the Stars

A.A. Speakers:

- Friday night Sandra H. from Santa Fe
- Saturday morning Wade F. from Santa Fe
- Saturday Alanon Speaker Kathryn C. from Atlanta, GA
- Saturday Spanish Speaker Ana G. from Albuquerque
- Saturday Youth Speaker Logan P. from Santa Fe
- Saturday night Hilda F. from Pasadena, CA
- Sunday morning Phil K. from Phoenix, AZ

Area 46 State Convention June 1-3, 2012

Hosted by District 2

Santa Fe University of Art & Design 1600 St. Michaels Drive Santa Fe, NM 87507

Questions?

Email us at: convention2012@santafeaa.org
Visit us online: https://www.santafeaa.org

Mail your questions to: Area 46 Convention

PO Box 22962, Santa Fe, NM 87502

Call us:

Kurt K. 505-424-9378 Olivia G. 505-501-0730

Translation services will be provided.

Lodging:

Please check: https://www.santafeaa.org for lodging and discounts.

Dorm rooms available on campus - check website

Bos	der the same	tion:
Med	ISLES	LIOIL.

Must be Postmarked by May 1, 2012		Registrant Information:
Registration Menu and Fees:		Full Name
Pre-registration by May 1st	\$ 15.00	Badge name
Onsite Convention Registration:	\$ 20.00	Full Name
Saturday Night Banquet:	\$ 20.00	Badge name
Coffee Mug	\$ 5.00	Address
T-Shirt S M L XL	\$ 15.00	City, State
Discounted Package Price*:	\$ 50.00	Zip Phone ()
*Pre-registration only. Includes: Registrat	tion, Banquet,	Email
T-Shirt and Mug		Check forAAAlanon
Optional Donation/Scholarship	5	Special needs request:
Total enclosed \$		(Every effort will be made to accommodate special requests.)
		I'd like to volunteer. Contact me by:phoneemail
Make checks/money orders payable to	: Area 46 (Convention
	PO Box 2	2962
	Santa Ea	NM 97502

Onsite registration will be open from 4pm-9pm Friday, June 1st, 2012 and 8am-5pm on Saturday, June 2nd, 2012

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Albuquerque Central Office 1921 Alvarado NE Albuquerque, NM 87110 (505) 266-1900 www.AlbuquerqueAA.org ADDRESS CORRECTION REQUESTED

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Albuquerque Intergroup Central Office

1921 Alvarado NE 2 blocks north of Constitution and 4 blocks east of San Mateo

(505) 266-1900 www.AlbuquerqueAA.org

> Hours: Monday through Friday 8 am to 10 pm Saturday and Sunday 9 am to 9 pm