FEBRUARY 2012 -VOLUME 37 ISSUE 2

# Pass It On...

Albuquerque Intergroup Central Office Newsletter

www.albuquerqueaa.org

**Step 2:** "Came to believe that a power greater than ourselves could restore us to sanity."

Tradition 2 (long form): "For our group purpose there is but one ultimate authority - a loving God as He may express Himself in our group conscience."

**Concept 2:** "The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in its world affairs."

# On Tradition Two

(An editorial by Bill W. from the A.A. Grapevine, January 1948)

Sooner or later, every AA comes to depend upon a Power greater than himself. He finds that the God of his understanding is not only a source of strength, but also a source of positive direction. Realizing that some fraction of that infinite resource is now available, his life takes on and entirely different complexion. He experiences a new inner security together with such a sense of destiny and purpose as he has never known before. As each day passes, our AA reviews his mistakes and vicis-situdes. He learns from daily experience what his remaining character defects are and becomes ever more willing that they be removed. In this fashion he improves his conscious contact with God.

Every AA group follows this same cycle of development. We are coming to realize that each group, as well as each individual, is a special entity, not quite like any other. Though AA groups are basically the same, each group does have its own special atmosphere, its own peculiar state of development. We believe that every AA group has a conscience. It is the collective conscience of its own membership. Daily experience informs and instructs his conscience. The group begins to recognize its own defects of character and, one by one, these are removed or lessened. As this process continues, the group becomes better able to receive right direction for its own affairs. Trial and error produces group experience and out of corrected experience comes custom. When a customary way of doing things is definitely proved to be best, then that custom forms into AA Tradition. The Greater Power is then working through a clear group conscience.

We humbly hope and believe that our growing AA Tradition will prove to be the will of God for us. Many people are coming to think that Alcoholics Anonymous is, to some extent, a new form of human society. In our discussion of the First Tradition, it was emphasized that we have, in AA, no coercive human authority. Because each AA, of necessity, has a sensitive and responsive conscience, and because alcohol will discipline him severely if he back slides, we are finding we have little need for manmade rules or regulations. Despite the fact that we do veer off at times on tangents, we are becoming more able to depend absolutely on the long-term stability of the AA group itself. With respect to its own affairs, the collective conscience of the group will, given time, almost surely demonstrate its perfect dependability. The group conscience will, in the end, prove a far more infallible guide for group affairs than the decision of any individual member, however good or wise he may be. This is a striking and almost unbelievable fact about Alcoholics Anonymous. Hence we can safely dispense with those exhortations and punishments seemingly so necessary to other societies. And we need not depend overmuch on inspired leaders. Because our active leadership of service can be truly rotating, we enjoy a kind of democracy rarely possible elsewhere. In this respect, we may be, to a large degree, unique.

Therefore we of Alcoholics Anonymous are certain that there is but one ultimate authority, "a loving God as he may express himself in our group conscience."

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#### A NOTE FROM THE EDITOR...

First, please bear with me as I get used to my new service position. I'm always open to constructive criticism, comments, and suggestions. Second, this is your newsletter - please let me know what you like/don't like and would like to see in Pass It On. And third...the printing run of Pass It On is not even 400 copies per month. I know we have way more people than that who regularly attend meetings. Let's work together to turn that around - like sobriety, I can't do it without your help:)

- Steve R.

## MY EMPATHETIC GOD

...and the Word was God" proved a stumbling block for this "scientifically oriented rationalist.

The terms "God" and "Power Greater Than Ourselves" irked and bewildered me when I came to AA. Yet I quickly got sober and have increasingly enjoyed sobriety ever since. I believe now that, although rejecting the words, I was accepting and acting on the conception almost from the start. If you are a scientifically oriented rationalist (pronounced "intellectual snob") like me, you may be interested in how a resolution of this apparent paradox came about.

The story can be told in terms of my experience with the first three of our Twelve Steps, for this was one of the places I initially encountered those irritating words.

I had probably taken Step One (that I was powerless over alcohol and my life unmanageable), before ever attending an AA meeting. Thirty-five years of gradually less controllable drinking had taught me that. The diagnosis of "chronic alcoholic" by a highly qualified psychiatrist who knew me well merely gave me a label I could not evade.

But I was so drunk at my first few meetings that it was not until the third that I knew there was a step-by-step program of recovery. Nevertheless, the compulsion to drink was already relaxing. By the time I had read the Big Book it had evaporated almost completely, leaving me with a mere desire to drink, controllable in the same way as other inappropriate desires.

It dissolved in the warm, acceptant cheerfulness of the meetings. The loneliness, guilt, shame and anxiety were loved and laughed off my shoulders, and with them went the compulsion.

But in terms of "God," and a "Power Greater Than Ourselves," what happened?

Well, just as it had been obvious to me before coming to AA that I was beaten, so it had also been obvious that only some power other than myself could restore me to some inner order and peace. Whatever this power, it had to be greater than I, greater than anything I had been able to call on so far. I had rejected religion; medicine and psychiatry had failed me, and my own powers had got me nowhere.

But in the very first meetings I began to sense that, collectively, either the members of AA were such a power or they had access to it. For their stories convinced me that in their experience with alcohol they were like me. And they were sober, enjoyably sober. Whatever this power was, then, I knew where it was, or at least one place where it was. It was in the groups. Perhaps it could do for me what it was doing for the others.

Thus I came to believe that a power greater than myself could--perhaps--restore me to sanity. With that belief, I had unwittingly taken the Second Step. It took no effort of will, no decision--as with the First Step, it was merely a matter of admitting and accepting what had long been obvious to everyone who knew me.

But now I made a decision, not all at once and not entirely consciously. It was that

Central Office Intergroup Steering Committee

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Morgan D. - Secretary Secretary@albuquerqueaa.org

Ashley F. - Treasurer Treasurer@albuquerqueaa.org

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Peggy A. - Member-at-Large MemberAtLarge@albuquerqueaa.org

Steve R. - Pass It On Editor PassItOn@albuquerqueaa.org

Jerry R. - Special Needs Coordinator SpecialNeeds@albuquerqueaa.org

Alli V. - Web Site Chair Web@albuquerqueaa.org

Al J. - Media Librarian Media@albuquerqueaa.org

Don S. - Community Outreach PublicInfo@albuquerqueaa.org

Michael W. - CO Coordinator Coordinator@albuquerqueaa.org

Kathy H. - Alternate CO Coordinator AltCoordinator@albuquerqueaa.org

Albuquerque Area Business Meetings

Intergroup Rep. Meeting 2 pm, 2nd Sunday, Brownbaggers

District 3 2 pm, 2nd Saturday Call the DCM for location

District 11 9 am, 2nd Saturday Harwood Methodist Church 420 San Lorenzo NW (at 4th)

District 12 10 am, 2nd Saturday, Heights Club

District 13 10am,2ndSaturday,StThomasofCanterbury 425 University Blvd NE (1 blk N of MLK Blvd)

District 18
1:30 pm, 2nd Sunday
RioWestChurch,6751PasillaRd,RioRancho

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whatever AA collectively told me to do, I would do to the best of my ability, private doubts and reservations notwithstanding. And I had many doubts. Some things seemed a little ridiculous, some frankly repugnant. I had no very high opinion of some of the individuals I met.

By and large, however, they were enjoying sobriety and I was not. In this one matter, they were the authorities, I the neophyte. I decided to comply, at least until I knew enough to differ on constructive grounds. Proceeding accordingly, I was able to stay sober, at first with difficulty, later with some enjoyment.

What I had done unknowingly was to take the Third Step, "Made a decision to turn our will and our lives over to the care of God as we understood Him." For I had given my will and my life over to the care of AA.

But not to God as I conceived Him. For the terms "God" and "Higher Power" still irked me. To me, God was either the oversimple God of my childhood, or the unjust vengeful God of some theologies, or that remote, impersonal First Cause which created the universe and the very laws of logic by which we reason about it. Such a God I could not comprehend, justify or accept in the sense of depending on it.

But then, in a year or so, I began to see that this God-as-I-could-not-accept-Him was not necessarily the same as a God-I-could-not-comprehend-but-could-depend-on. I could have an understanding of what I meant by "God" without comprehending Him--or It.

In short, I could use the word God in my own personal way, fashioned to my own need. This set me thinking of the importance of the reality behind the word and the unimportance of the word. For God has many names--Allah, Jehovah, Zeus and Jupiter, to name only a few. The importance lay in the power, and my relationship to it. And this power, for me, was obviously in the meetings, in the groups. I felt this power as acceptance, inner security, freedom from anxiety, and hence sobriety.

Then it occurred to me that perhaps I could add still one more name to the many names of a Power Greater Than Myself.

There is a relationship between individuals which some psychiatrists, the late and distinguished Harry Stack Sullivan for one, seem to think of as an actual force or power. He pointed out that most of the discomforts which arouse tension and anxiety in very young infants, such as hunger, thirst, lack of oxygen, tight swaddling, and being too cold or warm, can be relieved by changing the physical condition.

But, said Sullivan, there is one form of anxiety, or painful tension, which is neither aroused nor relieved by any such physical means. This anxiety occurs when the "mothering one" (which doesn't necessarily mean the biological mother, or even a woman) is anxious herself. She doesn't need to touch the infant. Her anxious presence will do it. Sullivan called this type of anxiety "induced anxiety." And he called the force, power, relationship--or whatever-it-is between the two individuals which does the inducing--"empathy."

To me, the remarkable thing is the way in which induced anxiety can be relieved. When the mothering one feels secure, no longer anxious, the infant's anxiety goes away--by empathy. Perhaps something like this happened to me in AA. I came full of anxiety, fear, shame, guilt, loneliness. I found myself in the presence of people like me, so far as alcohol was concerned, but generally secure themselves, free from anxiety themselves. Perhaps their security transmitted itself to me by something like Sullivan's "induction."

So, if you want another word to add to those for a power greater than yourself, you can add this one, with a capital letter--Empathy. Now you have quite a range: God, Allah, Jupiter, Jehovah, Our Heavenly Father and Empathy.

I happen to use the word God myself. It's a convenient sound which has a more or less common denominator of understanding among English-speaking people. Actually, I consider empathy, if it is a force or power, a manifestation of a God I can't understand to which I can surrender.

To me, the word doesn't matter. The reality is what matter. And less what it is than where it can be found. Perhaps our Second Tradition tells us something about that: "For our group purpose there is but one ultimate authority--a loving God as He may express Himself in our group conscience." The italics are mine, because that is where I found a Power greater than myself. As for what it is, there's still one word I haven't used: Love.

C. A. Los Angeles



Central Office encourages all groups to elect an Intergroup representative. Join us at the next Intergroup meeting the second Sunday of every month, at 2 pm, at the Brownbaggers.

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## **Intergroup Rep Meeting Minutes**

January 8, 2012 Submitted By Morgan D

#### I. OPEN/ATTENDEES

- · Opened @ 14:01
- Attendees: Morgan D.- Straight Pepper Diet, Jerry R.- Serendipity, John R.- Serendipity, David T.- High Noon, Michael W.- Too Much for Us, George. B.- Singleness of Purpose, Steve R.- Saturday Night Alive, Alli V.- Singleness of Purpose, Don S.- Tuesday Knights Men's Stag, Tom T.- Fellowship Group, Frank P.- Candlelight, Christina W.- Candlelight, Christy O.- Promises, Martha M.- Promises, Kris O.-Serenity Group, George P.- Free Spirits, Mick B.- Brown Baggers, Peggy A.- Free Spirits, Skitch F.- Dawn/Dusk Patrol, J.R.
   S- Foothills, Bob K.- Foothills, Scooter- Foothills, Mike W.- Westside AA, Roger L.- El Centro, Greg A.- District 11, Bill D.- Seeking Serenity, Tom R.- Seeking Serenity, Ashley F.- Friday Night Men's Stag, Sharon H.- Any Lengths, Ally T.- Straight Pepper Diet, Heather G.- QIOF, Jennifer B.- How it Works, Jeremy H.- Straight Pepper Diet

#### **II. MINUTES**

• Passed.

#### III. TREASURER'S REPORT

Total Revenues: \$10,533.46
 Cost of Sales: \$1,930.45
 Gross Income: \$8,603.01
 Total Expenses: \$5,603.50

• Net Income: \$2,999.51 In the Black!

• There were several individual contributions which has helped a lot • So we have the same amount in the bank as last year, but there may be some problems with paper work • What about the faithful fivers? Can we try to get more of those? • Ashley: We did an inventory and found some adjustments that may have been causing some problems which make the income statements different then what we really have • Passed

#### IV. CENTRAL OFFICE COORDINATOR'S & ALT. COORDINATOR'S REPORT

- Central Office Coordinator: Desk shifts are looking good First literature order for the new year was put in Will be placing an order for some Grapevine literature A new book is out that goes over the steps
- Alternate Central Office Coordinator: Phone Calls: 865 Walk-Ins: 215 Web Hits: 2725 Michael and I have only had to cover 3 hours apiece Thank you to the desk workers and subs

#### V. MEMBER AT LARGE

No report

#### VI. PASS IT ON

• Please submit group's sobriety Birthdays, and activities that are coming up • Please submit

### !! HAPPY SOBRIETY BIRTHDAY !!

El Centro: Angels S. 60 days • Lawrence 1 year • Vince G. 5 years • Laura G. 8 years • Raymunddo G. 37 years • Roger L. 39 years Please submit your group's sobriety birthdays to PassItOn@albuquerqueaa.org

articles on any topic regarding AA. Even if you do not feel confident in your own writing I am willing to help • What is the Due date for submissions? • I would like it to be around the 15th of the month to get it in the next month's issue • Is there a mission statement that describes what goes into the news letter? • Yes, there are the bylaws that describe the duties of the editor. (Jeremy reads description)

#### VII. SCHEDULES

• No report.

#### VIII. COMMUNITY OUTREACH

• Nothing to report except I now know what my position is called

#### IX. WEB SITE

- E-mail me if you know of any changes to meetings that need to be made Have removed some links from site that are outdated, but can be added if they need to be
- Can we put whether or not the meetings are wheel chair accessible

#### X. MEDIA LIBRARIAN

No Report

#### XI. SPECIAL NEEDS

• I help people who are in need of some assistance in order to get to a meeting or have one brought to them • This year I have been working on a sign-language meeting and helping some elderly people get a meeting brought to them • E-mail me if you know of anyone who is in need of some assistance

#### XII. OLD BUSINESS

• Only old business is electing a new treasurer. (Jeremy reads description) • Ashley stands for position. Has some experience working at central office. Has a degree in accounting, and worked in public accounting with a focus on non-profit organizations • Elected by Acclimation

#### XIII. NEW BUSINESS

• What about faithful fivers? • How about bringing it up to our groups. How do they get started? • Michael: Send \$5 check to central office with "Faithful Fiver" on the check. Then you receive a Pass it On in the mail. You can also pay \$60 for the year. Some people buy a subscription to Pass it On which is only \$7/year • Is there any concern with adhering to the traditions? Just to make sure the checks aren't coming from non-alcoholics • -Michael: We don't have any non-alcoholic faithful fivers that I know of, but we also sell Big Books to non-alcoholics

#### XIV. GROUP ANNOUNCEMENTS

• January 20, 2012 Cosmopolitan is having their Group anniversary with Pot Luck and Beverly D. is the speaker • Last Saturday of the month Mesa club has Pot Luck at 8pm with speaker at 9pm

#### XV. CLOSE

• @ 15:00



# Central Office Urgently Needs Desk Workers

Requirements for this service opportunity are six months of sobriety, a sponsor and a home group. A desk shift at Central Officecanenhanceyoursobriety. It can broaden your view of the service structure of your group, your district and your area. And it's fun!

Call Central Office today at 266-1900.

DECEMBER 2011	TREASURER'S	S REPORT YTD
Total Revenues	\$10,533.46	102,130.37
Cost of Sales	\$1930.45	40,315.40
Gross Income	\$8603.01	61,814.97
Expenses	\$5603.50	69,582.29
NET INCOME	\$2999.51	-7,767.32
For a copy of the full Central Office income/expense report, join us at the next Intergroup Meeting on the second Sunday of the month, 2 pm, at the Brownbaggers.		

## AA EVENTS CALENDAR

Saturday February 11, 2012 Valentine's Day Dance 9:00 PM – Midnight Heights Club - 8520 Marble NE (Corner of Wyoming & Lomas) Albuquerque – DJ Dance, Food, 50/50, Cake Walks – Sponsored by The Red Road AA Convention

Sunday February 12, 2012 Intergroup Meeting 2:00 pm – At the Brownbaggers Location – 3939 San Pedro, Building F, Suite A, Albuquerque – Near the corner of Hendrix & Woodford

Saturday March 3 – Sunday March 4, 2012 AA Area 46 Assembly Court Youth Center, 402 W. Court, Las Cruces, NM

Saturday March 24, 2012 Intergroup Speaker Meeting/Potluck 6:00 pm Potluck, 7:00 pm Speaker - Shepherd of the Valley Presbyterian Church - 1801 Montano NW, Albuquerque – Hosted by District 11

Thursday April 19 – Sunday April 22, 2012 25th Annual Men's International AA Conference Orleans Hotel & Casino – 4500 West Tropicana, Las Vegas, NV – For more info, e-mail contact@iaamclasvegas.org

Friday May 4 – Sunday May 6, 2011 19th Annual Red Road AA Convention "A Kit of Spiritual Tools: Unity, Service and Recovery" – Ramada Inn (for merly Sandia Courtyard, formerly Howard Johnsons), 10300 Hotel NE, Albuquerque (at Eubank & I-40) - Opening Ceremony Friday morning - AA & Al-Anon members welcome – AA Marathon Meetings, DJ Dance, Saturday Potluck Dinner, Pow Wow, Ribbon Ceremony, Raffles – For more info e-mail RedRoad-Registration@live.com

Friday June 1 – Sunday June 3, 2012

2012 AA Area 46 State Convention "Living in the Promises" - Santa Fe University of Art & Design, 1600 St. Michaels Dr., Santa Fe, NM – More info at www.santafeaa.org

Friday October 19 – Sunday October 21, 2011 Southwest Regional AA Service Assembly Marriott Uptown – 2101 Louisiana NE, Albuquerque, NM – Visit swraasa.newmexicoaa.org for details.

For more information on these and other events visit: albuquerqueaa.org, newmexicoaa.org, and aa.org

SUBMIT YOUR AA EVENT TODAY to: PassItOn@albuquerqueaa.org

### DECEMBER 2011 Monthly Service Activities Report

PHONE CALLS	DEC 11	NOV 11	DEC 10
Information	643	629	806
12-Step	28	24	12
Al-Anon	8	17	11
Message	44	47	19
Other	142	107	78
TOTAL	865	826	926
WALK INS			
Information	10	9	13
12-Step	1	1	1
Al-Anon	0	0	1
Get Schedule	4	8	12
Purchase	153	161	156
Media	0	2	4
Message	1	2	2
Casual	17	36	27
Other	29	22	12
TOTAL	215	229	246
ALBUQUERQUEAA.OR			2041
Unique Visitors	2725	2848	2041
Number of Visits pe Pages viewed	24266	21998	
Pages viewed	24200	21990	n/a
DESK WORKERS*			
Regulars	50	53	52
Substitutes	40	25	27
TOTAL	90	78	79
DESK SHIFTS*			
Weekdays	132	132	138
Weekends	45	40	40
TOTAL	177	172	178
WEEKDAY SHIFTS*			
Worked by Regulars	115(87%)	106(86%)1	18(87%)
Worked by Substitutes	17(13%)	22(14%)	20(13%
TOTAL	132	132	138
WEEKEND SHIFTS*			
WELKEND SIIII 15	29(72%)		

Worked by Regulars	29(72%)	30(74%)	34(74%)	
Worked by Substitutes	11(28%)	10(28%)	6(26%))	
ΤΟΤΔΙ	40	40	40	

#### SHIFTS WORKED BY MICHAEL

3 hour shifts	1@3hrs	5@15hrs	n/a
2 hour shifts (n/a)	0	0	n/a
Night phone (n/a)	0	0	n/a

#### SHIFTS WORKED BY KATHY

3 hour shifts (n/a)	1@3hrs	4@12hrs	n/a
2 hour shifts (n/a)	0	0	n/a
Night phone (n/a)	0	0	n/a
TOTAL	6hrs	27hrs	n/a

\*INCLUDES NIGHT PHONE

WHENIWAS DRINKING, IWAS EXTREMELY SUICIDAL. LUCKILY, IWASALSO AWORLD-CLASS PROCRASTINATOR.



# Submissions (Please!!) to Pass It On

My name is Steve R., and I'm the new editor of the Albuquerque Intergroup/Central Office monthly newsletter Pass It On. Due to my newness in this position, and in light of my awareness of the historic difficulty of getting submissions of sobriety birthdays, local AA events, articles and stories I've decided to address the issue in this article.

Pass It On (PIO) is published every month of the year and is the only local city-wide AA newsletter in Albuquerque. As such, PIO is basically the only (in print) local forumthrough which you can potentially reach all members of the fellowship in the Albuquerque area. It is the ideal place to publish sobriety birthdays, announce local AA events and try your hand at writing about topics concerning alcoholism, the 12 steps and recovery.

GUIDELINES FOR ALL SUBMISSIONS: Please submit to passiton@albuquerqueaa.org. Submissions for a specific month's issue must be in by the 15th of the previous month (i.e. if you want it in the March issue, you must submit by February 15th). Submissions must follow and adhere to our Traditions (especially concerning anonymity and singleness of purpose) and focus on alcoholism, sobriety, the 12 steps and related issues. If you take a look at the kinds of things published in the Grapevine (http://www.aagrapevine.org/), the stories published in The Big Book and materials on the Alcoholics Anonymous World Services and General Service Office website (http://www.aa.org), you'll get a pretty good idea about the types of things to submit. E-mail me at the Pass It On address (passiton@albuquerqueaa.org) if you have any questions.

GUIDELINES FOR SOBRIETY BIRTHDAYS: Please submit to passiton@albuquerqueaa.org. Right now, there are only a small handful of groups that submit a list of their homegroup's monthly sobriety birthdays. It would be wonderful to see that number grow. Technically it is the duty of each individual group's Pass It On, Intergroup or Central Office representative – but I would be glad to accept submissions for the group from any responsible homegroup member if the group doesn't have one of these representatives. In case nobody steps up to take this responsibility for your homegroup, feel free to submit your own sobriety birthday including the following information: (1) first name and initial; (2) homegroup; (3) sobriety date; and (4) length of continuous sobriety. Please keep in mind that properly submitted sobriety birthdays will not be published until the month following the one in which the sobriety birthday occurred – for obvious reasons.

QUESTIONS - COMMENTS - SUGGESTIONS - CRITIQUES: There's always room for improvement – after all one of our tenants is "Progress not perfection." This is your newsletter, Albuquerque area members of Alcoholics Anonymous. As such, I want it to contain what you want to see. As editor, I'd also like you to realize I'm an old-school journalist that learned what he knows about journalism almost 30 years ago and has worked professionally in many different areas of journalism. As such, I'm bound to make some errors that don't meet current journalistic standards. Please submit any questions, comments, suggestions and critiques to me at PassItOn@albuquerqueaa.org.

# Faithful Fiver or Annual Subscription?

"What's the difference between getting an annual subscription to Pass It On (PIO) and becoming a Faithful Fiver?" is one of our most frequently asked questions PIO receives. Other than the obvious difference in price, that's a very good question with an important answer.

Both a Faithful Fiver commitment and an annual subscription will get PIO delivered to your door (or any other domestic address) every month for a year.

The cost of an annual subscription, currently priced at \$7, only covers the cost of printing, folding, addressing and mailing PIO – nothing is left over to help fund the other worthwhile services Central Office provides for the Albuquerque area groups and districts of AA.

A Faithful Fiver commitment (\$5/month or \$60/year) not only gets PIO delivered to you each month, it helps support Central Office services and activities such as our AA hotline (505-266-1900) that's staffed by volunteers around the clock - our service to Area 46 and Districts 3, 11, 12, 13 and 18 - literature/book/sobriety coin sales - community outreach - accommodating fellowship members with special needs - maintaining our media library - this newsletter - and many other things that both support the fellowship in the Albuquerque area and help us all to reach out to the still suffering alcoholic.

What's \$5 a month? I used to spend that much in an hour at the bar. Becoming a Faithful Fiver is a much better way to spend my money – especially seeing how much it will do to help carry the message!

For more information on becoming a Faithful Fiver, look at the bottom left-hand corner of the back page, call Central Office at (505) 266-1900 or drop us an e-mail at coordinator@albuquerqueaa.org.

Albuquerque Central Office 1921 Alvarado NE Albuquerque, NM 87110 {505} 266-1900 www.AlbuquerqueAA.org ADDRESS CORRECTION REQUESTED

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## Albuquerque Intergroup Central Office

1921 Alvarado NE
2 blocks north of Constitution and
4 blocks east of San Mateo

(505) 266-1900 www.AlbuquerqueAA.org

> Hours: Monday through Friday 8 am to 10 pm Saturday and Sunday 9 am to 9 pm