

It's our effort that keeps AA going and it's the three parts of the triangle, service, recovery and unity that keep me sober.

Service, Recovery, Unity

Leslie F

Service work? No, thank you. I don't like the sound of that at all—not service, not work. Nothing about that phrase appeals to me, but I have to admit it has saved my life. Luckily, my first sponsor was big on service work. She got me started with making the coffee at my first home group. The thing with this meeting was you had to get there thirty minutes early, contact a security guard to come unlock a closet then roll the unwieldy supplies across a parking lot and into the building and down a long, long hall to the room we met in. Countless times, I pinched my fingers on that cart, spilled the contents all over the parking lot, or grazed a shin. Many times the security guard took his time coming to open the closet, or he'd give me attitude because I'd taken him away from more important things. Overall, it was a pain in the ass! I would deal with the grumpy rent-a-cop, make coffee, set up the tables, arrange all the literature, and sometimes I'd be so ticked off by the time I had the coffee made I'd want to drink. Good thing I was at an AA meeting. AA's started arriving, they'd hug me, thank me for setting up, happily pour a cup of coffee, then we'd have our meeting. By the time the meeting started, I felt needed and a part of something larger than myself. It taught me to show up and do something for someone else for a change.

Soon, that service work turned into chairing meetings, then taking on a service position in my home group. I became the treasurer (imag-

ine, people trusting me with money!) a sponsor, and then later on, a GSR. I have not always done this work perfectly or even happily. I'm still selfish and would rather have my time for myself, but doing service in AA helps me stay sober. I believe the tradition "self supporting through our own contributions" means more than contributions of money. It means contributions of time, effort, and service. If no one showed up to chair a meeting, make the coffee, serve on a committee for a sobriety conference or an area assembly, we would have nothing but a group of alcoholics standing around grumbling. It's our effort that keeps AA going and it's the three parts of the triangle, service, recovery and unity that keep me sober.

Service work is also an opportunity to learn how to get along with others. AA is often compared to a big sandbox where we practice playing and working with others before going back out into the real world. The principle of doing service in AA has followed me into the real world and I've been able to do community service, volunteer work, and sometimes paid work that fulfills a service for a needy demographic. This service work is a kind of "living amends" for me who, as a drunk, ran around wreaking havoc in the community. So, service work is not just a ruse for old-timers to get out of doing the dirty work by pawing it off on the newcomer. It's a program of action and my taking physical action, spending my precious time to help another, is a crucial part of my recovery.



NEW MEETINGS

PRIMARY PURPOSE GROUP

Sunday at 12 NOON
Big Book Study
Puerto Seguro, 519 Hwy 85 Socorro
On California at Meek St

PRIMARY PURPOSE GROUP

Friday at 5:30 PM
12 x 12 Study
Puerto Seguro, 519 Hwy 85 Socorro
On California at Meek St

11 AT 7

Monday at 7 PM
Open Discussion/Step Study
with brief meditation at the end
of the meeting
St Mary's Episcopal Church
1500 Chelwood Park NE
*Between Indian School Rd
and Constitution Ave*

EAST MOUNTAIN WOMEN'S GROUP

Monday at 6 PM
Open Discussion
Mountainside Methodist Church
4 Penny Lane, Cedar Crest
Off Hwy 14, 1/2 mile north of I-40

QUESTIONS & ANSWERS

Monday at 12 NOON
Open Discussion
Mountainside Methodist Church
4 Penny Lane, Cedar Crest
Off Hwy 14, 1/2 mile north of I-40

HEALTHY ATTITUDES

Wednesday at 12 NOON
Open Discussion
Mountainside Methodist Church
4 Penny Lane, Cedar Crest
Off Hwy 14, 1/2 mile north of I-40

HEALTHY ATTITUDES

Friday at 12 NOON
Open Discussion
Mountainside Methodist Church
4 Penny Lane, Cedar Crest
Off Hwy 14, 1/2 mile north of I-40

Central Office Steering Committee

Michael W. *CO Coordinator*
Coordinator@albuquerqueaa.org

Kathy H. *Alternate CO Coordinator*
AltCoordinator@albuquerqueaa.org

Jeremy H. *Chair*@albuquerqueaa.org

Michael Q. *Schedule Editor*
Schedule@albuquerqueaa.org

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Al J. *Activities Coordinator*
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Jason K. *Pass It On Editor*
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Ben A. *Special Needs Coordinator*
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anonymous@albuquerqueaa.org

Michael S. *Media Librarian*
media@albuquerqueaa.org

John S. *Public Information Coordinator*
publicinfo@albuquerqueaa.org

Steve P. *Treasurer*
treasurer@albuquerqueaa.org

Albuquerque Area Business Meetings

Intergroup Rep. Meeting
2 pm, 2nd Sunday, Desert Club

District 3
2 pm, 2nd Saturday
Call the DCM for location

District 11
9 am, 2nd Saturday
Harwood Methodist Church
420 San Lorenzo NW (at 4th)

District 12
10 am, 2nd Saturday, Heights Club

District 13
10 am, 2nd Saturday, St Thomas of Canterbury
425 University Blvd NE (1 blk N of MLK Blvd)

District 18
2:00 pm, 2nd Sunday
Rio West Church, 6751 Pasilla Rd, Rio Rancho

STARTING A NEW AA GROUP

Reasons for starting a new group vary, but the ways to go about it are basically the same.

Important to establishing an AA group is the need for one as expressed by at least two or three alcoholics; the cooperation of other AA members; a meeting place; a coffeepot; AA literature and meeting lists; and other supplies.

Once the group is off to a good start, it would be helpful to announce its presence to neighboring groups; your local Intergroup office; your district and area committees; and the General Service Office.

To list your group in the Albuquerque Meeting Directory stop by Central Office to fill out a form or email the information to schedule@albuquerqueaa.org.

To list your group with GSO go to <http://www.aa.org/> where you can download and fill out a New Group form. Each new group receives a complimentary handbook and a small supply of literature at no charge when it registers.

Excerpts from *Alcoholics Anonymous*, *Twelve Steps and Twelve Traditions*, and *Living Sober*, are printed with permission of AAWS, Inc. Excerpts from *The Grapevine*, are printed with permission of the AA Grapevine Inc.

What is a 'Bash'? Is it a dance? A party? Some folks have said it reminds them of a high school prom. Well it's an AA party – with lots of fun and fellowship that is held in the 'winter' – and of course, because it is an AA function it has a higher purpose, to carry the AA message.

Winter Bash is Saturday, January 30th,
9am-3pm at the Nativity Church on 4th Street at Alameda.

First and foremost, this is an event to provide information about the types of services and support provided for AA members through group contributions to Central Office and secondly to raise the awareness of the need for contributions to keep these services available.

You will hear how the Albuquerque's AA Central Office came to be – who was responsible for setting it up. We will learn what Central Office and Intergroup provides us. Do you know all of the ways it contributes to your sobriety? From group information, Central Office produces both paper and electronic schedules of all the groups in the Albuquerque Metro area as well as surrounding areas, making sure an AA member is answering the phone for the newcomer reaching out for help, provides the distribution point for literature and Big Books for meetings, and coordinates several events throughout the year, to name a few.

At Winter Bash we will provide real examples of how services provided by Central Office, through group contributions, helps to enhance sobriety. You will hear stories told by a pairing of folks, one who called the AA hotline and the other person, who by doing service work, answered that call on the AA hotline and how this impacted the quality of their sobriety. We will get to hear from Penny P., the speaker visiting us from California, who wraps up the day with her experience, strength, and hope of how doing service at Intergroup has enhanced her sobriety.

Of course there will be a potluck at lunch and a raffle throughout the day. Also throughout the event we will be playing a fun game called 'Alco-gories' – this is a game that guarantees Rule 62 is practiced all day long.

I invite you to come and bring all your AA friends to learn about how service can improve the quality of our sobriety, have fun and meet more folks in Albuquerque and surrounding areas AA, all the while raising needed funds to ensure the continuity of Central Office. As our Big Book tells us: "...material well-being always followed spiritual progress, it never preceded."

Hope to see you there!

To get involved in Winter bash call Central Office at 266-1900.

WINTER BASH 2010



NMCYPAA 2010

CALL FOR ART

NMCYPAA 2010 is calling for submissions of art, which embodies the theme:

The age of miracles is still with us!
(Alcoholics Anonymous p. 153)

If chosen your art will be used as the logo for the NMCYPAA 2010 conference and website.

All mediums will be accepted please submit a digital image of your artwork to:

events@nmcypaa.org
or call Angelina O. @ 505-804-6890

all entries must be submitted by 2/04/2010

NMCYPAA 2010

The age of miracles is still with us.

FOOTBALL TOURNAMENT

Think you have what it takes? Bring it on!

NMCYPAA 2010 host committee is putting together a flag football tournament.

\$5.00 per person – 7-11 person teams.
Single elimination.

April 10-11, 2010

All teams must be registered and paid in full by March 19, 2010

events@nmcypaa.org

(505) 804-6890

Central Office Intergroup Meeting Minutes

December 13, 2009

Submitted By Brian H. – Secretary

DAVE C - CHAIR

- Dave opened the meeting at 2:01 with the Serenity Prayer.

SECRETARY - BRIAN H

- Review of minutes for November InterGroup Meeting as published in December issue of *Pass It On*.
- Minutes approved by acclamation.

TREASURER - STEVE P

- Solidly in the black for the month/year. In solid condition, especially in comparison to previous two years. Central Office's financial health is due to sustained contributions by groups, members and special AA events. Thanks for your support.
- Report accepted by acclamation.

SERVICE COORDINATOR - MICHAEL W

- Fairly normal month. Some transitions with deskworkers. One group who had been sustaining a Night Phone commitment is letting that go. In need of folks willing to cover Night Phone and to serve as Substitute Desk Workers. Contact Central Office for details about becoming involved as a Desk Worker.
- Thanks to all groups, members and Special AA Event volunteers for your contributions.
- Thanks for the privilege to serve.

ALTERNATE COORDINATOR - KATHY H

- Contact Central Office to inquire about open Desk Worker shifts.
- Thanks to all for your continued support of Central Office and InterGroup.

ACTIVITIES COORDINATOR - VACANT

- Peggy A (Member-At-Large) reported in behalf of the position.
- Planning underway for this year's ALKATHON. Good rate of group signups for Alkathon Mara-

thon Meetings and lists of volunteers for key subcommittees (ChildCare, Cleanup, Hospitality). Continue to seek "Shift Coordinator" volunteers for 2-hour "shifts" to help support the general operations throughout the Alkathon. Discussion of suggested donations for Alkathon raffle and the schedule of announcement of the raffle.

- More will be revealed...

MEMBER-AT-LARGE - PEGGY A

See above

PASS IT ON EDITOR - VACANT

- Brian H reported on behalf of Michael Q (interim PIO editor).
- If you would like an event, a group announcement, or their birthday list printed in *Pass It On*, please contact _____ editor no later than the last day of the month prior to the month you would like to see the information published.

7th Tradition basket was passed.

SCHEDULE EDITOR - MICHAEL Q

- Brian H reported on behalf of Michael Q.
- Most recent schedule printed several weeks ago; next printing likely in late February/March.

COMMUNITY OUTREACH - JOHN S

- No events immediately upcoming, though opportunities for service at upcoming Public Information/Community Outreach events. Contact Public Information Coordinator to become involved.

SPECIAL NEEDS - BEN A

- Efforts continuing to build support networks for Deaf/Hard-Of-Hearing members of the fellowship.

LIBRARY - VACANT

- More will be revealed.

WEB GUARDIAN - TOM C

- Everything's up-to-date on the Website/Bulletin board. Everything's running well.
- Offered his tearful goodbye – thanks for the opportunity to be of service.

OLD BUSINESS

- Question of bus to 2010 San Antonio International Convention: District is taking up the issue and can become an InterGroup concern if enough groups express an interest in having Intergroup facilitate it. More will be revealed.
- Winter Bash Report: Planning is well underway. Need to get the word out for this fun and informative event on January 30, 2010! Please announce the event and the potluck lunch at your upcoming group meetings/events.

NEW BUSINESS

- ELECTIONS – Each group has one vote. The following members stood for service as and all positions approved by majority vote. Thanks to all those who chose stand for service and welcome aboard!

Chair: Jeremy H (Straight Pepper Diet)

Secretary: Sean F (Serendipity)

Treasurer: Steve P (Free Spirits)

Schedule Editor: Michael Q (Serenity Group)

Pass It On Editor: Jason K (Straight Pepper Diet)

Media Librarian: Michael S (Brownbaggers)

Community Outreach: John S (Brownbaggers)

Member-At-Large: Peggy A (Free Spirits)

Activities Chair: Al J (Seniors Seeking Serenity)

Special Needs: Ben A (How It Works)

Web Guardian: Steve F (Tuesday Knights)

Dave C closed the meeting at 3:11pm with the Third Step prayer.

ATTENDEES

Dave C (Dawn Patrol/InterGroup Chair)

Peggy A (Free Spirits/InterGroup Member-At-Large)

Sharon H (Any Lengths)

Stephen F (Tuesday Knights)

Steve P (Free Spirits/InterGroup Treasurer)

Ben A (How It Works)

Dick R (Triangle Group)

John S (Brownbaggers)

Al Jarrett (Seniors Seeking Serenity)

Patrick H (High Noon)

Jeremy H (Straight Pepper Diet)

Sean F (Serendipity)

Tom C (Basement Steps/InterGroup Web Guardian)

Joseph F (Dawn Patrol)

Kris H (Dawn Patrol/Dist11 Represent)

Wes B (Live and Let Live)

Deborah J (Sunrise Sobriety)

Henry C (Seeking Serenity)

Bill D (Seeking Serenity)

Jim M (Queer Ideas of Fun)

Brenda BW (Foothills)

Michael W (Mountainside/C) Coordinator

Kathy H (Metropolitan/CO Alternate Coordinator)

John S (Brownbaggers/Public Outreach)

Michael S (BrownBaggers)

Paula G (Any Lengths)

Lisa G (Any Lengths)

Brian H (Dawn Patrol/InterGroup Secretary)



Central Office Urgently Needs Deskworkers

Requirements for this service opportunity are six months of sobriety, a sponsor and a home group. A desk shift at Central Office can enhance your sobriety. It can broaden your view of the service structure of your group, your district and your area. And it's fun!

**Call Central Office today
at 266-1900.**

November 2009 Treasurer's Report

Total Revenues	\$10,730.53
Cost of Sales	\$2,673.99
Gross Income	\$7,467.28
Expenses	\$5,878.60
NET INCOME	\$1,588.68

For a copy of the full Central Office income/expense report, join us at the next Intergroup Meeting on the second Sunday of the month, 2 pm, at the Desert Club.

District 11 Corrections Report December 12, 2009

District 11 is looking for a Corrections Chair for the new rotation. If interested, please contact the out-going Chair, Brian V. (505-417-8817, brian@utla.net) for more information. You may also attend the District 11 monthly meeting held on the second Saturday of the month at Harwood Methodist Church, 420 San Lorenzo NW, Albuquerque (at 4th street between Candalaria and Griegos). Your home group must be in District 11 in order to qualify for this position.

If you are interested in becoming a volunteer at one of the correctional facilities in the district, please contact Brian (505-417-8817, brian@utla.net). We serve the La Posada Halfway House; no clearance required. The Bernalillo Juvenile Detention and Youth Services Center; clearance required. The Regional Correctional Center (Downtown Prison), clearance required. The Metropolitan Detention Center (Bernalillo County Jail), clearance required.

The Area 46 assembly held in Albuquerque at Highland High School on 12/5/09 featured a Correction Meeting. People interested in Corrections from across the state were in attendance. Rojo Rice, the outgoing Area Corrections chair discussed topics that included: communication, facility orientations, fund raising and literature. Of extra note was the announcement of the new incoming Area 46 Corrections Chair. John T. from District 8 will serve in the next rotation, he has great experience in corrections and we look forward to supporting him in his efforts to carry the message of Alcoholics Anonymous to those who are incarcerated.

November 2009 Monthly Service Activities Report

PHONE CALLS	NOV 09	OCT 09	NOV 08
Information	977	836	963
12-Step	19	17	30
Al-Anon	13	13	15
Message	37	55	45
Other	101	102	126
TOTAL	977	1036	1179

WALK INS	NOV 09	OCT 09	NOV 08
Information	14	16	13
12-Step	4	2	1
Al-Anon	6	4	0
Get Schedule	10	20	4
Purchase	135	187	138
Tapes	0	2	3
Message	4	5	1
Casual	19	38	35
Other	27	32	35
TOTAL	219	299	230

DESKWORKERS*	NOV 09	OCT 09	NOV 08
Regulars	53		
Substitutes	43		
TOTAL	96		

DESK SHIFTS*	NOV 09	OCT 09	NOV 08
Weekdays	126		
Weekends	45		
TOTAL	171		

WEEKDAY SHIFTS*	NOV 09	OCT 09	NOV 08
Worked by Regulars	106/83%		
Worked by Substitutes	22/17%		
TOTAL	126		

WEEKEND SHIFTS*	NOV 09	OCT 09	NOV 08
Worked by Regulars	13/74%		
Worked by Substitutes	32/26%		
TOTAL	45		

SHIFTS WORKED BY MICHAEL	
3 hour shifts (7)	21 hours
2 hour shifts (0)	0 hours
night phone (2)	20 hours

SHIFTS WORKED BY KATHY	
3 hour shifts (4)	24 hours
2 hour shifts (1)	2 hours
night phone (0)	0 hours
TOTAL	45 hours

*INCLUDES NIGHT PHONE

DISTRICT 13 BUSINESS MEETING HAS CHANGED DAY AND LOCATION

2nd Saturday of the month at 10 am

St Thomas of Canterbury, 425 University Blvd NE (1 blk north of MLK Blvd)





Winter Bash



January 30, 2010
9 AM to 3 PM

At Winterbash You Can...

- Learn how to be a part of AA
- Learn how Central Office got started in Albuquerque
 - Make a difference in your sobriety
 - Have fun with AA Alcogories game

Nativity
Church

Parish
Hall

- Raffle
- Speakers
- Fellowship
- Potluck Lunch



9502 Fourth St, NW
Enter on Alameda between
4th and 2nd St.

Albuquerque Central Office

1921 Alvarado NE
Albuquerque, NM 87110
{505} 266-1900

ADDRESS CORRECTION REQUESTED

➤ **Central Office encourages all groups to elect an Intergroup representative. Join us at the next Intergroup meeting the second Sunday of every month, at 2 pm, at the Desert Club.**

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City _____ State _____ Zip _____

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Name _____



Become a Faithful Fiver !!

Pledge \$5 a month to Central Office and you'll get *Pass It On* delivered to your door.

Please make checks payable to Central Office of Albuquerque.

Mail your check or come by the office and drop it off.

1921 Alvarado NE, Albuquerque, NM 87110



**Albuquerque
Central Office**

Monday through Friday
8 am to 10 pm

Saturday and Sunday
9 am to 9 pm



Central Office is at
1921 Alvarado NE,
two blocks north
of Constitution and
four blocks east
of San Mateo.