

Recovery—Unity—Service

A.A.'s Twelve Steps are well known, and have been adapted to hundreds of self-help groups across the world. Less well known are the Twelve Traditions and Twelve Concepts. All of the following information is reprinted with the permission of Alcoholics Anonymous World Services, Inc.

Recovery

Step 1 We admitted we were powerless over alcohol - that our lives had become unmanageable.

from The Big Book of Alcoholics Anonymous –pp. 59-60

Unity

Tradition 1 (Short Form) Our common welfare should come first; personal recovery depends upon A.A. unity. (Long Form) Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward.

Twelve Steps and Twelve Traditions, pg. 129 and pg. 189.

Service

Concept 1 (*Short & Long Form*) Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

The A.A. Service Manual/Twelve Concepts for World Service pp. IV-V



By the time you read this, the holiday season will be over, and we will all be starting a brand New Year. It is my sincere hope that every alcoholic, both inside and outside the program of Alcoholics Anonymous, will find 2017 to be a year filled with sobriety, gratitude and good health.

In December the Intergroup representatives voted on a budget produced by our dedicated Treasurer, Tom M. Tom did an analysis of past years of financial records and developed a budget for the Central Office based on his findings. He offered specific ways to help our Central Office to run in the red and maybe even increase our prudent reserve. It is hard to generate income when we rely on individual and group contributions, and sales income from literature and chips. We are blessed with groups making special donations and holding fundraisers.

The budget and the suggestions were passed unanimously. Copies were made available to the Intergroup representatives at the December meeting to share with their groups. The information is also available at Central Office for review. Two items suggested for raising funds are raising product prices by approx. 5% and starting the "Buck-A-Year" program.

What is the "Buck a Year" program? It is a way to make an individual contribution to Central Office that reflects our gratitude for each year of sobriety we have achieved. It's simple! Each year, on your sobriety birthday, part of your celebration can be a donation made to Central Office equal to "A Buck A Year". With your donation, include your first name and last initial, number of years celebrated or sobriety and by group. This time next year we will have a good reflection of how our years add up! We will also have a tally by group, so help your group's total by making this easy donation!

We also held annual Steering Committee Elections. The complete results of the election are documented in the minutes of the December 11, 2016 meeting, on page 6 of this newsletter. Central Office By-Laws state "...elections held each year for half of the members ("staggered" terms). Officers shall be eligible for reelection to the same office for one succeeding two-year term." Leanne , who has been our website chair, completed two terms, and we would like to express our appreciation for her service. Our new Web site Chair is Rick W., who was voted in for a two-year term. All other open positions were filled by officers continuing on for their second term. We are grateful for each of the Steering Committee volunteers, and we are grateful for all of the Intergroup Representatives who came for the meeting as well.

Susan W.

Albuquerque Area Business Meetings

Intergroup Rep. Meeting 2 pm, 2nd Sunday, Brownbaggers

District 3 2 pm, 2nd Saturday Call the DCM for location

District 11

9 am, 2nd Saturday Shepherd of the Valley Church 1801 Montano Rd, Albuquerque

District 12 10:15 am, 2nd Saturday Heights Club, 8520 Marble NE in Rm #3

District 13 10 am, 2nd Saturday St Thomas of Canterbury (2nd floor) 425 University Blvd NE (1 blk N of MLK Blvd)

District 18

10:30am, 2nd Saturday United Methodist Church 136 *Calle* Alameda, Bernalillo

The Singleness of Purpose's New Meeting

The Singleness of Purpose group is starting a new closed step study meeting.

Bring your Twelve Steps and Twelve Traditions book and join us.

Mondays 7:00 PM - 8:00 PM



Rio Vista Church of the Nazarene 8701 Golf Course Road NW, Albuquerque

District 11 Business Meeting
District 11 Business Meeting
Is moving to
Shepherd of the Valley Church
1801 Montano Rd
9:00AM on the
second Saturday of the month,
Starting January 2017

Speakers Needed

Every Thursday 1pm – 2pm *To carry the message of hope and recovery* UNM Mental Health Clinic] 2600 Marble N.E., Albuquerque

This is a one- hour meeting with 2 speakers. A chairman will open the meeting and introduce the speakers. Ten minutes at the end of the meeting will be set aside for questions.

It is highly recommended that you have 6 months sober. Actively involved with a sponsor and working the steps.

Must sign a HIPAA Privacy Compliance form. HIPAA, Health Insurance Portability and Accountability Act

Please contact Central Office at 266-1900.

This meeting is for UNMH Mental Health Clinic patients and is not open to the public.

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Happy Birthday!!				
Isleta Gi	•	Alfred	10 Years	
Novembe	r 2016	Rosanna	16 years	348
ာန္က်ာ Sobriety Bi	rthdays	Joe J.	16 Years	
80 2		Little Johnny	24 Years	5.0
Evan	60 Days	Lonny	29 Years	
ిశ్రీా Scott	60 Days			
🎎 Adonai 60 Day	S	Cosmopolit	an Group	
^{هری} Dorothy	90 Days	Novembe	er 2016	5773 5479
Stephanie	6 months	Sobriety B	irthdays	
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ັ້້ັ Tom	3 Years	Gary Jay.	7 years	876 00
Jacob	5 Years	Steve R.	10 years	
్హిం Juanita	9 Years			
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Central Office is in need of volunteers!

Regular and substitute desk workers are needed. Shifts are available on weekdays and weekends. Call 266-1900 for more information

If you would like information about your event or group here, you can send it to passiton@albuquerqueaa.org; send it with your Intergroup Representative to the monthly Intergroup Meeting; or take it to Central Office no later than the 15th of the month. Thanks!

The Twelve Steps and the Older Member-Step One

The Grapevine Magazine ,August 1954

AS I enter my seventh year of consecutive twenty-four-hour periods of sobriety in AA I am meeting more and more members who feel that the program--which to me is the Twelve Steps--comes, in time, to mean something a little different than it did during those first critical and uniquely exciting months.

By this I certainly don't mean that we who have become a little older in AA can afford to relax. When we grow slack we invite disaster. But the necessary vigilance can become such a habit that it maintains itself with little creative effort. We no longer have to think with the desperate intensity that was needed to hold our early sobriety. When we don't have to think very hard we may tend to stop growing and start fossilizing.

To me, and to a number of my AA friends, the Twelve Steps have remained a challenge and a goad to hard and systematic thought. Let me give you an example of what I mean:

Just as an experiment, put this tract aside right now. Get a pencil and paper and write down all of the Twelve Steps you can remember. If you have forgotten a step or a phrase of one, leave it blank and go on, finishing all twelve before looking in the book. If you're anything like me, you've had an astonishing experience. I must have memorized the Twelve Steps a dozen times, had them letter-perfect. But if at any moment somebody unexpectedly pointed a finger at me and said, "Write them down!" I'd slip up somewhere.

Why? Because there's always some step or some phrase of some step, that I want to forget--it raises intellectual or moral challenges I don't want to face, issues I haven't thought through, necessary but thankless jobs I've left undone. I don't expect the time ever to come when I'll have clear answers to all the questions raised by the Twelve Suggested Steps. No scientist or philosopher even claims to have pat answers, and that's one of the things that makes the universe exciting.

How did you make out? Like myself you may have encountered phrases you once knew but now "can't remember," at least without great effort. Or you'll put them all down letter-perfect. . .then hastily lay this piece aside and do something else; they've become a mere chant to you. Or, if you have one of those orderly minds, rare but not unknown among alcoholics, you may put them down in good order and then begin to ponder, with a kind of awe, the unexplored caverns of meaning in each one.

Take the First: "We admitted we were powerless over alcohol. . . that our lives had become unmanageable." This step now has two meanings to me. One is its emerging truth as I write now, its significance to an AA in his seventh year of sobriety. The other is the meaning it had for me when I first came into AA.

It is essential, I believe, that this early meaning of Step One always be kept foremost in our meetings and in our talks with those unfamiliar with AA. We are, in a sense, emergency volunteers comparable to the volunteer fire department and the internes who ride the ambulance. We have available techniques for healing people who may be sick almost to death and inaccessible by other means. We have to keep our tools sharp and bright and sterile. Our definitions must be simple and convincing and generally agreed upon. In the maintenance of our community emergency function, we cannot afford the luxury of individual philosophical dalliance.

In the early days Step One was simply the step of identification and acceptance. It was the "Me, too" step, the one in which we said at last, "Okay, I give in." For a long time our wills had held out stubbornly on whether we could handle liquor, whether we properly could be classed with those who openly admitted defeat in this enterprise. With Step One we conceded. We called off the battle, in some cases reluctantly, in others with relief, in all cases definitely. We admitted to ourselves and to anybody else who showed an interest that we could not handle the stuff.

It was far more than parroting words, more, even, than the intellectual acceptance of a fact. We admitted also "that our lives had become unmanageable." When a person looks over his life and affairs and all the things he has tried to do and relations that have become important to him, and pronounces them unmanageable, he has touched the deepest wells of his capacity for feeling. This is no mere socially expedient concession. It is intellectual acceptance, and, in the profoundest sense, emotional acceptance too.

That, at least, was what Step One was to me. It meant a completely altered notion of my own relationship to society. I was no longer a member of the smart set, if being smart involved the consumption of alcohol. I belonged either with those who "weren't having any today" or with those who'd insist on having it today, and every day, and would die of it. I couldn't even say which of these two categories would claim me, for my life "had become unmanageable." I hurried on to the other steps, hoping to discover my fate.

So far as my Twelfth Step work is concerned it has never been necessary for me to say more about Step One than that. Indeed I would not say more; my newcomer is confused enough, I don't want to addle him further.

Among my older AA friends, however, I can discuss freely, without danger of hurting anybody, some of the other things Step One has come to mean to me.

Anybody who wants to get into really deep water can stop right at that word "powerless" and its base, "power." What do you mean by power? Power of what kind? Power to do what? For that matter, just what *is* power? You can search all the scientific and philosophical literature mankind has accumulated and not find an answer to that one. Nobody can tell you what power is. The best anyone can do is to define something we have all experienced and ask us to accept "power" as a word for it. There are many experiences and definitions, hence many things we mean, by "power." As to its real source and nature we know nothing for certain.

Some will protest that this is "tinkering with the program," "getting too complicated," and failing to "keep it simple." It is indeed. Before we finish it becomes more complicated still, and I hold that this is a good thing. I hope I have already established my solidarity with those who insist on keeping it simple in the beginning. God knows if it hadn't been kept that way for me I'd still be drunk.

But it's foolhardy, in my opinion, to cut ourselves short at the growth level we achieved in the first three weeks of AA and stubbornly refuse to go any further for fear it might get complicated. Whether we like it or not the Twelve Steps of AA plunge us head first into questions that have engaged the finest minds of all the ages. We prove nothing by leaving the batter's box the first time we're tossed a curve. But if we'll stand up there and swing we might learn something. We might even grow.

I hasten to add that this avenue for growth has nothing to do with education, intellectual attainments, exceptional stored knowledge or unusually high intelligence quotients. It has to do with the heart and the spirit and a God-given knack for seeing what is true. Of this I am certain, since I, who have had some education, have more than once been instructed by the soul-plumbing remark of a man or woman who's had very little.

I'd like to speak of some of the things Step One has come to mean to me, things which have deeply affected my life, but which I do not ordinarily mention to newcomers and which I don't think are necessary to AA's prime purpose, staying sober.

Continued on page 5

Albuquerque Area and New Mexico AA Events Calendar

/ IIbuquo		
Saturday, January 14, 2	2017, 1:30PM - 3:30PM	
Any Length's Wome	n's Group Presents :	
"The AA Wal	tz" - Steps 4-5	
Fundraiser for	Central Office	
Spea	kers:	
Our speakers will share their o	experience, strength and	
hope as a sponsor or sponsee		
Barb C. – 4th step sponsor	Angela – 5th step sponsor	
Henry – 4th step sponsee	John S 5th step sponsee	
Sweet & savory baked items	, plants, and handcrafted	
items for sale.		
Fundraiser w	vill be held at:	
Monte Vis	sta Church	
3501 Campus Bl	vd. Albuquerque	
Saturday, January	28, 2017-9:00AM	
	-	
-	acies Conference	
Hosted by A	Area 46 YPAA	
	reakfast followed by	
9:00AM—12:00PI	M Workshop	
Charles and a fither Malley, Charles	_	
Shepherd of the Valley Church	1	
1801 Montano Rd		
Albuquerque		
•	Inslation and	
	erpreter available	
For More Information co	ontact: ypaa@nm-AA.org .	
	2017 1:00PM- 3:00PM	
Step into Serv	vice Workshop	
Hosted by	District 13	
12 steps- 12 Tradit	tions 12 Concepts	
St. Timothy Lutharan Church		
St. Timothy Lutheran Church	ar	
corner of Jefferson and Copper, park in rear of church.		
Upcoming Events:		
February 18, 2017—The Step S		

Group will be hosting an Archives Workshop at Our Lady of the Valley Church just off of Coors Blvd.

March 4-5, 2017— District 12 is hosting upcoming area 46 assembly. It will be held at Faith Lutheran Church and El Dorado High School.

June 2-4,2017 - Area 46 Convention, "Living the Dream" for more information or to register go to www.2017area46convention.com

***** ✻ ******************* ***************** Friday January 27, 2017—6:30PM The Cosmopolitan Group is celebrating their Anniversary! Everyone is invited to a potluck, followed by a brief history, and then a Birthday Meeting. Group members will provide main dishes, and cake and ice cream, too. Please bring a dish of your choice to share if you can. **Rio Grande Presbyterian Church** 600 Coors NW Potluck starts 6:30PM **Group History Presentation** 7:45PM January Birthday Night 8:00PM * Please plan to attend and help us celebrate! 쑸 Saturday, January 28, 2017—1:00PM "At Wit's End" is celebrating our first year and hosting a Grapevine Writing Workshop!

and hosting a Grapevine Writing Workshop! We'll Review the writing guidelines, hear from members who have published articles, and Write!

> Lunch: 1:00pm Panel on Writing: 2:00pm Writing Time: 3:00pm Sharing Session: 3:30pm

Our Lady in the Valley 2805 Don Felipe Rd SW Albuquerque, NM 87105

This workshop will share experience and guidelines for submitting articles to the Grapevine; Writing supplies will be provided, however, feel free to bring your own. Electronic writing devices welcomed! If desired, a member will type up and submit your handwritten story. Publication not guaranteed. Contact Central Office. to request translation and/or ASL 505-266-1900

Saturday, February 18, 2017 5:00PM-7:00PM **Potluck, Speaker Meeting and Raffle** All proceeds go to the Central Office Hosted by District 11

Shepherd of the Valley Church 1801 Montano Rd NW Albuquerque, NM For more information on these and other Albuquerque Area and New Mexico AA events go to : http://albuquerqueaa.org and http://www.nmaa.org

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"This living, this living, this living," wrote a poet once fashionable for her brittle melancholy, "was never a project of mine." It expresses almost to perfection the frustrated disappointment which inevitably catches up with the person who imagines he has to run things all by himself. I was such a person. The Big Book uses the theater analogy, describing a person who has to be producer and stage manager and all the actors and write the script too. That was me. I tried to run everything my way, and when I failed I rejected the whole package as something that was never my project.

It was always very hard for me to admit that I had failed, and I never did so until the evidence was overwhelming. Circumstances brought me to a point where I was obliged to admit that I could not manage alcohol. I took the First Step. Once taken, I found that I had not finished with the issues it raised. Was I powerless over alcohol? I was also, I discovered, powerless over a number of other things which, like liquor, I had once imagined I had to bring under my control.

So I had to take the First Step over again continually, as applied to these other things. My wife, my children, my business associates, my friends, my finances, the course of my work--all these things, I found, were under my control only to a very limited degree. To a very large extent I was powerless over them all. As usual, I delayed admitting my failure until the proof had piled up into a mountain that could not be ignored. Then, grudgingly, I'd "First Step" the thing and find relief.

This process, after a few years, led me to a new concept of Step One. Not only am I powerless over alcohol, but I am practically powerless, period. Let us see how much "power" I have of my own. The whole of the physical universe, including my own physical and mental equipment, was created and set going by Somebody Else. The language and numbers I use were invented by other people; other hands than mine built the house I live in, raised the food I eat, wove and sewed the clothes I wear, set up the educational, judicial and police systems which protect me, minted the coins in my pocket. The firm I work for was begun and is largely operated by others. Even if I have what I please to call "my own firm" I find it wholly dependent on the needs, desires and

> Whether you are an old-timer, new to recovery, or somewhere in between,

Central Office offers lots of ways to do service work -

- Answering 12 Step phone calls,
- Donating a specific talent-
- <u>Becoming</u> a regular donor through one of our three giving programs
- <u>Hosting</u> a fundraiser with your homegroup,
- <u>Helping</u> our Community Outreach coordinator at a health fair or other event
- <u>Volunteering</u> to represent your group at Intergroup Meetings
- <u>Writing</u> an article for the Newsletter (my personal favoriteeditor)
- <u>Volunteering</u> for our Steering Committee

The list goes on...Some of our service opportunities have minimal requirements, some don't! If you want to take the next step in recovery—Give us a Call -505-266-1900

"Our very lives, as ex-problem drinkers, depend upon our constant thought of others and how we may help meet their needs"

Reprinted from "Alcoholics Anonymous—Big Book" pg.20 with permission of A.A. World Services, Inc

good will of my neighbors. As I take a more careful look at those whom I would bend to my will I find them made by the same Creator and endowed with facilities equal to or surpassing my own, as valuable to Him as I am. What power have I? For sure, I'm as near powerless as you can get and still be human. In truth, this living was never a project of mine. It is, however, a project of Somebody Else, and with this awareness some wonderful possibilities began to open up. Though I can't be producer, playwright and the whole cast, I can be one of the actors with a walk-on and a couple of speaking lines. Though I can't order people around, I can help, to a very small extent. A few who may be willing to accept my help. Here I am never frustrated, for the willingness of people to accept my help always far outruns my willingness and ability to give it, so long as I don't insist on choosing whom I shall help, or in what way.

As I begin to realize that this universe is not my project, my eyes begin to open to what a miraculous thing it is. I look around me, not frustrated, but awed. How fortunate I am to have been permitted a look-in on this tremendous enterprise! True, I can't run it, but I begin to see it's not necessary that I do. There is already a competent Stage Manager, another is not required. He will see to the props and timing of my part as he sees to the needs of the other actors. I have taken the First Step in a fuller meaning. I no longer have to run things. What a relief! Time after time I have had to test out Step One in the laboratory of life, as applied to other matters than alcohol. Just as in the alcoholic problem I have found that, as soon as I am ready to step aside, the real Stage Manager takes over and the performance goes on surprisingly well, with even a little part in it for me! I have to keep doing it, of course, because my mania to take things over is a recurrent compulsion. Step One has always proved an adequate answer to it. The first of the Twelve Steps has come to mean this much to me so far. Doubtless other and deeper meanings will be revealed as I grow in AA. J.E.

Bronxville, NY

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The Promises from the Big Book Of Alcoholics Anonymous

- If we are painstaking about this phase of our development, we will be amazed before we are half way through.
- We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it.
- We will comprehend the word serenity and we will know peace.
- No matter how far down the scale we have gone, we will see how our experience can benefit others.
- That feeling of uselessness and selfpity will disappear.
- We will lose interest in selfish things and gain interest in our fellows.
- Self-seeking will slip away.
- Our whole attitude and outlook upon life will change.
- Fear of people and of economic insecurity will leave us.
- We will intuitively know how to handle situations which used to baffle us.
- We will suddenly realize that God is doing for us what we could not do for ourselves.

Are these extravagant promises? We think not. They are being fulfilled among us—sometimes quickly, sometimes slowly. They will always materialize if we work for them.

Reprinted from "Alcoholics Anonymous—Big Book" pg.83- 84 with permission of A.A. World Services, Inc.

Draft Intergroup Meeting Minutes December 11, 2016

Brown Baggers Meeting Space

Call to Order with Serenity Prayer – Lindsey C., Chair Introductions from around the room

Reports

- Secretary Ginger B. Ginger read the November 13, 2016 minutes. An amendment to the Community Outreach report, that the booth rate for the KOB Health Fair would be "\$75 this year", be corrected to "*\$175 last year*."
- Motion to accept the minutes with amendment: Doug C. 2^{rd} : Ric R. Unanimous.
- Treasurer Tom M. Tom gave a report on November 2016 financials. Financials attached. The treasurer for the Women's Sobriety Fest made a donation during today's meeting to Central Office. The amount was not revealed to the group.

Motion to Accept: Doug C. 2nd: Ric R. Unanimous

- Office Coordinator Michael W. Central Office received an IRS fine for not paying our taxes on time. Our CPA failed to file timely, and will take responsibility for paying the fine with the IRS.
- Michael thanked everyone for attending today, and suggested that those with sponsee, or if they know of others looking to get involved with service work, please send them to Central Office. Desk workers and volunteers for activities are greatly needed.
- Alternate Coordinator Debra K. She and Michael worked only 11 phone shifts this month. The open Sunday morning shift has been filled. Debra attended the Area Assembly in Carlsbad earlier this month. Central Office is open on Christmas Eve, Christmas Day, New Year's Eve and New Year's Day. There is literature on the shelves for Christmas gifts. There will be events over the holidays at the Heights Club, Mesa Club, Foothills, and a number of other groups. 500 Meeting Schedules were received last week and sold out. The on-line schedule is up to date.

Open Desk Shifts:

Monday – weekly – 8am to 10am

Monday – every other week – 7pm to 10pm

Member-at-Large – Doug C. – nothing to report.

Pass It On Editor – Susan W. – Susan would appreciate articles.

Pass the basket in observance of the Seventh Tradition and announce next month's meeting date, the second Sunday of the month – January 8th.

Schedule Editor – Lydia R. – nothing new to report.

- Community Outreach Jeff C. KOB Health Fair Booth rate for a 501 (c) 3 organization is \$200 this year. Much discussion on whether or not Intergroup would support this financially. Members felt strongly that this needs to be supported.
- Motion made by Susan W. : Central Office will support the KOB Health Fair and fund it up to \$200. Minority Opinion: nothing more to say. Motion 2^{∞4}: Jeff C. Motion passed - Four against; 20 for.
- Special Needs Alaina G. New meeting at St. John's Nursing Home at Wyoming & Menaul. There was an issue of funds between Special Needs and Central Office. Michael asked

Alaina to submit the bill and C.O. would pay the funds.

Media Librarian – Ric R. – all caught up. Ric completed an inventory of media stock. Ric will begin copying the CDs that were donated to C.O. last summer.

Website Coordinator – Leanna S. – Leanna was not able to attend. Intergroup Liaison – Johnny W. – unable to attend.

Old Business

Central Office Alcathon – there will be no Alcathon this year.

New Business

- 2017 Budget with Assumptions Tom T. presented a 2017 Budget with assumptions to the Intergroup. Both are attached.
- Motion to accept the 2017 Budget with assumptions as presented: Betty P. 2nd: Ginger B.
- Elections for positions rotating out this month; terms are twoyears; however, if a person has already served one two-year term, they may be elected to continue to fill the term for one year.

Treasurer:

Tom T. would like to stand for disapproval for one year.
Nomination from the floor: Ginger B. nominated Doug C.
Tom T. was unanimously voted to the position for a minimum of <u>one year</u>.

Website Chair:

- Rick W. will stand for disapproval. No nominations from the floor.
- Rick W. was unanimously voted to the position for a *two*year term.

Special Needs Coordinator:

Alaina G. would like to stand for disapproval for another term. No nominations from the floor.

Alaina G. was unanimously voted to the position for a <u>two-</u> year term.

Member At Large:

Doug C., who filled this vacant position a couple of months ago, will stand for disapproval for a full term. There were no nominations from the floor.

Doug C. was unanimously voted to the position for a <u>two-year term</u>.

Media Librarian:

Ric R. will stand for disapproval for a two-year term. No nominations from the floor.

Ric R. was unanimously voted to the position for a <u>two-year</u> <u>term</u>.

Announcements

Alcathons in the area were announced again. Any Lengths Women's Group is having an event. On December 23rd, the Ladies Room is having a potluck meeting – men and family members are welcome. Strange Mental Blank Spots will have an event on December 28th at 7 p.m. Central Office will receive a flyer for this and it will be placed on the website, as will all events submitted to Central Office.

Motion to Close: Betty P. 2rd: Ginger B. Unanimous. Meeting was closed with the Serenity Prayer.

DISCLAIMER

The opinions expressed in Pass It On are solely those of the individual author and do not necessarily represent those of the Editor, Central Office, Area 46, any specific group or AA entity, or of AA itself and in no way does publication imply endorsement of such opinions.

Central Offic Steering	ce Intergroup Committee	Central Office I	Monthly Servi November 20		<u>Report</u>
Chair Lindsey C - Chair@albuquerqueaa.org	albuquerqueaa.o Web Site Chair: Rick W - Web@albuquerqueaa.org		November 2016	<u>October</u> 2016	November 2015
Secretary Ginger B Secretary@ albuquerqueaa.org	Media Librarian: Ric R Media@albuquerqueaa.org	Phone Calls: Information	328	368	364
Treasurer:Tom M treasurer@albuquerqueaa.org	Community Outreach: Jeff C	12 -Step Al-Anon	15 4	13 5	7 8
Schedule Editor: Lydia R Sched-	CommunityOutReach@ albuquerqueaa.org	Message Other	29 <u>75</u>	29 <u>83</u>	38 <u>60</u>
ule@albuquerqueaa.org	Intergroup Liaison: Johnny W. Contact Central Office	Total <u>Walk-ins:</u>	451	498	477
Member-at-Large: Doug C MemberAtLarge@ albuquerqueaa.org	266-1900 CO Coordinator: Michael W.	Information 12-Step	22 0	0	21
Pass It On Editor: Susan W PassItOn@	Coordinator@ albuquerqueaa.org	Al-Anon Schedule	1 3	3 12	0 4
albuquerqueaa.org Special Needs Coordinator:	Alternate CO Coordinator:	Purchase Media	138 0	137 0	113 4
Alaina - SpecialNeeds@	AltCoordinator@ albuquerqueaa.org	Message Casual	0 19	1 28	2 35
		Other	<u>23</u>	23	<u>29</u>

Donating to Albuquerque Area Intergroup Central Office:

If you are an A.A. member you can:

- Make a monetary contribution via check or money order, payable to Central Office of Albuquerque. Mail or drop off in person at 1921 Alvarado Drive, NE Albuquerque, NM 87110.
- Become a "Faithful Fiver" contribute \$5 monthly or
- "Trusted Tenner" contribute \$10 monthly.
- You can set up monthly donations using Auto Pay or Bill Pay with your bank to automatically send us a monthly contribution in any amount you choose. What could be easier?
- Join our Brand New Buck A Year Program— Donate \$1.00 for every year of your sobriety. Send your first name, last initial, years of sobriety and home group and we will print it in the Pass It On and on our website (www.albuquerqueaa.org)
- Contribute with a secure credit card transaction, either at Central Office or by clicking the Contribute button on our website Support page.

Call the Central Office at 505-266-1900 for more information on ways to donate time and services as well.

Central C	Office Financial Snap	shot
	November 2016	YTD 2016
Total Revenues	\$5881.55	\$90810.89
Total Cost of Sales	\$2326.55	\$32427.61
Gross Income	\$3555.00	\$58383.28
Total Expenses	\$6165.50	\$63116.67
Net Income/(Loss)	(\$2610.50)	(\$4733.39)

	<u>November</u> <u>2016</u>	<u>October</u> <u>2016</u>	<u>November</u> <u>2015</u>
Phone Calls:			
Information	328	368	364
12 -Step	15	13	7
Al-Anon	4	5	8
Message	29	29	38
Other	<u>75</u>	<u>83</u>	<u>60</u>
Total	451	498	477
Walk-ins:			
Information	22	7	21
12-Step	0	0	2
Al-Anon	1	3	0
Schedule	3	12	4
Purchase	138	137	113
Media	0	0	4
Message	0	1	2
Casual	19	28	35
Other	<u>23</u>	<u>23</u>	<u>29</u>
Total	203	211	210
<u>Web Visits:</u>			3945
Deskworkers:*			
Regulars	43	44	42
Substitutes	<u>13</u>	<u>12</u>	<u>23</u>
Total	56	56	65
Deskshifts:*			
Weekdays	132	126	126
Weekends	<u>40</u>	<u>50</u>	<u>45</u>
Total	172	176	171
Weekday Shifts:*			
Worked by regulars:	112 (84.4%)	100 (79.4%))	101 (80.6%)
Worked by Subs:	<u>19 (14.4%)</u>	<u>25 (19.8%)</u>	<u>25 (19.4%)</u>
Total	131 (99.2%)	125 (99.2%))	126 (100%)
Weekend Shifts:*			
Worked by Regulars	34 (85%)	38 (76%)%)	33 (73.3%)
Worked by Subs:	<u>6 (15%)</u>	<u>11 (22%)</u>	<u>11 (24.4%)</u>
Total	40 (100%)	49 (98%)	44 (97.7%)
*Night shifts not cov-	1	1 weeknight	1
ered	weeknight	1 weekend	Weekend
Shifts not worked by a volunteer:	11	18	15
	3 – 2 hr. shifts		
Total	30 hrs.	56 hrs.	45 hrs.

Third Step Prayer

God, I offer myself to Thee, to build with me and do with me as Thou wilt. Relieve me of the bondage of self that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of Life. May I do Thy will always!

Big Book of Alcoholics Anonymous. Pg.63

Albuquerque Central Office 1921 Alvarado NE Albuquerque, NM 87110 ADDRESS CORRECTION REQUESTED

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1921 Alvarado NE, Albuquerque, NM 87110



Become a Faithful Fiver !!

Pledge \$5 a month to Central Office and you'll get Pass It On delivered to your door.



Albuquerque Intergroup Central Office (505) 266-1900

1921 Alvarado NE Albuquerque, NM

2 blocks north of Constitution and 4 blocks east of San Mateo

Hours:

Monday through Friday 8 am to 10 pm

Saturday and Sunday 9 am to 9 pm *www.AlbuquerqueAA.org*

Zip